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Evidence of Contemporary Modern Human Evolution Contained Within the Human Genome

Branden E. Platter

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Abstract

The question of whether or not modern humans are still evolving is being asked more than ever with the vast amount of technology, culture and medicine which have the ability to buffer environmental stressors that would otherwise drive evolutionary adaptations in humans. The purpose of this paper was to determine, in spite of these "advances," if modern humans are still evolving by searching for proof within the human genome.

The three prime examples of current evolution discussed are: certain populations' resistance to malaria, lactase persistence and resistance to HIV, each of which are adaptations regulated by mutant alleles. Each adaptation was broken down by the different mutations responsible for that adaptation. In order to determine if these mutations are, in fact, evidence of modern evolution, they were each subjected to a strict list of criteria necessary to be deemed adaptive and evolutionary.

In all cases except one, the mutations passed the criteria and are considered proof that modern humans are still evolving. It is concluded that even though modern humans have the ability to buffer environmental stressors that would typically cause evolutionary changes, not all of these can be buffered and as a result, the human genome is evolving to adapt to these stressors.

Introduction

An increasingly common opinion is that humans have hit an evolutionary peak or adaptive plateau. A combination of complex culture, technology, and biomedical advances has effectively buffered many human populations against many of the selective forces that would otherwise drive continual evolution of our species. "Most laypeople tend to assume that humans are the pinnacle of evolution and that we have stopped evolving (Balter, 2005a)." This statement by Huntington Willard, director of the Institute for Genome Sciences and Policy at Duke University, is indicative of one of the major questions in the field of human biological variation and human evolution. Are humans still evolving?

The purpose here is to explore multiple examples of evolution within the human genome, primarily focusing on three specific examples of selective sweeps that are in progress at the present time: resistance to malaria, lactase persistence, and resistance to HIV. By exploring these topics and the ability of humans to adapt to these conditions, it will show that not only has human evolution continued to the present day, but will continue indefinitely.

Defining Evolution

In its most basic definition, evolution is described as a change in the frequency of alleles in a given population over time (Freedman & Herron, 2004). Evolutionary theory tells us that the majority of evolution is brought about by selective pressures acting upon a given population. Selective pressures are responsible for the evolution from australopithecines to

early *Homo* species to modern humans. Yet, there is a current question about the effects of modern humans' culture on these selective pressures and whether our culture is counteracting these selective pressures to a degree that it has prevented the continual evolution of our species.

As a major evolutionary force, positive natural selection works to promote alleles coding for traits that give an individual more reproductive fitness and negative natural selection works to eliminate alleles coding for traits that are harmful to an individual (Nielsen et al., 2007), so the expectation is to see selection working on the genes that cause these respective traits. All things being equal, over time, we should see the extinction of alleles coding for disadvantageous traits and fixation of those coding for advantageous traits. It is in the genome that we can discover the answer to the question of whether or not modern humans are still evolving.

Genetic mutations are the sole creator of new genetic material and the cause of variability in the human genome. Single nucleotide polymorphisms (SNPs) are so common (reflecting the variability of the human genome) that they occur at a frequency of 1 in 1,000 base pairs, however, about 75% of these SNPs are in non-coding portions of the DNA or are silent mutations (do not change which amino acids are coded for) (Shastry, 2007). The importance of these mutations is the allowance of variability for human adaptability. The ability of an organism's genome to create mutations within its sequence is self-preservation of genetic variation leading to adaptability. While medical technology may have the ability to buffer against the effects of adverse alleles and material culture may have the ability to buffer against selective pressures, mutations will provide a continual mechanism of genetic changes, continually opening doors to possible frequency increases, thus evolution of the human genome.

To determine whether or not humans are still evolving, we must look at the genome and determine if there are documented cases of changes in allele frequencies. A change in frequency of alleles would signify that the allele is being favored (shown by an increase in frequency) or that it is being selected against (shown by a decrease in frequency). The methods for estimating whether or not a gene is being selected for often varies depending on the population and gene being studied, but they all follow one basic premise: If positive selection acts on protein-coding genes and selection is recurrent, selection can be detected by an increased rate of mutated allele frequencies (Nielsen, 2007). Selective sweeps, where a new mutation becomes fixed so quickly that physically linked alleles also become fixed or lost with it, eliminating variation at tightly linked loci and creating an excess of alleles of very low and very high frequency at more distant loci (Nielsen, 2007; Williamson et al., 2007), are the primary focus of these allele frequency tests. These tests look at SNPs analyzing the frequency of alleles connected to the "favored allele" based on distance from the locus.

Other tests look for evidence that allele mutations responsible for changing the protein the allele codes for have been favored over those that cause no change (Balter, 2005b). Some tests look at gene frequencies within a population or between populations and examine whether they are more common than would be expected by genetic drift. A more recent approach compares an allele frequency in a population with the genetic diversity within the haplotype to which it belongs (Balter, 2005b). Knowledge of the human genome allows us to estimate both point mutation rates and deleterious mutation rates per generation. According to Reed and Aquadro (2006), multiple studies have given conservative estimates of up to four deleterious mutations per generation, but more recent studies have raised that estimate to about ten.

Current estimates by Williamson et al. (2007) show that there are approximately 101 regions of the genome that show evidence of a recent selective sweep (Appendix I). These regions contain both the allele being selected for and the alleles within close proximity that increase as a result of selection on the original allele. For this study, populations were divided into categories of African-American, European-American, Chinese, and combined. The African-American sample showed only nine regions of recent selective sweeps (Williamson et al., 2007). This coincides with what we should expect to see. With modern humans originating in Sub-Saharan Africa, those populations have had at least 100,000 years of adaptation to the selective pressures of that environment. The European-American and Chinese populations (with 26 and 57 regions respectively showing recent selective sweeps) have a history of migration out of the Sub-Saharan environment into new, varied environments. We would expect to see more current adaptation in these areas given human populations' more recent move into these environments providing a new set of selective pressures to adapt to. There is also a trend of increased selective sweeps in subpopulations which may give some insight into the importance of local micro-environments in human adaptation (Williamson et al., 2007).

"[S]cientists point out that in developed countries, culture, technology, and especially medical advances have changed the evolutionary rules, from survival of the fittest to the survival of nearly everyone... [y]et millions of people in developing countries continue to live under the combined stresses of poverty and disease. Under these conditions, even skeptics of ongoing human evolution agree that natural selection may be favoring genes that confer resistance to disease or enhance reproductive fitness in other ways (Balter, 2005b: 234)." Multiple specific examples of selective sweeps are currently in progress throughout different populations. "There is evidence that the population prevalence of some human phenotypes, such as resistance to malaria or lactose tolerance in adulthood, results from natural selection in response to idiosyncratic conditions (Barreiro et al., 2004: 340)."

Criteria for Determining Evolution

In the search for proof of continual human evolution in the genome, we must first decide what will constitute proof of evolution. Since evolution is a change in the frequency of alleles in a population over time, and we expect to see this as a result of adaptation to environmental stressors, the criteria should pertain to the frequency of the mutative alleles and the relationship of these mutations to the region's selective pressures. The criteria for determining adaptive evolution of an allele are:

- 1. The mutative allele confers an identifiable benefit to the individuals who carry it,
- In the region(s) that the mutative allele is present, the benefit of possessing the trait outweighs the cost of possessing it.
- 3. The mutative allele shows an increase in frequency from a previous time,
- 4. Multiple mutative alleles confer the same benefit to the same stressor,
- 5. The stressor that is being combated by the mutative allele cannot be fully buffered by cultural or behavioral methods, and
- 6. The frequency of the mutative allele is greater in areas where the stressor is present than in areas where the

stressor is not present or the allele confers no benefit.

While it is not necessary for each mutation to adhere to every criterion, a minimum of four of the six criteria are required in order for the given mutation to be considered convincing evidence for continual evolution.

Current Evidence

Examining modern genetic mutations within the human genome can provide evidence for the current evolution of modern humans. Many mutations provide a beneficial adaptation to a selective force so by identifying these selective forces we can determine mutations that confer an adaptation to them. Some of the most prominent contemporary selective forces are high altitude hypoxia, brain size, malaria, lactose intolerance, HIV, and western biomedicine. Mutations that are currently at a high enough frequency to be considered a polymorphism are subjected to the previous criteria to determine whether or not they are consistent with requirements for determining evolution.

Table 1: Evidence of Evolution within the Human Genome

Genetic Adaptation to High Altitude Hypoxia	Genes Relating to Brain Growth	Genetic Mutations Conferring Resistance to Malaria	Lactase Persistence Genes	Mutations Conferring Resistance to HIV	Medicinal Effects on the Human Genome
Increased O ₂ Saturation of Hemoglobin	Microcephalin	Hemoglobin S	T-13910 (Europe)	CCR5-∆32	Preservation of adverse alleles
Ĭ	Abnormal spindle- like, microcephaly associated	Alpha and Beta Thalassemias	A-22018 (Europe)	CCR2-64I	Red Queen Effect
		South Asian Ovalocytosis	C-14010 (Africa)	SDF1-3'A	
		Duffy Blood Group	G-13915 (Africa)		
		Głucose-6-phosphate dehydrogenase Deficiency	G-13907 (Africa)		
	rie .	Hemoglobin C			
	×	Hemoglobin E			

High Altitude Hypoxia

With the migration of human populations into high altitudes, a new set of selective pressures are at work in populations of the Andean and Tibetan highlands. The decreased barometric pressure with increased altitude leads to a lowered amount of oxygen intake per breath. This means a decreased amount of oxygen can be disbursed to body tissues where it is needed for mitochondrial metabolism (Beall, 2001). This decrease of oxygen in the blood, called hypoxia, impairs physical and mental performance. It can cause diseases as mild as acute mountain sickness (headache, lightheadedness, fatigue, and insomnia) to diseases as severe as high-altitude pulmonary or cerebral edema (tachycardia, papilledema, coma, or death) (West, 2004). The affects of hypoxia can be reduced by acclimatization (hyperventilation, polycythemia, and pulmonary vasoconstriction), but cannot be abolished completely (West, 2004; Beall, 2001).

Increased Oxygen Saturation of Hemoglobin

Recent studies have begun assessing the possible genetic adaptations that these populations have acquired or are currently acquiring to adjust to this low-oxygen environment. One of these studies by Beall (2004) has focused on the fertility of the Tibetan highland populations and the possibility of an allele coding for increased oxygen saturation in hemoglobin. High altitude environments, with their low-oxygen availability, create susceptibility of individuals to hypoxia. Currently, the locus containing the gene for oxygen saturation is unknown, but a series of data analysis methods has allowed Beall's research team to estimate fertility based on probable genotypes.

While the number of conceptions and live births did not vary among the genotypes, the mortality rate of the offspring did. The number of infants that died varied from a mean of 0.48 for the high oxygen saturation genotype to a mean of 2.53 for the low oxygen saturation genotype. The number of children living (which is important due to evolution's dependence on individuals reaching a reproductive age) varied from 3.79 in the high oxygen saturation genotype to 1.64 in the low oxygen saturation genotype (Beall, 2004). We can infer that a selective sweep is in progress in the Tibetan highlands given the higher fitness of offspring from high oxygen saturation genotypes.

Brain Growth

We often view natural selection as a process acting primarily on physical aspects of an organism and forget that selection can also select for cognitive abilities. For this reason, it seems pertinent to focus first on one of the key aspects that have been used to separate hominid species: brain size. Many factors have been suggested as selective forces behind the evolution of cognitive abilities. Reed and Aquadro (2006) cite social competition as one of the primary selective forces behind the evolution of human cognitive abilities; others have said that it is the necessity to remember locations of important resources in times of scarcity that has led to an increased brain size. Dunbar, a prominent researcher in this area, has described a "Machiavellian Intelligence" explanation for increased brain size. He cites both group size and social complexity, including both quantitative and qualitative aspects of social groups, as the driving force behind all primate neocortex growth (Dunbar & Shultz, 2007). Regardless of the mechanisms responsible (and there are many proposed), there is a definite increase in brain size through hominid evolution.

Microcephalin and Abnormal spindle-like, microcephaly associated (ASPM) Regulating Brain Growth

As the primary mechanism associated with cognitive abilities, we would expect to see selection in the human brain, but common thought has been that the human brain has reached an evolutionary peak. Recent studies (Evans et al., 2005;

Mekal-Bobrov et al., 2005) focusing on two genes thought to regulate brain growth suggest that the human brain may still be evolving. Six loci contain genes for which recessive mutations lead to microcephaly (MCPH), named MCPH1- MCPH6. The genes microcephalin (MCPH1) and abnormal spindle-like, microcephaly associated (ASPM, MCPH5) are two of these genes associated with microcephaly (Dobson-Stone et al., 2007). The frequency of the alleles MCPH1 G37995C and ASPM A44871G have come under recent studies.

Evans et al. (2005) and Mekal-Bobrov et al. (2005) studied a collection of human cells representative of global human diversity and found that, for each gene, there was an allele with surprisingly high frequency. These frequencies were high enough to be considered above the realm of genetic drift or gene flow suggesting that this frequency is the result of natural selection. By estimating mutation rates, Evans et al. (2005) and Mekal-Bobrov et al. (2005) were able to estimate time frames for when each allele arose. MCPH1 seemed to arise around 37,000± 23,000 years ago (around the time of the explosion of symbolic behavior in Europe) and the ASPM allele is thought to have arisen 5,800± 5,500 years ago (around the time cities arose in the Near East). Whether it can be concluded that the rise of these genes directly contributed to the rise of symbolic behavior or development of the first cities is purely conjecture.

A study done by Dobson-Stone *et al.* (2007) showed conflicting evidence. This study showed that neither *MCPH1* G37995C nor *ASPM* A44871G had a significant effect on brain size or the relative size of the cerebral cortex. However, more efficient techniques may provide a better insight into the relationship of these genes to brain size. More research is needed on these genes and their possible connection to cognitive ability and the development of culture.

Malaria

The invention of agriculture caused a dramatic increase in the clearing of forests for farmable land (Balter, 2005b). The increase in the area of flat, root-free land created the optimal situation for standing water to accumulate providing an increase in breeding areas for the malaria-carrying *Anopheles gambiae* species of mosquito (Wiesenfeld, 1967). The invention of agriculture also decreased the mobility of human populations tying individuals to their lands. Humans were also forced to share their land with many animals, both domesticated and wild (Cockburn, 1971). As the optimal environment for the *Anopheles* mosquitoes to breed increased and humans became adopted a sedentary lifestyle in close proximity to animals, the world saw an endemic explosion of malaria, caused by the cultural "advance" of civilization (Balter, 2005b).

Malaria is most often caused by the parasites *Plasmodium falciparum* and *Plasmodium vivax*. After the initial injection of the parasite into the subcutaneous tissue, the parasites move to the liver's hepatocytes (protein synthesizing cells) where they develop into tens of thousands of merozoites (asexually produced daughter cells of parasites). These merozoites then infect red blood cells (RBCs), by inducing a vacuole derived from the RBCs plasma membrane, where they continue to multiply. This is a quick process taking only 48 hours and produces 20 merozoites per mature parasite (Miller *et al.*, 2002). Tishkoff *et al.* (2007) describes the RBC as the hub of the parasitic malarial life cycle providing food, shelter, and access for the infected red blood cells to reach non-infected RBCs. By the process of breaking down hemoglobin to create room to grow, the parasites release toxic by-products, particularly iron (Kwiatkowski, 2005). The disease is characterized by symptoms including severe anemia (compromising oxygen delivery to body tissues), fever, nausea, flu-like symptoms, organ failure, dehydration, hypovolemia (decreased volume of blood plasma), coma and even death (Greenwood *et al.*, 2005; Miller *et al.*, 2002). *P. falciparum* also causes infected RBCs to adhere to blood vessel linings causing blood clots (Miller *et al.*, 2002). The basic process of malarial infection follows the basic scheme of most major infectious diseases characterized by Miller *et al.* (2002: 674): "rapid expansion of infected RBC mass, destruction of both infected and uninfected RBCs, microvascular obstruction, and inflammatory processes that combine to lead to reduced tissue perfusion."

While both *P. falciparum* and *P. vivax* cause severe anemia, only *P. falciparum* causes cerebral malaria, hypoglycemia, metabolic acidosis, respiratory distress, and adhering of infected RBCs to blood vessel linings causing blood clots (Greenwood *et al.*, 2005; Miller *et al.*, 2002). *P. falciparum* can invade RBCs by numerous pathways making most malarial populations susceptible to this form. *P. vivax* is limited to invasion of Duffy * blood group RBCs and as a result, has nearly disappeared from West Africa where the Duffy * blood group is not present (Miller *et al.*, 2002).

According to Hay et al. (2004), the global distribution of malaria before mosquito control efforts began in the early 1900s spanned more than 50% of the global land surface area and was present on all continents except Antarctica. A century of regulation efforts to eliminate mosquito breeding sites in developed areas has decreased that percentage to about 27% and eliminated it from most of the developed regions of the world. However, *P. falciparum* still causes an estimated half a billion episodes of disease every year (Kwiatkowski, 2005). Despite control efforts, contemporary problems continue to promote the infection and transmission of malaria. Civil disturbances cause the collapse of treatment programs and crowding of refugees in unquarantined quarters. An increased frequency of travel subjects individuals of non-malarial regions to infection. Climatic factors such as warming, drought and floods can increase the chance of transmission of malaria (Greenwood et al., 2005). It is expected that this endemic of malaria would create a selective force on human populations in areas where control has not been possible. This is what we are seeing with populations that reside in malarial environments (Appendix II).

Because the RBC is the hub of malarial infection, the expectation is that selection would affect genes coding for RBC structure or function. Over the last 10,000 years, malaria has resulted in hundreds, if not thousands, of genetic variations that exhibit some sort of resistance to the disease (Williams, 2006b). Several contemporary alleles provide resistance to malaria including sickle-cell hemoglobin, α - and β -thalassemias, South Asian ovalocytosis, Duffy negative blood group, the alleles A and Med of the glucose-glu

Hemoglobin S

The best understood of the hemoglobinopathies is sickle-cell hemoglobin or hemoglobin S (HbS). This point mutation in the *beta* hemoglobin chain causes the hemoglobin, HbS, to polymerize at a low oxygen concentration giving RBCs a deformed sickle shape (Kwiatkowski, 2005). It is still unclear exactly how sickle hemoglobin prevents infection by malaria but heterozygotes for this allele (HbAS, where HbA is normal hemoglobin allele) are protected from severe and mild malaria

(Roberts & Williams, 2003). HbAS individuals experience a >90% resistance to severe and lethal malaria and a 50% resistance to mild clinical attacks (Williams, 2006a, b). While individuals homozygous for the ancestral HbA allele are susceptible to malaria, individuals homozygous for the HbS allele experience sickle-cell anemia, therefore heterozygocity of the sickle-cell trait is an example of *heterosis*, where individuals with the heterozygous genotype exhibit a greater fitness than individuals with either homozygous genotype (Tchuenche, 2005).

Alpha and Beta Thalassemias

A set of diseases affecting the synthesis of hemoglobin, known as thalassemias, have also shown resistance to malaria. These syndromes are known as alpha (α)- and beta (β)-thalassemias for their underproduction of their respective α - and β -globins (Roberts & Williams, 2003; Williams, 2006a). Both groups have been observed in high frequencies in regions of malaria. The first group, α -thalassemia, is only beneficial in a heterozygous form. Homozygosity for the allele is often fatal. Occasionally, only one of the two genes coding for α -globin are disrupted and some α -globin is produced. This is referred to as α^* thalassemia and homozygotes experience only mild anemia. This disease increases the RBC's susceptibility to invasion by malaria. Children with α^* thalassemia are actually more susceptible to contracting malaria than non-thalassemia individuals (Kwiatkowski, 2005). It is thought that by predisposing individuals to malaria early in life, they can develop a higher immunity to the disease (Roberts & Williams, 2003). Unlike HbAS, α -thalassemia seems to only affect severe malaria anemia (Williams, 2006a).

South Asian Ovalocytosis

South Asian ovalocytosis (SAO) is caused by heterozygosity of a 27-basepair deletion in the gene encoding the RBC membrane protein band 3 (SLC4A1 Δ 27) (Williams, 2006b). The result of this is an oval shape of the RBCs (Kimura *et al.*, 2006). While homozygosity for the SLC4A1 Δ 27 deletion is believed to be fatal, the high frequency of heterozygosity in malaria endemic regions reflects its beneficial function as a malaria resistant (Williams, 2006b). Not all cases of ovalocytosis are caused by the B3 Δ 27 deletion, but both those caused by it and those not caused by it seem to have some degree of protective effects against malaria (Kimura *et al.*, 2006). More research is still needed on this topic.

Duffy Blood Group

The Duffy blood group characterized by the chemokine receptor *FY*, encoded by the *FY* gene, has been associated with resistance to malaria (Kwiatkowski, 2005). The product of this gene is a glycoprotein which spans the cells membrane and has an additional extra cellular and intra cellular terminal domain. The Duffy antigen serves as the receptor for *P. vivax* so negative homozygosity for this allele confers resistance to the parasite (Langhi Jr. & Bordin, 2006).

Glucose-6-phosphate dehydrogenase Deficiency

There also seems to be a correlation between *glucose-6-phosphate dehydrogenase* (G6PD) deficiency in RBCs and protection against malaria. The mutant A⁻ and *Mediterranean* (*Med*) alleles cause a deficiency of G6PD in RBCs. It is thought that the protection against malaria involves early phagocytosis of G6PD-deficient parasite-infected RBCs at twice the efficiency of normal RBCs and reduced parasite replication in erythrocytes (Kwiatkowski, 2005; Williams, 2006a). This efficient phagocytosis of infected RBCs is a result of the impaired anti-oxidant defense in G6PD deficient RBCs (Williams, 2006b). However, as an adaptation to G6PD deficiency, the parasites have developed the ability to produce their own G6PD (Kwiatkowski, 2005).

The distributions of the two G6PD alleles are highly correlated with areas of endemic malaria. In tropical Africa, almost 90% of G6PD deficiency is a result of the A⁻ allele which is also frequent in North and South America, the West Indies, and regions where people of African origin are present. The *Med* allele is common in all countries surrounding the Mediterranean Sea (Cappellini & Fiorelli, 2008).

Hemoglobin C/Hemoglobin E

Though the research at this point is fairly limited, it seems that other hemoglobinopathies show evidence of protection against malaria. Hemoglobins C and E have exhibited resistance to the parasite. Heterozygotes for HbE (HbAE), common in Southeast Asia, has shown a high resistance to invasion by the parasites while homozygotes (HbEE) exhibit a lower resistance than the heterozygote. In heterozygotes, only 25% of the RBCs are susceptible to invasion by the malaria parasites (Chotivanich *et al.*, 2002). HbC has also proven effective as a protector. In clinical tests heterozygotes (HbAC) showed a 29% reduced risk of malaria while homozygotes (HbCC) showed a 93% reduction in malaria (Fairhurst *et al.*, 2003; Roberts & Williams, 2003; Williams, 2006a). In clinical tests by Fairhurst *et al.* (2003) HbCC and HbAA RBCs showed equal levels of invasion by malaria parasites. HbCC RBCs exhibited a substantial degree of parasite death within the cell. The parasite death rate within the cell, at about 50%, limits the multiplication of the malaria parasites, controlling the severity of the disease.

Hemoglobin C and hemoglobin E are both less deleterious than hemoglobin S. This is due to the early destruction of HbS RBCs and the clogging of these sickled cells in the microcapillaries (Kate & Lingojwar, 2002). More research is needed on both HbC and HbE and their correlation to malaria resistance.

Lactose Intolerance

Lactose (β -D-galactosyl-D-glucose) is a disaccharide that is found only in mammalian milk. While humans posses the largest quantity of lactose among all mammals at 7g per 100mL, cows' milk has nearly half that with 4.6g per 100mL (Schaafsma, 2008). In areas of drought and arid climate, milk can be an important source of nutrients and water (Gibson, 2007). Lactase-phlorizin hydrolase (LPH) is a β -galactosidase enzyme found in the small intestine where it hydrolyzes lactose from milk into its monosaccharide components, glucose and galactose, sugars that are easily absorbed into the bloodstream (Tishkoff *et al.*, 2007; Schaafsma, 2008). Most humans stop producing lactase after weaning, but a growing population of individuals have continued to produce lactase into adulthood (Balter, 2005b; Shastry, 2007; Tishkoff *et al.*, 2007). Lactase nonpersistence is the ancestral state and populations of high lactase persistence frequency correlate to the invention of agriculture, when milk from domesticated animals became available to drink by humans (Hollox, 2005).

The nutritional level of lactose provides a selective advantage to those who retain the ability to digest it. While high levels of blood glucose increase the risk of cardiovascular disease, lactose has a relatively small glycemic index (Schaafsma, 2008). This means that since lactose is usually not fully digested and the galactose monosaccharide needs additional conversion into glucose in the liver, lactose can decrease an individual's blood glucose level (Schaafsma, 2008). Undigested lactose also acts like a dietary fiber increasing the water content of stools and reducing transit time in constipated subjects. Undigested carbohydrates from lactose that are fermented in the colon enhance the absorption of the minerals calcium and magnesium (Schaafsma, 2008).

Individuals who do not retain the LPH enzyme can still consume lactose but only at a quantity of 11g per day (equaling one or two portions) when this amount is spread throughout the day and ingested with food. Any more than 11g will often cause bloating, cramps, gas formation and diarrhea as a result of bacterial fermentation of the undigested lactose in the colon (Schaafsma, 2008). It is highly beneficial for individuals to be able to process lactose for its nutritional value given that not only is the ability to digest lactose adaptive in regions of nutritional stress, the inability to digest it can be harmful, increasing diarrhea and dehydration.

Individuals that retain the enzyme LPH are said to have the 'lactase persistence trait.' It is estimated that about 20% of the global population maintain lactase persistence throughout their lifetime (Schaafsma, 2008). The distribution of these groups of individuals is largely correlated with the spread of domesticated cattle out of the Near East (Balter, 2005b; Tishkoff et al., 2007). As would be expected with a correlation to the spread of domesticated cattle, the more dependant on pastoralism a population is, the higher the frequency of lactase persistence in that population. This is highest in northern Europe populations at >90% lactase persistence, decreasing to ~50% across southern Europe and the Middle East, ~5-20% in West African populations and a mere ~1% in Chinese populations (Tishkoff et al., 2007). Since dairying is thought to have originated around 10,000 years ago, the rapid increase in lactase persistence gene in only 400 generations (Hollox, 2005) is outside the realm of genetic drift.

Genetic Mutations Conferring Lactase Persistence

Lactase persistence gene (LCT) is a dominant Mendelian trait located at 2q21 locus. Tishkoff *et al.* (2007) showed that two SNPs are associated with lactase persistence in Europeans: *T-13910* and *A-22018* alleles. A cross-study of lactase persistence in African regions showed SNPs *C-14010*, *G-13915*, and *G-13907* to be associated with lactase persistence, not either of the two *T-13910* or *A-22018* alleles. The two polymorphisms associated with LCT are located 100 base pairs apart in intron 13 of the *MCM6* gene located 14 kilobases away from LCT (Gibson, 2007). This difference in SNPs responsible for lactase persistence in different geographical regions suggests that lactase persistence has been selected for independently in different regions.

The fact that this trait has been selected for independently in different regions is a good indication that it is the result of selective pressure on humans. This has been called the best example of convergent evolution in humans (Check, 2006). Were the lactase allele negative, it would be expected to be short-lived and eventually face extinction as selective pressures would work against it. Were it neutral, we would not expect to see an increase in allele frequency, rather a plateau. What is seen with lactase persistence is a move toward fixation as, at least certain regions such as Europe and selected populations in Africa (Tishkoff *et al.*, 2007), have acquired extremely high frequencies of the allele. The ability to process lactose-rich milk and harness its nutritional value may have allowed people to survive times of drought and resource scarcity since those with lactase persistence could drink milk without the risk of diarrhea and increased dehydration (Check, 2006). Lactase persistence has been estimated to give a fitness advantage of 5-10%, one of the strongest known selection differentials in human variation (Gibson, 2007).

HIV/AIDS

One of the most well known contemporary epidemics plaguing modern human populations is HIV/AIDS. What is currently thought of as an incurable disease pertinent to all populations may be in the early stages of a selective sweep. Nearly 40 million humans carry this virus which has a fatality rate of close to 100% (Rambaut, 2004).

Human immunodeficiency virus's (HIV) similarity to simian immunodeficiency viruses (SIVs) is regarded as evidence of human contraction from nonhuman primates. Both HIV viruses (HIV-1 and HIV-2) are more closely related to different SIVs suggesting different origins in the human population. The more common HIV-1 resembles SIVcpz, found in *Pan troglodytes troglodytes and Pan troglodytes schweinfurthii* of Western and Central Africa while HIV-2 more closely resembles SIVsm found in *Cercocebus atys* of West Africa (Rambaut, 2004). The three different subgroups of HIV-1 (M, N, and O) are thought to represent different origins of HIV-1 to humans from chimpanzees (Rambaut, 2004).

Controversial estimates have suggested an HIV-1 M group origin as recent as the 1930s \pm 10 years (Rambaut, 2004). While this may seem like sufficient time to establish cultural and behavioral defenses to the virus (vaccines, antibiotics, etc.), certain characteristics of the HIV viruses prevent these methods from being effective. HIV is one of the fastest evolving organisms due to its high mutation rate, high replication rate (viral generation time of \sim 2.5 days with \sim 10 10 - 10 12 new virions (mature virus particle) each day), frequent recombination (three recombinations per genome per replication cycle) and natural selection (Rambaut, 2004). The virus is also capable of rapidly fixing mutations that confer evasion of immune responses, occurring at a rate of one adaptive fixation every \sim 2.5 months (Rambaut, 2004).

To attach to CD4 * T lymphocyte cells (a key component of the human immune system), the HIV virus utilizes chemokine co-receptors CCR5 and CXCR4, initially using the CCR5 receptor in early years, but broadening to use both CCR5 and CXCR4 in later years of infection (Rambaut, 2004). Highly active antiretroviral therapy (HAART), which is a combination of drugs acting against different aspects of the virus' life cycle, had been thought of as a cure for HIV, though more recently it has proven ineffective (Rambaut, 2004). Since behavior and culture have been unable to buffer the HIV virus, mutations in these co-receptors have provided a genetic mechanism of combating the infection at a global level (Appendix III).

CCR5-∆32

In the mid 1990s, it was discovered that a deleterious mutation in the chemokine receptor 5 (CCR5) gene provides

protection against HIV. The recessive mutation, *CCR5-Δ32*, deletes the CCR5 receptor from CD4 * T lymphocyte cells providing protection from this attachment in individuals who are homozygous for the allele. Individuals who are heterozygous (*CCR5-Δ32/+*) for the allele may confer partial resistance though it is more likely that heterozygosity postpones the progression of HIV to AIDS by an additional 2-3 years (Martinson, 1997; Galvani & Novembre, 2005; Smith *et al.*, 1997). Researchers originally dated the *CCR5-Δ32* mutation to about 700 years ago (Balter, 2005b) which suggests that it was a different selective pressure, either the plague or smallpox, on the gene that favored the mutation. Newer estimates, based off the presence of the *CCR5-Δ32* mutation in Bronze Age skeletons (2,900 BP), implies a different selective agent for the mutation (Hedrick & Verrelli, 2006), though one has yet to be proposed. Based on its European frequency, the *CCR5-Δ32* deletion would be estimated at 127,500 years old if it had not undergone natural selection (Galvani & Novembre, 2005). This highly suggests the presence of a selective force occurring at some time since the original mutation. According to Martinson *et al.* (1997), this polymorphism frequency in Europe is consistent with what would be expected from genetic drift acting on a neutral polymorphism and that the introduction of HIV-1 into Europe has been too recent to have an effect on the distribution *of CCR5-Δ32*. However, this does not negate the beneficial properties of the mutation in resistance to HIV.

Usually, loss of gene function, as with the *CCR5-*Δ32 deletion, falls under negative selection, eliminating it from the genome. Given that HIV uses CCR5 as a means to enter T lymphocyte cells, it seems that the loss of gene function is advantageous in this instance (Hedrick & Verrelli, 2006). This case illustrates the ability for even deleterious mutations to be favored in the genome. This mutation has an allele frequency average of 10% of European populations (translating to a homozygote frequency of 1%), 2-5% throughout the Middle East and Indian subcontinent, but is extremely rare throughout the rest of the world (Appendix IV) (Martinson, 1997; Galvani & Novembre, 2005). The isolated cases are most likely a result of gene flow from Europe. However, this subject should be monitored as gene flow introduces the allele to isolated areas and leads to increased frequency and selective sweeps around the world.

CCR2-641

A nucleotide substitution on the *CCR2* gene (*CCR2-64I*) was originally thought to confer resistance to HIV. While CCR5-Δ32 is found almost exclusively in European populations, *CCR2-64I* has been found in every ethnic group tested (Smith *et al.*, 1997). A study by Smith *et al.* (1997) showed an allele frequency of 0.098 in Caucasians, 0.151 in African Americans, 0.172 in Hispanics, and 0.250 in Asians. There were no differences in allele frequency between HIV infected and exposed, uninfected individuals. These frequencies conform to Hardy-Weinberg expectations, eliminating a correlation between allele carriers and HIV infection rates (Smith *et al.*, 1997). Different allele frequencies have been found between HIV infected individuals with a slow progression to AIDS and those with a quick progression to AIDS. The *CCR2-64I* allele frequency showed a 30 to 80% increase among groups with slow progression or no progression to AIDS at all. Heterozygous (*CCR2-64I*/+) individuals also showed a slowed progression to AIDS (Smith *et al.*, 1997).

SDF1-3'A

Recent research has explored the effects of a polymorphism in the 3' untranslated region of the *stromal cell-derived* factor 1 (SDF1/CXCL12) gene on either resistance to HIV-1 or delayed progression to AIDS (Reiche et al., 2006). The mutant recessive allele named SDF1-3'A is the only natural ligand of the co-receptor CXCR4. Individuals who are homozygous for this allele have shown resistance to AIDS. The belief is that the allele restricts the emergence of X4 tropic HIV-1 strains by overproducing SDF1/CXCL12 which then binds to and blocks the CXCR4 receptor from attachment by the X4 virus (Reiche et al., 2006).

Current frequencies of the SDF1-3'A allele are much higher than the CCR5-\(\Delta\)32 allele being exceptionally high in Oceania and reaching as high as 72% in New Guinea highlanders. Other populations range from 3% to 43%, however the allele is almost absent in African and Southeast Asian populations (Su et al., 2000). While individuals who are homozygous for the SDF1-3'A allele showed an increased resistance to HIV-1, other studies have come up with conflicting data so more research is needed on the effects of the mutant genotype on the resistance to HIV-1.

Biomedical Effects on the Human Genome

It is important to note that *evolution* is often used synonymously with *adaptation*, but this implies that evolution is always positively adaptive. This is not the case. The persistence or possible increased frequency of disease susceptible SNPs is in and of itself evolution. It is a change in the frequency of alleles within a population. Evolution is not always adaptive, but whether adaptive or not, the human genome is always evolving.

One of the primary contributors to the *supposed* halting of continual evolution is the degree to which western biomedicine has influenced humans' ability to buffer the effects of harmful genes. The evolution of biological and medical understanding has allowed the increased fitness of those individuals who without the help of medicine would not have reached reproductive age. While at a cultural level this is seen as a great accomplishment, the effects on the human genome seem to be of little consequence. Many of these conditions are the result of adverse alleles which selection is trying to work against. By providing pre- and postnatal care to these individuals, we are allowing the preservation of deleterious alleles; and if the individual reaches reproductive age and reproduces, biomedicine has directly caused the increase in frequency or maintenance of frequencies of adverse alleles in the population. Without medical technology, these individuals would not reach a reproductive age and in the absence of any other fitness benefits from the allele, selective pressures would eliminate those adverse alleles from the genome.

A study on natural selection in an Australian population gives us an example of how medical intervention can reduce the effects of selection. According to Stephan and Henneberg (2001: 635):

"This medical intervention [modern medicine] frequently allows individuals to survive and reproduce. Hence, it is possible for people who are genetically and phenotypically less adapted to the environment to pass their genes on to the next generation. This may increase genetic load, since unfavorable genotypes can accumulate. Although medical treatment has increased the average time a human can expect to live, the associated accumulation of unfavorable genes in the human population has probably

decreased the human capacity to survive without medical intervention. Many humans have, therefore, come to rely on medicine for their health. This dependency may increase in the future as more unfavorable genes accumulate in the gene pool."

Medical treatment exerts selective pressures on pathogens against which the human immune system is fighting. One of the most common examples of this is *Streptococcus pneumoniae*'s resistance to penicillin (Stephan & Henneberg, 2001). This is what is known as the "Red Queen Effect" where competing selective pressures continually force adaptations in both organisms so that they are in an everlasting race to increased adaptation against the other (Ridley, 2003). Because of this, the increased genetic load (reduction in mean fitness of a population compared to maximum fitness) and the increased fitness of pathogens present the possibility that human survival may be at great risk if medical treatment becomes ineffective (Stephan & Henneberg, 2001).

The influence of biomedicine on the human genome is a prominent factor of the continual evolution of modern humans, perhaps more so if not equal to the previously discussed adaptive mutations. The increase in harmful and non-adaptive deleterious alleles due to medical intervention is a driving force in changing allele frequencies, therefore part of the continuing process of evolution.

Discussion

These examples show considerable evidence in support of the idea that modern humans are still evolving on a genomic level. The ability of the human genome to create mutations and the different phenotypic traits exhibited by these mutations provide the basis for human adaptability. When these differential adaptations are applied to environmental stressors, the alleles that confer the beneficial trait will increase in frequency. While many of these genetic adaptations are in the beginning phases of research and may show conflicting results, there is still ample evidence for evolution based on the adaptations to endemic diseases, environmental stressors, and the consumption of milk for nutritional value.

Table 2: Adaptive Mutations Subjected to Criteria for Determining Evidence of Evolution

Mutation	Identifiable Benefit	Benefit Outweighs the Cost	Increased Frequency	One of Multiple Genes Conferring Benefit	Stressor Unbuffered by Behavior/ Culture	Frequency Greater in Areas of Stressor
O ₂ Saturation	Reduced Hypoxia	No Cost	Х		X	Greater at High Altitude than Sea Level
Microcephalin	Increased Brain Size	No Cost		X		
ASPM	Increased Brain Size	No Cost		Х		
HbS	Malaria Resistance in Heterozygotes	Resistance Outweighs Malaria and Sickle-Cell Anemia	Х		X Greater in Malari Regions	
α/β- thalassemias	Malaria Resistance	Resistance Outweighs Malaria and Homozygous Fatality	Х		X	Greater in Malarial Regions
SAO	Malaria Resistance in Heterozygotes	Resistance Outweighs Malaria and Homozygous Fatality			X	Greater in SE Asian Malarial Regions
Duffy	Malaria Resistance	No Cost	Х		X	Greater in Malarial Regions
G6PD Deficiency	Malaria Resistance	No Cost	Х		Х	
НьСІНЬЕ	Malaria Resistance	No Cost	Х		Х	5000 00 00 000
T-13910 and A- 22018	Lactase Persistence	No Cost	Х	Х	X	Greater in Pastoralist Populations
C-14010, G- 13915, and G- 13907	Lactase Persistence	No Cost	Х	Х	Х	Greater in Pastoralist Populations
CCR5-432	HIV Resistance	No Cost	Х		X	
CCR2-64I	HIV Resistance	No Cost	X		Х	
SDF1-3'A	HIV Resistance	No Cost	Х		X	

The diseases associated with high altitude hypoxia (acute mountain sickness and high-altitude pulmonary and cerebral edema) have made it adaptive for individuals with high oxygen saturation of hemoglobin to be more fit. Offspring of individuals with high oxygen saturation have a lower mortality rate, thus a higher percentage of individuals born with this trait are able to reproduce than those born without it. High oxygen saturation has increased in frequency and conforms to five of the six criteria for evidence of evolution.

The genes associated with brain growth, *microcephalin* and *abnormal spindle-like*, *microcephaly associated*, show conflicting evidence. While the frequency of these genes seems to be increasing, there is some question about their effects on brain size. Both genes adhere to only three of the six criteria for evolution so are not considered evidence of modern human evolution.

In areas of underdevelopment and poor mosquito control, malaria has been unbuffered by behavior or culture. Because of this, numerous genetic adaptations have conferred resistance to the parasitic disease. This has increased the

reproductive fitness of those individuals with the resistant traits allowing those alleles to be passed on to future generations. In malarial environments, individuals without adaptive alleles have lower reproductive fitness and have fewer offspring, more of whom will not reproduce. This is a "balanced polymorphism" where a homozygous disadvantage is balanced by a heterozygote advantage (Chotivanich et al., 2002). The malarial resistant benefit of HbAS and HbAE balances the disadvantages of HbAA to malaria susceptibility, HbSS to sickle-cell anemia, and a reduced resistance to malaria with HbEE. Over multiple generations, the benefit of being heterozygous has caused an increase in the frequency of these beneficial genotypes in malarial environments. Since the heterozygote, HbAS, is the beneficial genotype, both the ancestral (HbA) and mutative (HbS) alleles will remain in the population. Per generation, there is only a 50% chance of a heterozygote creating a heterozygote offspring regardless of the genotype mated with (HbAS, HbAA, or HbSS). If mated with another heterozygote, the offspring has a 25% chance of having a homozygote HbAA or HbSS, both of which are non-adaptive. Individuals homozygous for the ancestral allele show no resistance to malaria while individuals homozygous for the mutative allele experience sickle-cell anemia. If mated with a homozygote, HbAA or HbSS, the offspring have a 50% chance of having homozygote offspring of HbAA or HbSS, respectively. The cost of this adaptation is the retention of the non-adaptive genotypes and phenotypes exhibiting reduced fitness.

Tables 3, 4, 5. Punnet Squares Showing Offspring Probabilities of Genotype Pairs

Hb	A	S	
A	AA	AS	
S	AS	SS	

Hb	A	S
A	AA	AS
A	AA	AS

Hb	A	S	
S	AS	SS	- 8
S	AS	SS	
S	AS	SS	

Hemoglobin S, *alpha* and *beta* thalassemias, Duffy blood group, *Glucose-6-phosphate dehydrogenase* deficiency, Hemoglobin C, and Hemoglobin E all exhibit five of the six required criteria for evolution while South Asian ovalocytosis exhibits four of the six criteria. All of these adaptations to malaria provide sufficient evidence for the evolution of modern humans

Since multiple alleles conferring lactase persistence have arisen and been favored separately in different geographical regions, and knowing the nutritional benefit of milk, it is clear that humans have evolved this adaptation at a genomic level. The relatively rapid increase in frequency over the last 10,000 years provides a basis for correlating this allele frequency to natural selection. The ability to consume milk provides a nutritional benefit that may not be necessary in developed countries, but provides an important benefit in areas of drought and nutritional stress. Because of this, some human populations have evolved lactase persistence. The alleles *T-13910* and *A-22018* in Europe and *C-14010*, *G-13915*, and *G-13907* in Africa all conform to all six of the required criteria for evolution making them prime examples of evidence in support of modern human evolution.

The extremely recent expansion of the HIV virus is the most contemporary selective force for which culture and behavior have not been able to buffer. Regardless of the origin of the *CCR5-Δ32* mutation, its protective quality provides an adaptive benefit in HIV exposed individuals. While frequencies of the allele are currently relatively low, except in parts of Europe, it is expected that gene flow and natural selection will spread this allele through areas of HIV exposure. The *CCR2-64I* and *SDF1-3'A* alleles also confer resistance to the disease and have reached high frequency at a global level and through Oceania, respectively. The increase in allele frequency, in correlation to high levels of HIV exposure provides sufficient evidence to suggest natural selection and evolution as the cause of these allele frequencies. The three alleles conform to four of the six criteria and are considered evidence of modern human evolution.

The previous examples fit most of, if not all of the required criteria for determining evolution in the human genome. This makes it undeniable that the genome is evolving and the continued presence of these stressors suggests that this evolution is still ongoing. There is no reason to believe that evolution would cease while the stressors are still active, instead these selective forces, as long as they are present, will continue to influence the frequency of alleles for those traits either beneficial or harmful.

In order to prove that modern humans are not evolving, one would have to show that:

- 1. Any alleles increasing in frequency have a low probability of remaining at high frequency,
- Any alleles increasing in frequency due to genetic drift, gene flow, or small population effect exhibit minor, non-directional, or inconsistent genetic changes,
- 3. All stressors can be fully buffered by behavioral or cultural methods, and/or
- 4. The frequency of the mutative allele has no correlation to the presence of the selective force.

Until these criteria can be proven, we must accept the present and continual evolution of the human genome, thus the human species.

Conclusion

While skeptics argue that humans have hit an evolutionary peak and that our culture, medicine and technology have solidified our lack of need for continual evolution, it is medicine and culture that help to solidify continual evolution of the human genome. Culture has been responsible for the evolution agricultural dairying and lactase persistence, responsible for an increase in malaria, thus the evolution of sickle-cell trait, can be said to be a main reason for the rapid spread of HIV, thus is responsible for the evolution of HIV combatant alleles, and is responsible for populations' migration to high altitudes, thus responsible for in increase in high oxygen saturation of hemoglobin. These examples suggest that modern humans remain in a state of constant evolution as a result of common mutation, natural selection, new endemic diseases, and our own cultural influences.

Biographical Summary

I graduated Magna cum Laude with a Bachelors of Science in Anthropology with Departmental Honors from the University of Oregon in 2008. My concentration was in Biological Anthropology and I focused a considerable amount on Evolutionary Theory and Human Evolution and Adaptation.

Acknowledgements

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Appendix I

Table 1. The 101 Regions of the Human Genome with the Strongest Evidence (p < 0.00001, CLR Test) for a Recent Selective Sweep from a Sliding Window Analysis of the Combined, African-American, European-American, and Chinese Samples

Sample	Chr.	CMLE CLR Genes (Distance in kb) ^b Position ^a		Genes (Distance in kb) ^b	Notes
African-American	1	13427120	29.024	PROM2 (0)	
	1	195876600	41.904	PTPRC (19 kb), ATP6V1G3 (78 kb)	PTPRC encodes a leukocyte cell-surface molecule and contains suceptibility alleles for multiple sclerosis
	4	177391500	29.622	GPM6A (0)	GPM6A is a neuronal membrane glycoprotein
	5	29062440	59.662	LOC340211 (0)	a non o a reasona memorare grycoprocerr
	6	66157130	59.88	EGFL11 (0)	
	8	4886706	40,618	CSMD1 (47 kb)	
	10	38121540	42.777	ZNF248 (0)	
	11	55171790	48.233	OR4P4 (9 kb)	Position estimate is within a cluster of olfactory receptor genes six OR genes within 100 kb
	15	89572970	35.422	SV2B (4 kb)	SV2B is synaptic vesicle glycoprotein 2B, which is expressed primarily in the cerebral cortex
	20	20149280	43.999	C20orf26 (0)	
European- American	1	52897800	42.055	SCP2 (11 kb)	SCP2 plays a role in the intracellular movement of cholesterol
	2	158371000	41.014	KIAA1189 (0), PSCDBP (100 kb)	
	3	144901300	44.16	SLC9A9 (13 kb)	SLC9A9 is a sodium/hydrogen exchanger with a suggestive association with ADHD
	3	189987700	33.127	LPP (70 kb)	association with Abrib
	5	110427700	37.645	TSLP (55 kb), WDR36 (76 kb)	TSLP is part of a family of B cell-stimulating factors
	5	133570600	37.535	SKP1A (0), TCF7 (11 kb)	SKP1A is a transcription regulator with a suggested involvemen
				0.000 (0)	with nervous/sensory development, especially the inner ear
	6 7	105777300 136657300	32.39 35.646	PREP (0) DGKI (0)	Mutations in Drosophila DGKI causes degeneration of
					photoreceptor cells
	8	35614900	38.744	UNC5D (0)	
	10	21268430	32.164	NEBL (0)	NEBL encodes an actin-binding protein, and mutations in NEBL have been shown to cause nemaline myopathy, which causes several problems including decreased musde density and problems with reflexes
	10	22739870	44.449	SPAG6 (29 kb), PIP5K2A (90 kb)	Mutations in mouse SPAG6 are known to cause sperm motility problems
	10	74357920	37.558	TTC18 (0), MRPS16 (1 kb)	The state of the s
	11	36601700	33.082	LOC119710 (0), RAG2 (18 kb), RAG1 (37 kb)	
	12	42894650	47.363	DKFZp434K2435 (0)	
	12	99399670	37.529	NR1H4 (0), GAS2L3 (70 kb), SLC17A8 (82 kb)	NR1H4 is a nuclear hormone receptor relating to phenotypes of serum cholesterol, bile acid, lipoprotein, and triglycerides
	15	26994330	39.48	APBA2 (0)	The APBA2 protein binds the amyloid-beta (A4) precursor, and is a candidate gene for Alzheimer disease
	15	27655440	32.385	TJP1 (53 kb)	The tight-junction protein 1 (TJP1) associates with a protein
					(CagA) injected into gastric epithelial cells by H. pylori
	15	86739850	35.154	MRPS11 (0), MRPL46 (0), DET1 (45 kb)	W 1000000 II. I. I. I. I. I. I.
	17	59013260	32.4	APPBP2 (0)	The APPPBP2 protein binds the amyloid (beta-A4) precursor, and is a candidate gene for Alzheimer disease
	17	59681810	39.782	BCAS3 (0)	
	18	28723870	50.461	C18orf34 (46 kb)	
	18	30398320	51.283	DTNA (0)	DTNA is dystrobrevin-alpha, a component of the dystrophin protein complex
	18	44260350	39.481	KIAA0427 (57 kb)	
	18	64896900	44.055	C18orf14 (26 kb)	
	18	65739330	37.6	CD226 (0)	The CD226 protein is involved in T cell and natural killer cell cytotoxicity
	19	47672850	32.195	CEACAM1 (30 kb), UNQ473 (34 kb), LIPE (50 kb), CNFN (87 kb), SBP1 (98 kb)	*
Chinese	1	57813740	33.199	DAB1 (0)	DAB1 plays a role in establishing the laminar organization of the cerebral cortex
	1	66817090	30.064	MI-ER1 (0), SLC35D1 (23 kb), FLJ23129 (56 kb)	and the second control
	i	103041700	40.208	COLITAT (5 kb)	COL11A1 is a collagen associated with two disorders: (1) Stickler syndrome, which is characterized by progressive myopia and retinal detachment; and (2) Marshall's syndrome, which causes abnormalities in facial development
	1	158541900	33.019	SDHC (0), LOC257177 (9 kb), MPZ (45 kb)	SDHC is associated with hereditary paragangliomas, which involves nonmalignant tumors in vascular tissue
	2	109198300	40.035	EDAR (0)	EDAR is associated with ectodermal dysplasia, and it is involved in hair follicle, sweat gland, and tooth development

Sample	Chr.	CMLE Position ^a	CLR	Genes (Distance in kb) ^b	Notes
	2	189810100	54.195	DIRC1 (0)	
	2	216482300	29.141	FN1 (0), ATIC (65 kb)	
	3	17387700	43.978	TBC1D5 (0)	
	3	115642400	31.113	ZBTB20 (0)	
	3 4	144899200	38.179 47.629	SLC9A9 (11 kb)	See entry for SLC9A9 in the European-American sample
	4	6024760 13404330	31,993	FL/46481 (0), CRMP1 (66 kb), MARLIN1 (95 kb) FAM44A (23 kb)	
	4	41912200	57.385	SLC30A9 (0), TMEM33 (39 kb)	
	4	106988000	36.517	FLJ20184 (0), LOC57117 (74 kb)	
	5	42060400	33.69	FBXO4 (73 kb)	
	6	12902840	30.008	PHACTR1 (0)	
	6	26350950	44.027	HST1H4F (2 kb)	Position estimate is in a large cluster of histone-1 genes, 20 of which are within 100 kb
	6	54864430	40.376	C6orf143 (10 kb),	
	6	158234200	36.574	SNX9 (0), SYNJ2 (78 kb)	SNX9 is an intracellular trafficking protein that regulates the degradation of ectodermal growth factor receptor
	7	100731700	51.119	EMID2 (0), MYLC2PL (85 kb)	EMID2 is a collagen expressed in the testis and ovary, and the protein is found in the extracellular matrix
	7	136674800	31.625	DGRI (0)	See entry for DGKI in the European-American sample
	8	50815690	38.22	SNTG1 (58 kb)	SNTG1 is a subunit of the dystrophin protein complex
	8	66983090 98234550	29.969	DN/UC58 (1 kb) TSPYL5 (5 kb)	
	8	106772400	29.599 38.378	ZFPM2 (0)	ZFPM2 is a transcription factor with an important role in
	8	136395000	36.856	KHDRBS3 (45 kb)	heart development
	9	74370350	37.428	RFK (87 kb)	RFK plays a role in metabolizing riboflavin
	9	102273200	37.709	SMC2L1 (0)	SMC2L1 is involved in the maintenance and segregation
					of chromosomes during cell division
	10	22732610	37.798	SPAG6 (22 kb), PIP5K2A (97 kb)	See entry for SPAG6 in the European-American sample
	10	45409270	42.153	ANUBL1 (0), MARCH8 (35 kb), FAM21C (98 kb)	
	10	55292980	41.377	PCDH15 (0)	PCDH15 is involved in morphogeneisis of stereocilia in the inner ear
	10	81881400	42.407	TSPAN14 (0), C10orf58 (24 kb)	
	11	36610870 60688890	33.832 29.627	LOC119710 (0), RAG2 (27 kb), RAG1 (46 kb)	MCNC I and of the and annual and a second would be
	12	24305690	29.76	VPS37C (0), CD5 (18 kb), PGA5 (95 kb) SOX5 (0)	VPS37C is part of the endosomal sorting complex, which is recruited for viral budding
	12	34031300	39.953	ALG10 (35 kb)	ALG10 is a regulator of potassium channels
	12	53770680	41,792	OR9K2 (38 kb)*, NEUROD4 (64 kb)	*Estimate is at the edge of a cluster of OR genes
	12	84651660	54.887	PAMCI (49 kb)	Estimate is at the edge of a cluster of On genes
	12	91589690	37.412	FLJ46688 (42 kb)	
	13	18052490	38.147	PSPC1 (0), HSMPP8 (47 kb)	
	14	21862100	29.019	MYH6 (0), MYH7 (10 kb), CKLFSF5 (23 kb), IL17E (27 kb), EFS (37 kb), SLC22A17	Both MYH6 and MYH7 have been associated with cardiac myopathy
	14	43313740	36.514	(51 kb), PABPN1 (77 kb), BCL2L2 (91 kb)	
	14	75923480	33.061	C14orf28 (42 kb), BTBD5 (74 kb) AHSA1 (0), THSD3 (7 kb)	AHSA1 activates the heat shock protein hsp90, and is involved in stress response
	15	29051590	29.039	TRPM1 (0), MTMR10 (53 kb)	m at cas response
	15	61878600	42.35	DAPK2 (36 kb), HERC1 (37 kb)	
	15	86742750	40.079	MRPS11 (0), MRPL46 (3 kb), DET1 (42 kb)	
	17	44236980	45.792	FLJ25168 (42 kb)	
	17	44710400	29.86	LOC284058 (0)	
	17	59681810	29.413	BCAS3 (0)	
	17	64527940	39.821	MGC33887 (0)	
	18	14001290	32.131	ZNF519 (93 kb)	
	18	28715730	45.289	C18orf34 (53 kb)	See eater for DENA in the Europe Assessment
	18	30406890	62.627 32.265	DTNA (0)	See entry for DTNA in the European-American sample
	20	44351560 3532485	33.116	IGAA0427 (0) ATRN (0)	ATRN is homologous to the mouse mohogany gene, and it plays a role in several processes in mouse, including pigmentation, adaptive immunity, and obesity
	20	31004100	31.003	BCL2L1 (0), COX4/2 (26 kb), ID1 (65 kb), TPX2 (68 kb)	
	21	16307440	29.563	C21orf34 (57 kb)	
Combined	1	113016400	23.963	LRIG2 (50 kb)	
	1	154941000	24.15	FCRL2 (0), FCRL1 (40 kb), FCRL3 (54 kb)	CMLE for position in the middle of a cluster of FCRL genes, which are thought to play a role in 8 cell development
	1	211644800	47.46	PTPN14 (0)	

1 211644800 47.46 PTPN14 (0)

Table 1. Continued.

Sample	Chr.	CMLE Position ^a	CLR	Genes (Distance in kb) ^b	Notes
	200		Na Augusto	7000-0-1000-00	
	2	141425500	44.172	LRP1B (0)	
	2	202042300	26.795	MGC39518 (3 kb), ORC2L (12 kb), NIF3L1 (72 kb), PPL3 (86 kb), NDUFB3 (96 kb)	
	3	29922840	25.623	RBM53 (0)	
	3	43323910	27.861	SNRK (0), FLJ10375 (44 kb)	
	3	144913600	23.908	SLC9A9 (26 kb), MGC33365 (93 kb)	See entry for SLC9A9 in the European-American sample
	4	71991670	27.388	KGJ (0), ENAM (13 kb), SAS10 (28 kb), RIPX (62 kb)	/GJ is an immunoglobulin with two known functions: linking immunoglobulin monomers and binding these immunoglobulin to secretory component
	4	169845700	24.098	FLJ20035 (0)	
	5	15527500	41.987	FBXL7 (26 kb)	
	6	128601800	33.418	PTPRK (0)	
	8	57052930	25.735	RPS20 (16 kb), MOS (22 kb), PLAG1 (70 kb), LYN (80 kb)	
	10	45462260	26.114	ANUBL1 (10 kb), FAM21C (44 kb)	See entry for ANUBL1 in the Chinese sample
	12	81503770	24.547	DKFZp762A217 (79 kb)	
	13	36706830	29.695	UFM1 (15 kb)	
	15	37567860	35.829	THBS1 (21 kb), FSIP1 (40 kb)	
	15	89573760	39.016	SV2B (5 kb)	See entry for SV28 in the African-American sample
	16	81827590	24.175	HSPC105 (3 kb), HSD17B2 (20 kb)	
	18	30386860	42.249	DTNA (0)	See entry for DTNA in the European-American sample
	18	44272270	25.806	KIAA0427 (45 kb)	

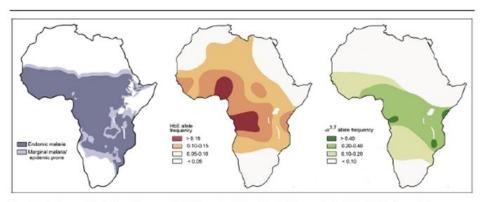
Also shown are all known genes within 100 kb of the estimate of the position of the selective sweep. The 65 genomic regions which exhibited very strong evidence for a recent selective sweep that is more than 100 kb from a known gene are not shown.

"Physical map estimate of the location of the sweep for the window with the highest local test statistic.

"Lists all reseq genes within 100 kb of the estimate of sweep position.

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Appendix II



Maps showing the correlation between the geographic incidence of malaria and the allele frequencies for HbS and α^* -fislassaemia in sub-Saharan Africa. Deletions of the $-\alpha^{3.7}$ type cause most a*-thalassaemia in Africa. Reprinted by permission from Macmillan Publishers Ltd: Nature Genetics [68], copyright (2005).

Williams 2006a

Appendix III

Table 2 Allele frequencies of SDF1-3'A, CCR2-64l and CCR5- Δ 32 in 70 world populations. The RH values were calculated based on three AIDS definitions, AIDS-1993 (RH1), AIDS1987 (RH2) and Death (RH3)⁹

Continent	Population	Size	SDF1(SE)	CCR2(SE)	CCR5(SE)	RH1(SE)	RH2(SE)	RH3(SE)
Africa	Benin	26	0	0.11(0.05)	0	0.92(0.03)	0.92(0.030	0.91(0.04)
	Biaka Pygmy*	35	0.03(0.02)	0.11(0.04)	0	0.92(0.02)	0.92(0.02)	0.91(0.03)
	Sudanese	25	0.50(0.03)	0.19(0.06)	0	0.87(0.04)	0.87(0.04)	0.85(0.04)
	Mbuti Pygmy*	20	0.08(0.04)	0.10(0.05)	0	0.93(0.03)	0.93(0.03)	0.92(0.04)
	Lissongo*	11	0.09(0.06)	0.14(0.07)	0	0.90(0.05)	0.91(0.05)	0.89(0.05)
	South Carolina Blacks	26	0.12(0.05)	0.10(0.04)	0.20(0.02)	0.90(0.03)	0.89(0.04)	0.87(0.04)
	Nigerian	23	0.12(0.06)	0.12(0.06)	Ó	0.92(0.04)	0.92(0.04)	0.91(0.04)
	Brazilian Blacks	26	0.16(0.05)	0.18(0.05)	0.04(0.03)	0.85(0.03)	0.85(0.03)	0.82(0.04)
America	Karitiana*	36	0.06(0.03)	0.07(0.03)	0	0.93(0.03)	0.92(0.05)	0.90(0.05)
Autoriou	Mayan*	40	0.15(0.04)	0.33(0.05)	0	0.78(0.03)	0.78(0.03)	0.74(0.03)
	Surui*	20	0.25(0.07)	0.03(0.03)	ŏ	0.96(0.02)	0.95(0.02)	0.95(0.03)
Europe	Italian*	37	0.15(0.04)	0.13(0.04)	0.03(0.02)	0.88(0.03)	0.86(0.03)	0.84(0.04)
(Caucasian)	German	25	0.17(0.06)	0.13(0.05)	0.07(0.04)	0.86(0.04)	0.87(0.03)	0.84(0.04)
(Caucasiari)	Spanish	26	0.17(0.00)	0.08(0.04)	0.02(0.02)	0.93(0.03)	0.92(0.03)	0.91(0.04)
	Poland	26	0.18(0.06)	0.18(0.06)	0.14(0.05)	0.79(0.04)	0.79(0.04)	0.75(0.05)
		23	0.22(0.06)	0.16(0.05)	0.09(0.04)	0.84(0.04)	0.83(0.04)	0.80(0.05)
	Northern European* Assam Caste	26			0.09(0.04)			
		26	0.24(0.06)	0.22(0.06)	0	0.84(0.04)	0.84(0.04)	0.80(0.05)
	United Arab Emirates Rajasthani	25	0.35(0.07) 0.42(0.08)	0.06(0.03)	0.05(0.04)	0.92(0.03) 0.86(0.04)	0.89(0.04) 0.81(0.06)	0.87(0.05)
						201901900000000000000000000000000000000		
Oceania	American Samoan	25	0.22(0.07)	0	0	1.00(0.00)	1.00(0.00)	1.00(0.00)
	Australian Aborigine*	14	0.54(0.09)	0.10(0.06)	0	0.84(0.05)	0.74(0.08)	0.68(0.10)
	New Guinea 1*	69	0.66(0.04)	0.18(0.03)	0	0.76(0.04)	0.63(0.07)	0.53(0.09)
	Nasioi Melanesian*	12	0.67(0.10)	0	0	0.88(0.05)	0.78(0.09)	0.74(0.10)
	New Guinean 2*	21	0.71(0.07)	0.17(0.06)	0	0.76(0.02)	0.64(0.04)	0.55(0.05)
	New Guinean 3*	26	0.72(0.07)	0.07(0.04)	0	0.79(0.04)	0.66(0.07)	0.59(0.08)
Northeast Asia	Ewenki*	17	0.09(0.05)	0.28(0.08)	0	0.84(0.04)	0.84(0.04)	0.81(0.05)
	Baryat*	5	0.10(0.09)	0.57(0.16)	0	0.72(0.06)	0.73(0.06)	0.68(0.07)
	Hui*	19	0.11(0.05)	0.20(0.06)	0	0.87(0.04)	0.87(0.04)	0.85(0.04)
	Tibetan*	25	0.12(0.05)	0.28(0.06)	0.02(0.02)	0.83(0.03)	0.84(0.03)	0.81(0.04)
	Uyghur*	10	0.20(0.09)	0.20(0.09)	Ó	0.85(0.05)	0.86(0.05)	0.84(0.06)
	Korean*	28	0.27(0.06)	0.26(0.06)	0	0.82(0.03)	0.82(0.04)	0.78(0.05)
	Japanese 2	26	0.33(0.07)	0.24(0.06)	0	0.81(0.04)	0.78(0.05)	0.73(0.06)
	Japanese 1*	15	0.37(0.09)	0.11(0.06)	0	0.81(0.05)	0.74(0.07)	0.69(0.08)
	Manchurian*	33	0.38(0.06)	0.12(0.04)	0	0.89(0.03)	0.86(0.04)	0.82(0.05)
Southeast Asia	Wa*	35	0.06(0.03)	0.16(0.04)	0	0.89(0.03)	0.89(0.03)	0.87(0.03)
	Ami*	10	0.10(0.07)	Ó	0	1.00(0.00)	1.00(0.00)	1.00(0.00)
	Anni*	21	0.12(0.05)	0	0	1.00(0.00)	1.00(0.00)	1.00(0.00)
	Atayal 2	20	0.13(0.06)	0.03(0.03)	0	0.95(0.03)	0.93(0.05)	0.92(0.05)
	Lahu*	11	0.14(0.07)	Ó	Ō	1.00(0.00)	1.00(0.00)	1.00(0.00)
	Bulang*	26	0.15(0.05)	0	0	1.00(0.00)	1.00(0.00)	1.00(0.00)
	Yi*	19	0.16(0.06)	0.24(0.07)	Ö	0.83(0.04)	0.82(0.05)	0.79(0.05)
	Atayal 1*	32	0.17(0.05)	0.11(0.04)	0	0.93(0.02)	0.94(0.02)	0.93(0.03)
	Karachi	26	0.17(0.05)	0.25(0.06)	ō	0.83(0.03)	0.83(0.03)	0.80(0.04)
	Deang*	6	0.17(0.11)	0.17(0.11)	0	0.88(0.07)	0.89(0.07)	0.87(0.08)
	Batak	26	0.20(0.06)	0.25(0.07)	Ö	0.79(0.04)	0.77(0.05)	0.72(0.06)
	Northeast Thailand	26	0.23(0.06)	0.17(0.05)	o	0.90(0.03)	0.90(0.03)	0.88(0.04)
	Jingpo*	15	0.23(0.08)	0.07(0.05)	ő	0.92(0.04)	0.91(0.05)	0.89(0.06)
	Malay	25	0.25(0.07)	0.22(0.07)	ő	0.82(0.04)	0.81(0.05)	0.78(0.06)
	Ahom	25	0.25(0.07)	0.19(0.07)	ő	0.86(0.04)	0.85(0.05)	0.82(0.06)
	Tujia*	20	0.28(0.07)	0.19(0.07)	0	0.80(0.04)	0.76(0.05)	0.71(0.07)
	Yao-Nandan*	20	0.28(0.07)	0.25(0.07)	0	0.80(0.04)	0.97(0.03)	0.96(0.04)
		20			o			
	Dong* She*	20	0.30(0.07)	0.15(0.06)	0	0.89(0.04)	0.86(0.05)	0.82(0.07)
			0.30(0.07)	0.15(0.06)		0.90(0.04)	0.90(0.03)	0.88(0.04)
	Yao-Jinxiu*	20 28	0.30(0.07)	0.08(0.04)	0 03(0 03)	0.93(0.03)	0.92(0.04)	0.90(0.05)
	Cambodian 1* Cambodian 2		0.32(0.06)	0.15(0.05)	0.02(0.02)	0.87(0.03)	0.86(0.04)	0.82(0.05)
	Campodian Z	26	0.32(0.07)	0.22(0.06)	0	0.83(0.04)	0.81(0.04)	0.78(0.05)
	Paiwan*	20	0.33(0.07)	0.03(0.03)	0	0.96(0.02)	0.95(0.03)	0.94(0.04)

Continent	Population	Size	SDF1(SE)	CCR2(SE)	CCR5(SE)	RH1(SE)	RH2(SE)	RH3(SE)
	Dai*	12	0.33(0.10)	0.07(0.05)	0	0.92(0.05)	0.92(0.05)	0.91(0.06)
	Li*	20	0.35(0.08)	0.05(0.03)	0	0.90(0.05)	0.87(0.06)	0.85(0.07)
	Javanese	24	0.37(0.09)	0.10(0.05)	0	0.92(0.04)	0.86(0.07)	0.82(0.10)
	Yami*	20	0.43(0.08)	0.05(0.03)	0	0.90(0.04)	0.84(0.06)	0.81(0.08)
China	Northwest Han*	24	0.19(0.06)	0.23(0.06)	0	0.84(0.04)	0.83(0.04)	0.80(0.05)
	Southwest Han*	48	0.22(0.04)	0.18(0.04)	0	0.83(0.01)	0.82(0.02)	0.79(0.02)
	North Han*	138	0.24(0.03)	0.21(0.02)	0	0.91(0.03)	0.89(0.03)	0.88(0.04)
	East Han*	407	0.25(0.02)	0.20(0.01)	0	0.84(0.03)	0.83(0.03)	0.79(0.04)
	Central Han*	168	0.26(0.02)	0.22(0.02)	0	0.85(0.01)	0.82(0.01)	0.78(0.02)
	Northeast Han*	37	0.26(0.05)	0.24(0.05)	0	0.84(0.02)	0.84(0.02)	0.80(0.02)
	Southeast Han*	40	0.26(0.05)	0.22(0.05)	0	0.85(0.03)	0.82(0.03)	0.78(0.04)
	South Han*	34	0.34(0.06)	0.11(0.04)	0	0.86(0.04)	0.84(0.05)	0.80(0.06)
	Chinese Chenadu	25	0.34(0.07)	0.18(0.05)	0	0.87(0.04)	0.85(0.04)	0.82(0.05)

Su et al., 2000

Appendix IV

^{*}Data published in our previous study on SDF1-3'A and CCR2-64I.¹⁸
Standard errors are shown in parentheses. Populations with numbers 1, 2 or 3 were sampled in different geographic locations of the same country.

Population	No. studied	(Senotype		%Accr5	95% C.I.	HWE
		CCR5/	CCR5/	∆ccr5/ ∆ccr5	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	3570 C.II	χ² (P-value)
Europe							
Ashkenazi	43	26	16	1	20.93	16.54-25.32	0.6631 (n.s.)
celand	102	75	24	3	14.71	12.23-17.19	0.3930 (n.s.)
Britain	283	223	57	3	11.13	9.81-12.45	0.0925 (n.s.)
pain: Basque	29	24	5	0	8.62	4.94-12.31	0.2581 (n.s.)
pain: Catalonia	49	41	8	0	8.16	5.40- 10.93	0.3872 (n.s.)
taly	91	81	10	Ö	5.49	3.81-7.18	0.3076 (n.s.)
reland	44	40	4	o	4.55	2.32-6.77	0.0998 (n.s.)
yprus	84	77	7	ŏ	4.17	2.62-5.71	0.1588 (n.s.)
reece	63	60	3	ŏ	2.38	1.02-3.74	0.1500 (11.3.)
Middle East							
aucasus: Daghestan	110	96	14	0	6.36	4.72-8.01	0.5081 (n.s.)
audi Arabia	241	231	10	ō	2.07	1.43-2.72	0.1082 (n.s.)
emen	34	34	o	ő	-		Silver (1127)
Asia							
Russia: Udmurtia	46	38	7	1	9.78	6.69-12.88	0.8746 (n.s.)
Sujarat	32	30	1	1	4.69	2.05-7.33	13.5314 (P<0.0005)
akistan	34	32	2	0	2.94	0.89-4.99	0.0312 (n.s.)
indh	29	28	1	0	1.72	0.01-3.43	
unjab	34	33	1	0	1.47	0.01-2.93	
engal	25	25	0	0			
long Kong	50	50	ō	0			
aiwan	83	83	ŏ	0			
hilippines: Filipino	26	26	ő	ő			
hilippines: Negrito	30	30	ŏ	Ö			
Mongolia	59	59	ŏ	Ö			
ri Lanka	37	37	ŏ	0			
urma	67	67	Õ	o o			
hailand	101	100	1	ō	0.50	0.00-0.99	
Forneo	151	151	ò	0	0.50	0.00-0.33	
iumatra	72	72	Ö	ŏ	7		
Andaman Islands	24	24	ŏ	ŏ			
Africa							
Nigeria	111	110	1	0	0.45	0.00-0.90	
ambia	56	56	0	0			
Central African Republi		52	Ö	0	•		
(enya	80	80	ŏ	Ö			
vory Coast	87	87	ŏ	ŏ	40		
// // // // // // // // // // // // //	80	80	0	0			
ambia	96	96	Ö	o			
Calahari San	36	36	ŏ	ō	2		
Oceania							
lew Guinea Coast	96	96	0	0	2		
rench Polynesia	94	94	Ŏ	ō	**		
Aboriginal Australian	98	96	2	Ö	1.02	0.30- 1.74	
Suam	59	58	1	ō	0.85	0.00- 1.69	
iji	17	17	ò	o			
mericas							
Nuu-Chah-Nulth	38	37	1	0	1.32	0.01-2.62	
Mexico (Huicholes)	52	52	0	Ö			
Brazilian Amerindian	98	98	ŏ	Ö			
Jamaica	119	119	Ö	Ö	**		
Primates							
Chimpanzee	66	66	0	0	58		
	3.408						

Each population was initially collected as part of anthropological surveys or investigations of non-HIV-related medical conditions. In each case, samples with known non-indigenous ancestry were eliminated from the study. For populations where the Accr's frequency was > 2.0%, the genotype distribution was tested for agreement with Hardy-Weinberg equilibrium (HWE); the value of χ^2 , with the associated P-value for significant departures, is shown. Good agreement was seen for each population, with the exception of the Gujerati.

Martinson 1997

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