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Characterization of Escherichia coli O157:H7 from super-shedding feedlot cattle

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CHARACTERIZATION OF *ESCHERICHIA COLI* O157:H7 FROM SUPER-SHEDDING FEEDLOT CATTLE

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Date of Defence: April 9, 2015

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PhD
DEDICATION

Dedicated to my first biology teachers –
Mr. David Leffelaar and Mr. Will Hunter
who instilled in me a love of science
and taught me that for every answered question
there are a thousand more unanswered
Escherichia coli O157:H7 is a major foodborne human pathogen that causes disease worldwide. Healthy cattle are the primary reservoir of this bacterium and the amount and frequency of E. coli O157:H7 shedding varies among individual cattle. The term “super-shedder” has been applied to cattle that are transiently high shedders ($\geq 10^4$ CFU/g feces). Targeting these cattle for mitigation strategies has been proposed as a means of reducing the incidence and spread of E. coli O157:H7 in the feedlot environment. The objectives of this study were to determine the frequency and duration of the super-shedding state in cattle; and to elucidate phenotypic or genetic differences among E. coli O157:H7 isolates recovered from super-shedding cattle and low-shedder cattle. It was found that the super-shedding state is short lived and lacks continuity and we were unable to successfully identify specific traits among super-shedder isolates that could be used to differentiate them from low-shedder isolates.
ACKNOWLEDGMENTS

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Support is gratefully acknowledged from the Alberta Livestock Genomic Program of Alberta Livestock and Meat Agency Ltd. and Genome Alberta. Thanks to the University of Lethbridge, Graduate Student Association and the Canadian Society of Animal Science for their financial support.

I would like to thank my Mom and Dad who have always supported me in all my endeavours and provided me with unlimited opportunity as well as my brother, Jordan, who has been a phenomenal support system. I’d also like thank my friends who taught me the
value of “work hard, play hard” and keeping life fun. Finally a great big thank you goes to Kole Thomas, for always supporting me, never doubting my abilities and formatting my references.
TABLE OF CONTENTS

DEDICATION .......................................................................................................................... iii
ABSTRACT .............................................................................................................................. iv
ACKNOWLEDGMENTS ........................................................................................................... v
TABLE OF CONTENTS ......................................................................................................... vi
PUBLICATIONS RESULTING FROM THIS STUDY ............................................................. iv
LIST OF TABLES ................................................................................................................... vi
LIST OF FIGURES ............................................................................................................... vi
LIST OF ABBREVIATIONS ..................................................................................................... vii

CHAPTER 1: Perspectives on super-shedding of *Escherichia coli* O157:H7 by cattle .... 1
  1.1 *Escherichia coli* O157:H7 .......................................................................................... 1
  1.2 Defining a super-shedder .......................................................................................... 2
  1.3 Colonization of *E. coli* O157:H7 in super-shedding cattle .................................... 3
  1.4 Prevalence of super-shedders and their role in the transmission of *E. coli* O157:H7 5
  1.5 Understanding the super-shedding phenomenon .................................................... 11
    1.5.1 How long is an animal a super-shedder? ......................................................... 11
    1.5.2 Factors contributing to super-shedding ......................................................... 14
  1.6 Strategies to control super-shedding cattle in the feedlot ....................................... 28
  1.7 Conclusions and Hypothesis .................................................................................... 30

CHAPTER 2: Are Super-Shedder Feedlot Cattle Really Super? ............................................. 32
  2.1 Introduction ................................................................................................................. 32
  2.2 Materials and Methods ............................................................................................. 33
    2.2.1 Identification of super-shedder cattle. ............................................................... 33
    2.2.2 Experimental design. ....................................................................................... 34
    2.2.3 Salivary cortisol analysis. ................................................................................ 34
    2.2.4 Enumeration, enrichment, identification and isolation of *E. coli* O157:H7 .... 35
    2.2.5 Template DNA preparation and lineage typing ............................................... 36
    2.2.6 Pulsed-field gel electrophoresis genotyping. ................................................... 37
  2.3 Results ......................................................................................................................... 37
    2.3.1 Frequency and duration of super-shedding. ...................................................... 37
    2.3.2 Genetic characterization .................................................................................... 40
2.4 Discussion ............................................................................................................... 40
  2.4.1 Genetic characterization .................................................................................. 48
  2.5 Conclusions ............................................................................................................. 50

CHAPTER 3: What causes super-shedding: Comparative genomic analysis of
Escherichia coli O157:H7 isolated from super-shedder and low-shedder cattle........ 51
  3.1 Introduction ............................................................................................................. 51
  3.2 Materials and Methods ............................................................................................ 52
    3.2.1 E. coli O157:H7 isolate collection, enumeration, characterization and selection
    ................................................................................................................................... 52
    3.2.2 Biolog analyses and phage typing .................................................................... 54
    3.2.3 DNA sequencing, single nucleotide polymorphism (SNP) and clade typing
        analysis ...................................................................................................................... 56
  3.3 Results and Discussion ............................................................................................ 57
    3.3.1 Sequencing and Comparative Genomics .......................................................... 57
    3.3.2 Carbon utilization profile and phage type (PT) of E. coli O157:H7 from super-shedders and low-shedders 65
    3.3.3 Clade typing ...................................................................................................... 73
    3.3.4 Biofilm formation ............................................................................................. 73
  3.4 Conclusions ............................................................................................................. 76

CHAPTER 4: Summary and Conclusion .......................................................................... 78

REFERENCES ................................................................................................................. 84
PUBLICATIONS RESULTING FROM THIS STUDY

Chapter 1

Chapter 2

Chapter 3
LIST OF TABLES

Table 1.1. Summary of ten studies, with diverse sampling and analysis methodology, examining the prevalence of super-shedding (≥10^4 CFU *E. coli* O157:H7 g/feces) cattle from Canada, United Kingdom and USA........................................6

Table 2.1. *E. coli* O157:H7 detection (log_{10} CFU/g feces) from cattle throughout 34-day trial. Values ≥ 4.0 log_{10} CFU/g feces were considered super-shedders. ........................................................................................................39

Table 3.1. Genetic characteristics among isolates examined within this study and reference strains........................................................................................................................................64

Table 3.2. Differences in average *Escherichia coli* O157:H7 oxidative activity on various carbon sources between super-shedder (n=6) and low-shedder (n=4) isolates as measured by Biolog phenotypic microarrays. Bold values represent higher oxidation rates...............................................................................................66

Table 3.3. Clade typing results from isolates collected in this study compared to clinical and bovine *E. coli* O157:H7 strains.........................................................74
LIST OF FIGURES

Figure 1.1 Potential amount of *E. coli* O157:H7 excreted into the environment from one feedlot steer if it were a low shedder (10 CFU/g), super-shedder (10^4 CFU/g feces), or excessive super-shedder (10^9 CFU/g feces) with the assumption the average steer weighs 498 kg and produces 36 kg/day of total wet manure (Lorimor *et al.*., 2000) .......................................................... 13

Figure 1.2 Possible factors that influence the development of super-shedder cattle...16

Figure 2.1 Mean salivary cortisol levels (±SEM) from steers (n=6) ......................... 41

Figure 2.2 Lineage type and dendrogram of pulsed field gel electrophoresis (PFGE) profiles from *E. coli* O157:H7 isolates recovered within feces from steers over time ..................................................................................................... 42

Figure 3.1 Characteristics of isolates selected for whole genome sequencing based on, PFGE relatedness, shedding status, lineage type and antibiogram. ..........55

Figure 3.2 Single nucleotide polymorphisms observed within selected isolates (n=10) as compared to references strain *E. coli* O157:H7 EC45115. ...............58

Figure 3.3 Single nucleotide polymorphism based phylogenetic tree of *E. coli* O157:H7. The phylogenetic tree is based on ~1600 intra- and intergenic SNPs identified in *E. coli* O157:H7 isolates from this study (n=10) and 26 reference GenBank strains. ...............................................................59

Figure 3.4 Growth of isolates over a pH range from 3.5 – 10 ...................................71
### LIST OF ABBREVIATIONS

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aga</td>
<td>N-Acetyl-D-Galactosamine</td>
</tr>
<tr>
<td>ATCC</td>
<td>American Type Culture Collection</td>
</tr>
<tr>
<td>ATP</td>
<td>adenosine triphosphate</td>
</tr>
<tr>
<td>AUC</td>
<td>area under the curve</td>
</tr>
<tr>
<td>CFU</td>
<td>colony forming units</td>
</tr>
<tr>
<td>CLSI</td>
<td>Clinical and Laboratory Standards Institute</td>
</tr>
<tr>
<td>CT-SMAC</td>
<td>cefixime sorbital MacConkey agar</td>
</tr>
<tr>
<td>DNA</td>
<td>deoxyribonucleic acid</td>
</tr>
<tr>
<td>eae</td>
<td>intimin</td>
</tr>
<tr>
<td>EbgA</td>
<td>evolved- β-galactosidase</td>
</tr>
<tr>
<td>gad</td>
<td>glutamate decarboxylase</td>
</tr>
<tr>
<td>GIT</td>
<td>gastrointestinal tract</td>
</tr>
<tr>
<td>HUS</td>
<td>hemolytic uremic syndrome</td>
</tr>
<tr>
<td>IMS</td>
<td>immunomagnetic separation</td>
</tr>
<tr>
<td>LEE</td>
<td>Locus of enterocyte effacement</td>
</tr>
<tr>
<td>LRC</td>
<td>Lethbridge Research Centre</td>
</tr>
<tr>
<td>LSPA-6</td>
<td>lineage typed using lineage-specific polymorphism assay</td>
</tr>
<tr>
<td>MAC-T</td>
<td>bovine mammary epithelial cell line</td>
</tr>
<tr>
<td>MPN</td>
<td>most probable number</td>
</tr>
<tr>
<td>mTSB</td>
<td>modified tryptic soy broth</td>
</tr>
<tr>
<td>NSF</td>
<td>nonsorbitol fermenting</td>
</tr>
<tr>
<td>NSS</td>
<td>non-super-shredder</td>
</tr>
<tr>
<td>nsSNPs</td>
<td>non-synonymous single nucleotide polymorphism</td>
</tr>
<tr>
<td>ORF</td>
<td>open reading frame</td>
</tr>
<tr>
<td>PBS</td>
<td>phosphate buffered saline</td>
</tr>
<tr>
<td>PCR</td>
<td>polymerase chain reaction</td>
</tr>
<tr>
<td>PFGE</td>
<td>pulsed-field gel electrophoresis</td>
</tr>
<tr>
<td>PM</td>
<td>phenotype microarrays</td>
</tr>
<tr>
<td>PT</td>
<td>phage type</td>
</tr>
<tr>
<td>PTS</td>
<td>phosphotransferase system</td>
</tr>
<tr>
<td>Raf</td>
<td>raffinose</td>
</tr>
<tr>
<td>rafA</td>
<td>α-galactosidase</td>
</tr>
<tr>
<td>rafB</td>
<td>Raf permease</td>
</tr>
<tr>
<td>rafD</td>
<td>sucrose hydrolase</td>
</tr>
<tr>
<td>RAJ</td>
<td>recto-anal junction</td>
</tr>
<tr>
<td>RAMS</td>
<td>rectoanal mucosal swabs</td>
</tr>
<tr>
<td>REPCs</td>
<td>restriction endonuclease digestion pattern clusters</td>
</tr>
<tr>
<td>RNA-seq</td>
<td>ribonucleic acid sequencing</td>
</tr>
<tr>
<td>Abbreviation</td>
<td>Definition</td>
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<tr>
<td>--------------</td>
<td>------------</td>
</tr>
<tr>
<td>RR</td>
<td>repeat region</td>
</tr>
<tr>
<td>RSE</td>
<td>recto-anal junction squamous epithelial</td>
</tr>
<tr>
<td>SAM</td>
<td>S-adenosyl-MethionineATP</td>
</tr>
<tr>
<td>SBI</td>
<td>Shiga toxin-encoding bacteriophage insertion</td>
</tr>
<tr>
<td>SEM</td>
<td>standard error of the mean</td>
</tr>
<tr>
<td>SNPs</td>
<td>single nucleotide polymorphisms</td>
</tr>
<tr>
<td>SS</td>
<td>super-shredder</td>
</tr>
<tr>
<td>STEC</td>
<td>Shiga toxin-producing <em>E. coli</em></td>
</tr>
<tr>
<td>Stx</td>
<td>Shiga toxin gene</td>
</tr>
<tr>
<td>Tir</td>
<td>translocated intimin receptor</td>
</tr>
<tr>
<td>TSB</td>
<td>tryptic soy broth</td>
</tr>
<tr>
<td>USD</td>
<td>United States Dollars</td>
</tr>
<tr>
<td>VFA</td>
<td>volatile fatty acids</td>
</tr>
</tbody>
</table>
CHAPTER 1: Perspectives on super-shedding of *Escherichia coli* O157:H7 by cattle

1.1 *Escherichia coli* O157:H7

*Escherichia coli* O157:H7 is a Shiga-toxin-producing, non-sorbitol-fermenting human pathogen that asymptotically colonizes cattle as a primary reservoir (Wells *et al.*, 1991; Chapman *et al.*, 1993; Ferens and Hovde, 2011). Transmission to humans can occur through the consumption of contaminated food or water, person-to-person contact or direct-contact with animal faeces or an animal reservoir (Ferens and Hovde, 2011). Infection in humans may remain asymptomatic or result in gastroenteritis including bloody diarrhea (hemorrhagic colitis) which can progress to renal failure through hemolytic uremic syndrome (HUS) resulting in mortalities, especially in children. Research suggests that consumption of as few as 10 cells of *E. coli* O157:H7 can cause human infections (Schmid-Hempel and Frank, 2007), but individual strains differ in virulence (Baker *et al.*, 2007). The pathogenicity of *E. coli* O157:H7 is attributed, in part, to the production of verotoxins or Shiga-like toxins named so because of their similarity to the toxins produced by *Shigella dysenteriae* (O'Brien *et al.*, 1992). Lysogenic bacteriophages carry the genes responsible for producing these toxins (*stx*₁ and *stx*₂) that inhibit protein synthesis in eukaryotic cells causing cell death (Rashid *et al.*, 2006). In the United States, *E. coli* O157:H7 infections cause over 73,000 illnesses and 61 deaths per year (Mead *et al.*, 1999), costing the American healthcare system approximately $405

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million (2003 USD dollars) (Frenzen et al., 2005). If direct and indirect costs of Shiga toxin-producing *E. coli* (STEC) illness are included, the total cost to the US economy exceeds $1 billion USD annually (Scharff, 2010). These estimates include cost for medical care, losses in productivity, and premature death. In Canada, the rate of infection of *E. coli* O157:H7 in 2012 was 1.39 per 100,000 (Public Health Agency of Canada, 2013) and reached levels as high as 9.81 per 100,000 in 2000 (Public Health Agency of Canada, 2009).

### 1.2 Defining a super-shedder

The frequency of shedding and number of *E. coli* O157:H7 shed in the feces varies greatly among individual cattle (LeJeune et al., 2004b; Stanford et al., 2005a). Studies in cattle typically report shedding of *E. coli* O157:H7 to be sporadic and of short duration (Besser et al., 1997) ranging from 10 to $10^9$ CFU/g feces (Chase-Topping et al., 2008; Stephens et al., 2009). The term “super-shedder” has been applied to cattle that shed $\geq 10^4$ CFU/g feces of *E. coli* O157:H7 (Matthews et al., 2006a, b). Early definitions of a super-shedder were often blurred by the use of the term “super-spreader” which is more related to the degree that individuals are responsible for the environmental spread of *E. coli* O157:H7 as opposed to quantifying the absolute number of CFU shed in feces. A review by Chase-Topping et al. (2008) defined a super-spreader as an individual who has more opportunities to infect other host types with a pathogen than other individuals of the same host type through direct or indirect contact. In contrast, a super-shedder was defined as an individual that sheds more organisms than another individual within a population for a defined period of time. Characteristically, many more infectious units are released from a super-shedder compared to a super-spreader; super-shedders are still capable of being
super-spreaders. In the present review we will discuss super-shedding and its impact on the spread, or super-spread, of *E. coli* O157:H7.

1.3 Colonization of *E. coli* O157:H7 in super-shedding cattle

Colonization of the intestinal epithelium by *E. coli* O157:H7 has been proposed as a necessary measure for populations to reach requisite densities for super-shedding. Naylor *et al.* (2003) hypothesized that super-shedders shed high levels of *E. coli* O157:H7 due to effective colonization of the distal few centimeters of the bovine rectum, termed the recto-anal junction (RAJ). In a follow up study, Naylor *et al.* (2005) reported the LEE4 operon, encoding a type III secretion system translocon and associated proteins, was essential for colonization when a deletion mutant of LEE4 failed to colonize the gastrointestinal tract (GIT) of cattle. Subsequent studies have described an association between RAJ colonization and super-shedding of *E. coli* O157:H7. For example, Low *et al.* (2005) reported 9 of 10 naturally-colonized cattle have $>10^3$ CFU/mL in tissue washes from the terminal rectum with the highest numbers of *E. coli* O157 found most frequently close to the RAJ region. Cobbold *et al.* (2007) reported that rectoanal mucosal swabs (RAMS) from super-shedders had higher populations of *E. coli* O157:H7 relative to commensal *E. coli* than RAMS from low-shedders. This suggests that the RAJ of super-shedders was colonized with *E. coli* O157:H7 to a greater degree.

Bacteria have the ability to attach, colonize, and form biofilms on a variety of surfaces (Uhlich *et al.*, 2006). Perhaps this biofilm formation at the intestinal epithelium that may lead to a high density of *E. coli* O157:H7 at the RAJ. Biofilms are formed in distinct stages: (i) initial reversible attachment of bacteria to a surface, (ii) production of exopolysaccharide material to form an extracellular polymeric matrix resulting in
irreversible attachment, (iii) early development of biofilm architecture, and finally (iv) maturation (Chmielewski and Frank, 2003; Kim and Wei, 2007). However, when the biofilm becomes too thick, even well adapted microbes will die, causing biofilm fragility, and sloughing of portions of the biofilm architecture (stage v) (Shirtliff et al., 2002). Biofilm sloughing in the intestine could be responsible for the fecal densities of *E. coli* O157:H7 that are required for the host to be designated as a super-shedder (i.e., $10^4$ CFU/g feces). Intermittent sloughing of the intestinal biofilm could also account for the sporadic nature of shedding and super-shedding in cattle. Biofilms are not static and the sloughing off of viable bacteria promotes the colonization of downstream environments (Van Houdt and Michiels, 2005). Recent research by Williams et al. (2014) has demonstrated that five heifers with multiple super-shedding events also had a high number of fecal samples from which *E. coli* O157:H7 was not detected. Specifically three of these heifers showed intermittent and infrequent low levels of shedding with clusters of high shedding levels, fitting a pattern of clearance and re-infection, typical of a biofilm sloughing phenomenon. While the role of biofilms in colonization of the intestinal epithelium by *E. coli* O157:H7 could account for the intermittent shedding of this bacterium in super-shedders, the factors that trigger the mass release of this organism into feces are unknown. As such, feces collected after a biofilm sloughing event may exhibit super-shedder levels, with subsequent fecal samples being negative for *E. coli* O157:H7 until the next sloughing event occurs.
1.4 Prevalence of super-shedders and their role in the transmission of *E. coli* O157:H7

The reported prevalence of super-shedders is dependent on a variety of factors including size and method of sample collection (fecal or RAMS), consistency of feces/swabbing technique, laboratory protocols, season of sample collection (summer vs. winter), unit of measure (farm, pen, truck or animal), and method of enumeration. Additionally, some studies report percentage prevalence of super-shedding among all samples collected while others report only among samples that are positive for *E. coli* O157:H7. Consequently, super-shedder cattle have been reported to comprise between 0.48% - 71% of a given population (Table 1.1).

A limitation associated with detecting super-shedders is that CFU/g feces is commonly determined via direct plate counts, a process that involves serial dilution of sampled feces. This technique is time consuming, making it difficult to process large numbers of samples rapidly. Other methods of enumeration include the most probable number technique, which also requires a high degree of replication at the appropriate dilution to narrow confidence intervals. Quantitative PCR (or real-time PCR) can also be employed to obtain accurate counts of *E. coli* O157:H7, however this method requires the extraction of high-quality DNA. This step can be time limiting and expensive, and lacks sensitivity in terms of detecting *E. coli* O157:H7 if it is present at levels below super-shedding.

Enumeration of *E. coli* O157:H7 within feces has been shown to be a stochastic process because of the variability in the distribution of the bacteria within a single fecal sample. This was illustrated by the observation that when 120 fresh fecal pats from two
Table 1.1. Summary of ten studies, with diverse sampling and analysis methodology, examining the prevalence of super-shedding ($\geq 10^4$ CFU *E. coli* O157:H7 g/feces) cattle from Canada, United Kingdom and USA.

<table>
<thead>
<tr>
<th>Location of study</th>
<th>Number of cattle (n)</th>
<th>Sampling details (dates, location, sampling frequency)</th>
<th>Number and type of samples</th>
<th>Percentage of super-shedders identified</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Australia</td>
<td>52 heifers</td>
<td>• Oct to Feb 2013&lt;br&gt;• Pasture&lt;br&gt;• Raised as replacement dairy animals&lt;br&gt;• 18 weekly sampling points</td>
<td>893 fecal sample (10g)</td>
<td>3.6% (32/893 of samples tested)&lt;br&gt;46.2% (24/52 super-shedding cattle identified)</td>
<td>Williams <em>et al.</em>, 2014</td>
</tr>
<tr>
<td>Canada</td>
<td>160 (20 pens, eight head of cattle per pen)</td>
<td>• Jul to Oct 2003&lt;br&gt;• Experimental research pens at commercial feedlot and slaughter operation&lt;br&gt;• Sampled twice per week, over a 14-week period</td>
<td>8960 (4480 from freshly passed manure and 4480 recto-anal mucosal swabs)</td>
<td>3.1% (5/160 cattle from 3 pens were super-shedder)</td>
<td>Cobbold <em>et al.</em>, 2007</td>
</tr>
<tr>
<td>Canada</td>
<td>4185 [Feedlot X n=1357 (summer) n=1284 (winter); Feedlot Y n=779 (summer) and n=768 winter)]</td>
<td>• May to Aug 2007 (summer)&lt;br&gt;• Sept 2007 to Jan 2008 (winter)&lt;br&gt;• Two commercial feedlots</td>
<td>8370 (4185 fecal grabs and 4185 perineal swabs)</td>
<td>7.16% (153/2136 cattle were super-shedding during summer)&lt;br&gt;0.48% (10/2052 cattle were super-shedding cattle during winter)</td>
<td>Stephens <em>et al.</em>, 2009; Stanford <em>et al.</em>, 2012</td>
</tr>
</tbody>
</table>
### Canada
- **400 cattle**
- Jul 2011
- Single commercial feedlot
- Single time point
- 400 rectal fecal samples (50 g)
- **2.8% (11/400)**
- **23.9% (11/46 positive for E. coli O157:H7) samples**
- Munns *et al.*, 2014; Xu *et al.* 2014

### Scotland
- **999 cattle**
- May to Jul 2002 (summer)
- Jan – Mar 2003 (winter)
- Single abattoir
- 999 faecal sample (25 g)
- **0.7% (overall; 7/999)**
- **0.7% (summer sampling; 4/545)**
- **0.66% (winter sampling; 3/454)**
- **6.9% (7/101 super-shedding cattle identified among cattle positive for E. coli O157:H7)**
- Ogden *et al.*, 2004

### Scotland
- **3,111 Scottish farms**
- Mar 2002 and Feb 2004
- No. of fecal pats sampled was determined from the no. of cattle/group
- It was assumed that 8% of the animals in positive groups would be shedding
- Sufficient fresh pat samples were taken to ensure a mean 90% probability of detecting E. coli O157:H7 if at least one shedding animal was present
- high-level shedders were identified using 481 farms (selected to ensure similar numbers were included from each region of Scotland)
- **16.9% (13/77 positive E. coli O157:H7 farms had a concentration of E. coli of ≥10^4 CFU/g feces)**
- Chase-Topping *et al.*, 2007
mixture distribution analysis on counts of *E. coli* O157

<table>
<thead>
<tr>
<th>Country</th>
<th>Cattle/Abattoir Details</th>
<th>Sampling Details</th>
<th>Count of Samples</th>
<th>Sheds (Percentage)</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>United Kingdom</td>
<td>721</td>
<td>May to Jul 2002, local abattoir, Weekly samples – 9 visits</td>
<td>589 rectal fecal grab (75g)</td>
<td>9% (4/44 cattle positive for <em>E. coli</em> O157:H7)</td>
<td>Omisakin <em>et al.</em>, 2003</td>
</tr>
<tr>
<td>USA</td>
<td>1503 cattle, 50 truckloads from the Midwest United States</td>
<td>May – Jun 2007, Weekly sampling for 5-wks, Single commercial abattoir</td>
<td>1503 fecal samples obtained from intact rectums</td>
<td>3.7% (55/1503)</td>
<td>Fox <em>et al.</em>, 2008</td>
</tr>
<tr>
<td>USA</td>
<td>319 cattle</td>
<td>Sept 2004 – May 2005, Research feedlot, Sampled once a month, 10 sampling points</td>
<td>3,190 rectal fecal samples (10g)</td>
<td>1.1% (35/3190)</td>
<td>Arthur <em>et al.</em>, 2009</td>
</tr>
<tr>
<td>USA</td>
<td>168 steers in Ohio</td>
<td>Oct 2005 – Apr 2006, Beef feedlot facility, Bi-weekly sampling</td>
<td>1784 direct plated fecal grab (10g) samples</td>
<td>2.2% (at the sample level; 39/1784 super-shedding samples tested by direct plating)</td>
<td>Cernicchiaro <em>et al.</em>, 2010; 2011</td>
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<td></td>
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<td>22.6% (animal level; 38/168 of the steers experienced at least one super-shedding event throughout the entire feeding period)</td>
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<td>71% of pens having at least one animal experiencing a super-shedding event</td>
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</table>
feedlots were sampled multiple times, the fecal prevalence increased from 8.2% with one sample/pat to a plateau of 20% with five samples/pat (Echeverry et al., 2005). Methods of E. coli O157:H7 enumeration in feces can also differ with regard to the total amount of feces collected. For example, Ogden et al. (2004) enumerated E. coli O157:H7 using 25 g of serially diluted feces. Others have enumerated E. coli O157:H7 using a 1 g subsample collected from a larger thoroughly mixed sample (Stephens et al., 2009; Munns et al., 2014) or the limited amount of feces (< 1g) collected on swabs (Cobbold et al., 2007; Arthur et al., 2013). Future efforts to standardize sampling and diagnostic procedures are imperative to permit better comparison of the prevalence of super-shedders among studies. Currently there is no rapid means to identify super-shedders; however, if genetic markers specific to the super-shedding trait in either the animal or the pathogen could be identified, a PCR based diagnostic technique could be potentially developed.

Super-shedders have been reported to have a substantial impact on the on-farm prevalence and transmission of E. coli O157:H7 into the surrounding environments. In previous reports, anywhere from 47% (Stephens et al., 2009) to >90% (Chase-Topping et al., 2008) of the shedding of E. coli O157:H7 within feedlot pens has been attributed to super-shedders. Omisakin et al. (2003) estimated that only 9% of cattle were high-shedders of E. coli O157:H7 at concentrations of ≥10⁴ CFU/g. This 9% represented >96% of the total E. coli O157:H7 produced by all cattle tested (n=761). In another study, relating bacterial counts to infectiousness and fitting dynamic epidemiological models to prevalence data from a cross-sectional survey of cattle farms in Scotland, Matthews et al. (2006a) suggested that 80% of transmission arises from the 20% most infectious individuals.
A study carried out by McGee et al. (2004) examining the role of super-shedders in transmission within the feedlot showed that placing inoculated steers shedding *E. coli* O157:H7 at levels >500 CFU/g of feces for 48 h in pens resulted in contamination of the hides of 66% of the non-colonized cohorts. In another study, feedlot cattle that were negative for *E. coli* O157:H7 over the course of study were five times more likely to be housed in a pen that lacked super-shedders than housed in a pen with a super-shedder (Cobbold et al., 2007). Placement of fecal pats inoculated with *E. coli* O157:H7 in pens to simulate the presence of a super-shedder resulted in 3% of hide samples from naïve cattle being positive for the inoculated strain within one day after deposition of the fecal pats (Stephens et al., 2008). In contrast, one positive hide sample (0.45%) was detected in pens that received inoculated fecal pats with levels of *E. coli* O157:H7 that were below that of a super-shedder (Stephens et al., 2008). In a subsequent study, Stanford et al. (2011b) assessed the impact of a model super-shedder interacting with pen mates on the spread of *E. coli* O157:H7 by spreading 100 g or 50 g of inoculated feces (10⁶ CFU *E. coli* O157:H7/g) across the perineum of a single animal once daily in the morning. Control pens received 3,000 g of feces inoculated with the same level of *E. coli* O157:H7 in the form of 5 simulated fecal pats (300 g each) on the pen floor. Results revealed steers housed with the model super-shedder were 1.3 times more likely to shed *E. coli* O157:H7 in their feces than steers housed with simulated fecal pats. These results were obtained even though the number of *E. coli* O157:H7 cells introduced into the pens was similar, highlighting the importance of behavioral interaction in the transmission of *E. coli* O157:H7 among cattle (Stanford et al., 2011b). Arthur et al. (2009) further demonstrated the importance of super-shedders in the transmission of *E. coli* O157:H7, whereby 95%
of pens containing one or more super-shedders housed herds with a hide prevalence of \( E. \) coli O157:H7 >80%, while only 29% of the herds in pens without a super-shedder exceeded a hide prevalence of 80%.

Super-shedders transported and maintained in lairage with herd mates prior to slaughter have also been linked to carcass contamination in processing plants. In a previous study, contamination of the carcass was associated with the presence of a super-shedder within the trailer during transport to the abattoir (Table 1.1; Fox et al., 2008). Similarly, Fegan et al. (2005) showed carcass contamination was highest in lots with the highest levels of \( E. \) coli O157:H7 in feces \((7.5 \times 10^5 \text{ MPN/g})\), resulting in carcasses from cattle that were not shedding the organism to become adulterated. A recent contamination of meat from a major southern Alberta meat processing facility resulted in 17 confirmed human cases of \( E. \) coli O157:H7 infection and the largest meat recall (>2400 meat items) in Canadian history (Bottemiller, 2012). Although the cause of the contamination was not identified, it was hypothesized that super-shedders may have contributed to “high event days”, where levels of \( E. \) coli O157:H7 entering the plant overwhelmed the “critical control points” employed to prevent this pathogen from entering the food chain (Lewis et al., 2013). Consequently, mitigating super-shedders has been proposed as a viable approach to reducing the transmission of \( E. \) coli O157:H7 among cattle, its dissemination into the environment and the risk of carcass contamination (Matthews et al., 2006b).

1.5 Understanding the super-shedding phenomenon

1.5.1 How long is an animal a super-shedder?

As discussed previously, according to the definition of Chase-Topping et al. (2008), cattle that shed at \( \geq 10^4 \) \( E. \) coli O157:H7 CFU/g feces are defined as super-shedders. However,
in this definition, the temporal pattern of super-shedding was not defined. A previous report noted that the number of *E. coli* O157:H7 shed varies with shedding duration (Davis, 2006), whereby heifers that were culture positive for 23 days or longer had higher fecal counts of *E. coli* O157:H7 than heifers that were positive for a shorter duration. Previous studies have defined cattle as super-shedders, or alternatively as persistent-shedders, if they shed *E. coli* O157:H7 for more than three consecutive months (Lim et al., 2007; Carlson et al., 2009).

In reality, the duration of super-shedding by an individual animal is largely unknown despite the fact that duration of super-shedding impacts the amount of *E. coli* O157:H7 released into the environment. For example, assuming that the average feedlot steer weighs 498 kg and excretes 36 kg/day of feces (Lorimor et al., 2000), a super-shedder (≥10⁴ *E. coli* O157:H7/g feces) that sheds for a day would excrete 3.6 × 10⁸ cells of *E. coli* O157:H7 into the environment, a level that would result in 2.5 × 10⁹ cells being released into the environment if shedding occurred continuously for 7 days (Figure 1.1). These numbers would reach or exceed 10¹⁰ cells per day if four or more super-shedders were within the same pen.

In the past, *E. coli* O157:H7 shedding profiles in cattle have been based predominantly on point estimates on the farm and typically comprise a cluster of samples with a high level of variation (Robinson et al., 2009). Others have evaluated the incidence of super-shedding using single samples taken from a cross-sectional survey of multiple farms (Chase-Topping et al., 2008). However, Robinson *et al.* (2009) reported that within-animal variation of shedding *E. coli* O157:H7 was greater than that among animals over time. With this in mind, we hypothesize that super-shedding may vary
Figure 1.1. Potential amount of *E. coli* O157:H7 excreted into the environment from one feedlot steer if it were a low shedder (10 CFU/g), super-shedder (10^4 CFU/g feces), or excessive super-shedder (10^9 CFU/g feces) with the assumption the average steer weighs 498 kg and produces 36 kg/day of total wet manure (Lorimor *et al.*, 2000).
within an individual animal at any given time and that a single sample from animals on a single day is inadequate to accurately describe super-shedding events and impacts.

In a recent study, steers previously identified as super-shedders were sampled twice daily over 6 days after transport from a commercial feedlot to a research facility (Munns et al., 2014). It was determined that super-shedding was a short-lived phenomenon and was not necessarily confirmed when multiple samples were collected from a single steer over the duration of a single day. Furthermore, changes in management practices such as increased handling, mixing with cohorts, or a change in diet failed to induce a return of the host to a super-shedding state. Williams et al. (2014) reported heifers that were detected as super-shedding were not identifiable as long term shedders and suggested that the use of ‘super-shedding event’ could be a better descriptor of the phenomenon as opposed to the term ‘super-shedder’ in reference to a specific animal. A number of factors other than the intermittent nature of shedding of E. coli O157:H7 by feedlot cattle could contribute to variability of shedding, including the feedlot selected, the sampling season or even year-to-year differences in pathogen prevalence (Munns et al., 2014). Seasonality has been shown to play a role in shedding, with E. coli O157:H7 being more prevalent during summer than winter (Ferens and Hovde, 2011). Upon examining the literature we concluded there are very few studies that have examined the persistence of naturally occurring super-shedders in feedlots over time, an approach that should be the objective of future studies.

1.5.2 Factors contributing to super-shedding

There are several possible factors that may influence the ability of an individual to achieve super-shedding status, but it is logical to propose that they involve complex
interactions among the microbes, host and environment (Figure 1.2). For example, survival of \textit{E. coli} O157:H7 in the environment influences its likelihood of being acquired by a host. Its ability to colonize the RAJ may also influence the degree that it will be transmitted among cattle. Once the strain is acquired, its ability to survive within the digestive tract, out compete other microbiota, grow within digesta, colonize the RAJ and undergo a mass release from the intestinal epithelium may influence its ability to achieve levels that would enable the host to be defined as a super-shedder.

Potential factors that may influence the likelihood of an individual host being a super-shedder include innate and adaptive immune responses, susceptibility to intestinal colonization and behavioural attributes that influence animal-to-animal transmission of \textit{E. coli} O157:H7. In addition, potential environmental factors including seasonality, pen hygiene, and diet may also play a role in the super-shedding phenomenon. Recent research associated with examining factors that may contribute to super-shedding have focused on the microbial strain-specific factors of \textit{E. coli} O157:H7 with very little research focusing on the contribution of the host or the environment to this phenomenon. Specific characteristics of \textit{E. coli} O157:H7 that such as phenotypic traits, including antimicrobial resistance, phage type, substrate metabolism and/or genetic differences including clonal relatedness, lineage type and whole genome similarities may be associated with super-shedding.

1.5.2.1 Microbial factors in super-shedding

\textit{Phenotypic similarities of super-shedding isolates vs. low-shedding isolates}

Although there are very little phenotypic data associated with \textit{E. coli} O157:H7 isolates recovered from super-shedders, previous studies have proposed that \textit{E. coli} O157:H7
Figure 1.2. Possible factors that influence the development of super-shedder cattle (Munns et al., 2015). A) Transmission electron micrograph of AKFV33 phage negatively stained with uranyl acetate. Scale bar represents 100 nm. (Niu et al., 2012). B) Scanning electron micrograph of the terminal rectum colonized with E. coli O157:H7 Dark staining represents the lipopolysaccharide on E. coli O157:H7 cell surface (Chase-Topping et al., 2008).
phage type 21/28 (PT21/28) are associated with super-shedders in Scotland (Chase-Topping et al., 2007; 2008). These authors proposed that the type III secretion system of PT 21/28 strains may be altered in a manner that enables these bacteria to colonize the intestinal epithelium at higher levels. Previous research has shown five different PTs (PT8, PT14a, PT21, PT33, PT34) were identified among the \textit{E. coli} O157:H7 isolates within Canada with the two most common PTs being PT14a and PT8 (Jokinen et al., 2011). Arthur et al. (2013) examined super-shedder isolates ($n=102$) from the United States and identified 19 different phage types with PT4 accounting for 30% of the isolates. PT4 is also the most common phage type associated with \textit{E. coli} O157:H7, infections in humans in the United States, suggesting that super-shedders may frequently harbour strains associated with human illness. Thus, the impact of super-shedding may be disproportionately greater on public health.

The total number of generic \textit{E. coli} and specific \textit{E. coli} serotypes fluctuates within individual animals (Smith, 1962; Hartl and Dykhuizen, 1984). Presumably, \textit{E. coli} O157:H7 must compete with commensal strains of \textit{E. coli} for substrates and colonization sites within the bovine GIT. It has been suggested that the ability of \textit{E. coli} O157:H7 to use alternative carbon sources within the GIT gives it an advantage over generic \textit{E. coli}. Accordingly, Durso et al. (2004) found that \textit{E. coli} O157:H7 had the capacity to utilize 19 carbon sources that were not used by strains of generic commensal \textit{E. coli}. These substrates included dulcitol, sucrose, and l-galactonic acid δ-lactone, but it is unknown if there is differential utilization of carbon sources between super-shedding and low-shedding strains of \textit{E. coli} O157:H7.
Genetic strain-specific characteristics of E. coli O157:H7

Pulsed-field gel electrophoresis (PFGE) is currently considered the “gold standard” for DNA fingerprinting and investigating the epidemiology of E. coli O157:H7 (Goering, 2010). Previously, isolates of E. coli O157:H7 from cattle shedding low, medium, or super-shedder levels displayed identical PFGE patterns suggesting that they were the same subtype (Jeon et al., 2013). Furthermore, in pens of 8 cattle, Cobbold et al. (2007) observed that isolates of E. coli O157:H7 were similar among super-shedders and low shedders. Changes in shedding levels could reflect the natural proliferation of E. coli O157:H7 within the GIT with low to moderate levels of shedding associated with population establishment and expansion, while the super-shedder status is achieved as the population climaxes and biofilms are sloughed. Subsequently, populations of E. coli O157:H7 decline and the animal becomes negative or continues to shed at low levels. If certain strains of E. coli O157:H7 exhibit this pattern of population dynamics, they may be more likely to give rise to super-shedders, but the identification of an isolate with these properties would depend heavily on the time and method of sampling.

Cattle originating from the same feedlot have been shown to exhibit E. coli O157:H7 isolates with indistinguishable PFGE profiles (LeJeune et al., 2004b; Sanderson et al., 2006). However, genotypes of E. coli O157:H7 that are shed at super-shedder levels have been shown to differ within and among feedlots. Stanford et al., (2012) collected isolates from super- and low-shedders from two commercial feedlots and the subtypes that were associated with super-shedding often differed between the two feedlots. However, it was uncommon that PFGE profiles were identical between low- and super-shedder isolates collected from the same pen with 77% of super-shedder isolates being distinct from those
collected from low-shedders. These results are in agreement with Dodd et al. (2010) where high and low-shedding cattle in truck-loads at slaughter shared identical PFGE subtypes in feces less than 25% of the time. In addition, Arthur et al. (2013) reported that super-shedding isolates \((n=102)\) represented 52 unique PFGE patterns with no \(E. coli\) O157:H7 genotypes clustering specifically in relation to the super-shedder phenotype. The diversity of \(E. coli\) O157:H7 isolates obtained from super-shedders suggest that no single strain is responsible for the super-shedder phenomenon within a population of cattle. This raises the possibility that all strains of \(E. coli\) O157:H7 may have the ability to proliferate to super-shedding levels. However, within a feedlot at a given sampling time, there is clear evidence that the same strain of \(E. coli\) O157:H7 may be commonly shared among super-shedders. At this point it is unknown if this reflects transmission of this strain among individual cattle or exposure to common environmental conditions that enable this isolate to proliferate to super-shedding levels in a number of individual cattle.

Octamer-based genome scanning has revealed three distinct \(E. coli\) O157:H7 lineages based on the lineage specific polymorphism assay (Kim et al., 1999; Kim et al., 2001). Typically, two predominant lineages have been described, lineages I and II (Kim et al., 2001; Yang et al., 2004), but intermediate lineages (lineage I/II) have also been reported (Sharma et al., 2009). While all three lineages have been found in cattle, only lineage I and the intermediate lineage are typically associated with human disease (Sharma et al., 2009). In a broad study, 102 isolates collected using rectal swabs from super-shedders in processing plants or feedlots revealed that these isolates were equally distributed among the three lineages (Arthur et al., 2013). This result suggests that \(E. coli\) O157:H7 isolates from all three lineages can achieve the densities associated with super-shedders.
Other molecular markers have been used to differentiate between strains of *E. coli* O157:H7 based on their ability to cause disease in humans. A non-synonymous base change (either an A or T allele) at position 255 in *tir* (Bono *et al.*, 2007) was evaluated as this gene is an important virulence factor associated with the type III secretion system and plays a role in adherence of *E. coli* O157:H7 to intestinal epithelial cells (Kaper *et al.*, 2004). Their study revealed that more than 99% of 108 human isolates harboured the *tir* 255 T>A T allele and lacked repeat region 1-repeat unit 3 (RR1-RU3), whereas of 77 bovine isolates, the *tir* 255 T>A T allele and RR1-RU3 absence were found in 55% and 57% of the isolates, respectively. Interestingly, Arthur *et al.*, (2013) reported that isolates of *E. coli* O157:H7 from super-shedders harbored the T allele more often (71%) than the A allele (29%). Others have reported that *E. coli* O157:H7 isolates with the T substitution in *tir* are more commonly associated with human outbreaks and are more likely to cause disease in humans (Bono *et al.*, 2007). In another study that did not differentiate super-shedders from low shedders, isolates from cattle were shown to have equal distribution of *tir* A allele (54.8%) and *tir* T allele (45.2%), while isolates from humans were dominated by the *tir* T allele genotype (92.9%) (Franz *et al.*, 2012). The reason for the specific association of clinical isolates from humans with the T allele is unknown. Adherence to epithelial cells is a major function of the Tir protein; allele polymorphisms could affect adherence and consequently the likelihood of these isolates causing infection in humans (Bono *et al.*, 2007). As such, it is possible that the T allele polymorphism also plays a role in attachment of *E. coli* O157:H7 within the GIT of cattle, but may not be an absolute prerequisite for cattle to become a super-shedder.
Arthur et al. (2013) also examined difference in lambdoid bacteriophage insertion sites between \textit{E. coli} O157:H7 isolates from super-shedders and low-shedders. Shiga toxins including Stx$_1$, Stx$_{2a}$, and Stx$_{2c}$ are encoded by these bacteriophages (Melton-Celsa \textit{et al.}, 1998) with Stx$_1$-, Stx$_{2a}$-, and Stx$_{2c}$-associated bacteriophages typically inserted within or adjacent to conserved chromosomal loci \textit{yehV}, \textit{wrbA} or \textit{argW}, and \textit{sbcB}, respectively (Shaikh and Tarr, 2003; Kotewicz \textit{et al.}, 2008; Strauch \textit{et al.}, 2008). The Shiga toxin-encoding bacteriophage insertion (SBI) assay consists of six individual PCRs that amplify the Shiga toxin genes and their corresponding genomic insertion sites (Besser \textit{et al.}, 2007). Arthur \textit{et al.}, (2013) found that super-shedding isolates clustered into 12 groups with more than half (55.9\%) of the isolates belonging to SBI genotypes 1-3. Interestingly, Besser \textit{et al.} (2007) observed four different SBI genotypes among human isolates from the United States, with 92.5\% of all isolates being represented by genotypes 1 (30.1\%) and 3 (62.4\%), genotypes which corresponded to the isolates most commonly obtained from super-shedders (Arthur \textit{et al.}, 2013). This suggests that SBI genotypes from super-shedders correspond to those SBI genotypes that are most often associated with human illness. However, 48.8\% of \textit{E. coli} O157:H7 isolates from cattle of undefined shedding status in the northwestern United States and western Canada exhibited SBI patterns that were rarely found among human clinical isolates (Besser \textit{et al.}, 2007).

The determination of SBI for a particular strain is not only dependent on where the \textit{stx} genes are inserted, but also which \textit{stx} genes are present. Arthur \textit{et al.} (2013) examined the presence of these genes in isolates from super-shedders and found that they carried \textit{stx$_{2a}$} or \textit{stx$_{2c}$} separately more frequently than they carried \textit{stx$_{2a}$} and \textit{stx$_{2c}$} together. The Shiga toxin 1 gene was carried by half (51\%) of the super-shedder strains while all
isolates from low shedders were found to possess the collective set of stx_{2a}, stx_{2c}, and stx_{1} genes.

Finally, Arthur et al. (2013) examined the antiterminator Q gene alleles (Q_{933} and Q_{21}) in isolates from super- and low shedders. These alleles have been found to be distributed differently between human and bovine E. coli O157:H7 isolates (LeJeune et al., 2004a) and may serve as a genetic marker for isolates associated with super-shedding. The Q_{21}/Q_{933} assay targets two different allelic variations of the antiterminator gene Q upstream of the prophage stx_{2} region (LeJune et al., 2004a). Allele Q_{933} is responsible for a strong anti-terminator activity resulting in relatively high expression levels of stx_{2}, while allele Q_{21} represents a weak anti-terminator activity resulting in lower stx_{2} expression (Wagner et al., 2001). The Q gene may indirectly affect the colonization of bovine GIT through differences in Shiga toxin expression. Previous research has shown increased levels of Stx2 enhances adherence of E. coli O157:H7 to intestinal tissues of cattle (Baines et al., 2008). Escherichia coli O157:H7 strains harboring the Q_{933} variant of the anti-terminator gene produced significantly higher levels of Stx2 toxin than strains with the Q_{21} variant or strains harboring both Q_{933} and Q_{21} (LeJune et al., 2004a; Ahmad and Zurek, 2006). Interestingly, 58.8% of super-shedding isolates examined by Arthur et al. (2013) harboured the Q_{933}/Q_{21} combination (18.6%) or Q_{21} alone (40.2%) suggesting that Q_{933} may play a role in enabling E. coli O157:H7 to be shed at super-shedder levels through increased Stx2 expression.

In 2001, Hayashi et al. reported the complete chromosome sequence of an O157:H7 strain isolated from the Sakai outbreak and compared it to a benign laboratory strain, K-12 MG1655. Results illustrated that O157:H7 strain carries 1.4 Mb of sequence that is
absent from the K-12 strain. Specifically, the *E. coli* O157:H7 chromosome encoded 1632 proteins and 20 tRNAs that were not present in the K-12 genome. Among these, at least 131 proteins were assumed to have virulence-related functions (Hayashi *et al.*, 2001). Similarly, Perna *et al.*, (2001) sequenced the *E. coli* O157:H7 strain EDL933 and compared it to K-12, identifying 1,387 genes that were specific to the EDL933 strain. With this in mind, isolates recovered from super-shedders may possess genetic traits that differ from those isolated from low-shedders. This same approach could be applied to compare protein annotations or expression levels of isolates from super-shedders and low-shedders and should be considered in future studies examining strain-to-strain differences. However, the lack of bovine intestinal cell lines could make it challenging to elucidate the role that gene expression may have in the establishment of isolates in cattle that lead to the super-shedder phenomenon.

1.5.2.2 Host factors contributing to super-shedding

**Possible role of microbial imbalance in super-shedding**

The incidence and shedding of *E. coli* O157:H7 is also affected by the nature and composition of the microbiome (i.e., bacteria, fungi and protozoa) within the host’s GIT. The GIT microbial community is critical to host health and well-being and even minor changes in these populations are thought to cause dramatic shifts that affect livestock productivity (Callaway *et al.*, 2009). The microbiota associated with the bovine GIT not only produces necessary nutrients (i.e., vitamins and short chain volatile fatty acids; Flint, 2004; Flint *et al.*, 2007) but also has been implicated in the development of a healthy immune system and exclusion of enteric pathogens (Guarner and Malagelada, 2003). Recent studies examining cattle feces have revealed a high degree of variation among
bacterial community composition among individuals (Durso et al., 2010; Shanks et al., 2011). Xu et al. (2014) sequenced the bacterial 16S rRNA genes to characterize fecal bacterial communities in 11 super-shedders and 11 non-shedders that were fed the same high barley grain diet within a Canadian feedlot. Their dataset supported variations in microbiome composition between super-shedders and non-shedders. Interestingly, it was found that super-shedders exhibited higher bacterial richness and diversity and bacterial populations clearly clustered separately between super-shedders and non-shedders. In a related study by Dugat-Bony et al. (2013), a total of ~350,000 pyrotags were produced using pyrosequencing of 16S rRNA from digesta samples from the duodenum, jejunum (proximal, mid and distal), cecum, colon (descending and spiral) and RAJ, as well as epithelium scraped from the RAJ from 6 cattle (3 super-shedder and 3 E. coli O157:H7 negative). The bacterial communities for digesta samples taken from the small intestine (duodenum to jejunum) were not significantly different between super-shedders and cattle negative for E. coli O157:H7. In contrast, there were significant differences between the two study groups in their large intestine (i.e., cecum to the terminal RAJ) whereby as per the first study, super-shedders had more diverse communities than non-shedders (Dugat-Bony et al., 2013). Both studies raise the possibility that the microbiomes in super-shedders are unique from non-shedders, whereby conditions are such that some strains of E. coli O157:H7 can proliferate to the super-shredder state. It is not known at this time if super-shedding is a cause or an effect of such microbial differences, but changes in microbial communities in super-shedders could potentially alter substrate utilization or end product production in a manner that makes this environment more favorable for the proliferation of E. coli O157:H7.
It is important to note that these results could also be related to differences in native lytic phage populations between low and super-shedders. In a recent study, Hallewell et al. (2014) examined the total prevalence of lytic phages among super-shedding ($\geq 10^4$ CFU/g feces) and low shedding ($< 10^4$ CFU/g feces) steers. Interestingly, the total number of fecal samples positive for phage was higher in low shedders (20.9%) as compared to super-shedders (8.3%; $P=0.004$) suggesting that super-shedding may be influenced by the presence of lytic phage. Interestingly, T4-like phages were more frequently isolated from low shedders whereas O1 and T1-like phages were more frequently isolated from super-shedders (Hallewell et al., 2014). Differences in the activity of lytic phage against *E. coli* O157:H7 could also contribute to sporadic shedding in super-shedders.

Mechanisms of competitive inhibition among *E. coli* strains (Riley and Wertz, 2002; Sawant et al., 2011) could also result in differential proliferation of *E. coli* O157:H7 within the GIT of cattle. Some *E. coli* strains are able to inhibit the growth of other *E. coli* strains and shifts in *E. coli* populations could affect the proliferation of *E. coli* O157:H7 within the digestive tract of cattle (Reissbrodt et al., 2009). In recent years there has been increased interest in the use of probiotics including: direct-fed microbials, competitive-exclusion cultures, and prebiotics as a pre-harvest mechanism to reduce *E. coli* O157:H7 populations in cattle, a topic which has been reviewed extensively (Callaway, 2010; Callaway et al., 2013). These modes of action, including epithelial site attachment, unfavorable intestinal fermentation profiles, production of metabolites, and/or bacterial antagonism, interrupt the cycle of transmission and colonization of *E. coli* O157:H7 in cattle and have been used as complementary interventions to improving
food safety at the live animal level. A closer examination of bacterial relationships among *E. coli* may identify members of the intestinal microbiome that play a role in super-shedding dynamics. For example, colicins are antimicrobial proteins that are produced by bacteria and are toxic to some strains of *E. coli*, including *E. coli* O157:H7 (Callaway *et al.*, 2004; Schamberger *et al.*, 2004). They are produced by strains of *E. coli* carrying a colicinogenic plasmid that bears the genetic determinants for colicin synthesis, immunity, and release (Cascales *et al.*, 2007). At this point in time there has been no research examining whether or not microbial populations within super-shedders exhibit differences in the presence or absence of this plasmid, a possibility that could be investigated in future research.

**The innate and adaptive immune response of the host**

Characterizing the host immune response in individuals that transmit zoonotic bacteria is essential as differences in immune status may contribute to the heterogeneity of shedding of *E. coli* O157:H7 within cattle. Furthermore, such studies could lead to the identification of biomarkers that could be potentially associated with individual cattle that are prone to becoming super-shedders.

Shiga toxins produced by *E. coli* O157:H7 do not cause physical symptoms in cattle as cattle lack receptors for these toxins (Pruimboom-Brees *et al.*, 2000). However, colonization of *E. coli* O157:H7 in the GIT elicits an innate immune response. The profound alteration of intestinal cells associated with attachment and effacing lesions has been reported to be accompanied by an increase in neutrophils and eosinophils in several areas of the GIT (Dean-Nystrom *et al.*, 1997; Woodward *et al.*, 1999; Stoffregen *et al.*, 2004). Currently there is little evidence to suggest that *E. coli* O157:H7 are able to impact
the host immune response and influence changes in the microbial community. A study conducted by Nart et al. (2008) investigated the pathological changes and associated immune responses in calves orally inoculated with $10^9$ CFU of E. coli O157:H7 per animal. Samples of rectal mucosa were collected from three calves that shed E. coli O157:H7 at levels $\geq 10^4$ CFU/g of feces for at least 2 weeks. In these samples, IgA antibodies that bound to antigens on the surface of E. coli O157:H7 cells were detected. Furthermore, intestinal cells elicited a quantifiable neutrophilic response suggesting that those individuals that shed high numbers of E. coli O157:H7 experienced a pathological change within intestinal cells at the RAJ. These findings are important as they suggest that cattle with the potential to shed higher levels of E. coli O157:H7 may generate an increased number of antibodies against E. coli O157:H7. Such a response may also contribute to intermittent shedding of E. coli O157:H7, but it is not known if a similar response occurs in cattle that achieve super-shedding status under commercial production conditions.

1.5.2.3 The role of dietary factors and animal husbandry practices on super-shedding

It is well known that diet composition and feed processing impact the fecal shedding of E. coli O157:H7 (Callaway et al., 2009; 2010). The bactericidal properties of ruminal and volatile fatty acids (VFA) impact the survival of intestinal E. coli populations (Wolin, 1969) and changes in diet that influence VFA production can influence shedding. For example, barley is more rapidly fermented in the rumen than corn, and studies have shown that barley-fed cattle shed more E. coli O157:H7 than those fed corn (Berg et al., 2004; Buchko et al., 2000). Likewise, compared to dry-rolling, steam flaking increases the ruminal fermentation of corn and the shedding of E. coli O157:H7 (Fox et al., 2007).
Of the super-shedder studies in Table 1.1, only a few report the diet at the time of sampling. Most studies have identified super-shedders in cattle fed high-grain finishing diets (Stephens et al., 2009, Xu et al., 2014), and to our knowledge no studies have investigated the impact of diet on shedding in previously identified super-shedders. Higher shedding has been associated with cattle housed at high densities within feedlots as compared to low densities within pastures (Gunn et al., 2007). Feed additives including seaweed (Tasco-14) (Braden et al., 2004), orange peels, citrus pellets (Callaway et al., 2011) as well as β-agonists (Edrington et al., 2006) and ionophores (Van Baale et al., 2004) have all been shown to effect the shedding of *E. coli* O157:H7. Further research is needed to determine if such additives or changes in feeding practices affect the prevalence or duration of super-shedding.

1.6 Strategies to control super-shedding cattle in the feedlot

The majority of mitigation practices developed to date have focused on preventing the adulteration of meat and other foods with *E. coli* O157:H7 during slaughter, processing and retail handling (Karmali et al., 2010). Alternatively, targeting super-shedders for mitigation has been proposed as a pre-harvest means of reducing the incidence and spread of *E. coli* O157:H7 to pen-mates and the feedlot environment (Matthews et al., 2006a,b). The primary limitation associated with this notion is the lack of an effective method for identifying super-shedders within a herd. If a simple method for identifying super-shedders could be developed, then pre-harvest mechanisms for the reduction of super-shedders may be applied including probiotics, vaccination, dietary shifts, and inclusion of other potential inhibitors such as essential oils, tannins and other phenolics. Several of these approaches to mitigating *E. coli* O157:H7 in cattle have been reviewed
in detail elsewhere (Stevens et al., 2002; Loneragan and Brashears, 2005; LeJeune and Wetzel, 2007; Sargeant et al., 2007; Callaway et al. 2013).

Bacteriophages have been assessed for their ability to control E. coli O157:H7 associated with human infection and contaminated processed foods and other agricultural products (Brüssow, 2005; Greer, 2005) due to their high specificity, ubiquity and ability to self-replicate in bacterial host cells (Sulakvelidze et al., 2001). Phages have been used to reduce shedding of E. coli O157:H7 in artificially inoculated models that shed at super-shedding levels, though these were not natural super-shedders (Callaway et al., 2008). Previous work has shown phages exhibited activity against the majority of bovine and human STEC O157:H7 isolates (Niu et al., 2009); however, each specific phage may exhibit differences in host range and lytic capability (i.e., multiplicity of infection), a trait that could impede the effectiveness of phage therapy. These differences in host range and lytic capability, along with phage distribution may also account for the observed intermittent nature of super-shedding and shedding in general (Callaway et al., 2003; Raya et al., 2006). To account for these differences, Niu et al. (2009) reported that a four-phage cocktail is the logical approach to efficacious on-farm therapy.

Vaccines also have been developed as a means to reduce the amount of E. coli O157:H7 in cattle; however, because this organism is a natural resident within the intestinal tract of cattle vaccination can be difficult. Currently, vaccines have had variable results depending on the number of vaccinations required to elicit full immunity (Callaway, 2010). In an attempt to reduce this variability, vaccine production has specifically targeted aspects that influence the adhesion of E. coli O157:H7 to the intestinal epithelium or its metabolic activity. Many vaccines currently target proteins
involved in iron transport within the bacterium, or are crude bacterial extracts and require two or more immunizations to elicit a potent immune response (Callaway, 2010). There is no evidence to support that these vaccines would be more effective against super-shedders, especially if the super-shedder phenotype was triggered by the host. Furthermore, such vaccines may not be effective in super-shedders owing to the intermittent nature of this phenomenon or if super-shedding is associated with compromised intestinal immunity. However, Matthews et al. (2013) modelled the effect of vaccinating super-shedders and showed the risk of transmission of *E. coli* O157:H7 to humans could be reduced by 50% to 85% if the vaccine was effective. Although vaccines may reduce numbers of high-shedders of *E. coli* O157:H7 (Cull et al., 2012; Stanford et al., 2014), vaccination does not prevent cattle from becoming super-shedders (Stanford et al., 2014). Development of next generation vaccines that target bacterial proteins that play an integral role in the development of the super-shedding state is warranted to advance this promising tool.

1.7 Conclusions and Hypothesis

Super-shedders are thought to play a key role in the dissemination and risk of adulteration of beef, and resultant human illnesses, but there is still no simple means to identify these individuals within a population of cattle. Evidence that super-shedders share a commonality with isolates associated with human illness, makes it more imperative that the etiology of this phenomenon be characterized. Recent studies have suggested that the super-shedding state is short lived and lacks continuity. Perhaps the sporadic nature of super-shedding is a result of intermittent sloughing of *E. coli* O157:H7 biofilms from the intestinal epithelium and their subsequent release into feces. This theory merits further
research so as to better understand the factors that trigger the mass release of *E. coli* O157:H7 into feces. Although there is regional evidence of strain specific characteristics of *E. coli* O157:H7 associated with super-shedding, these traits appear to be inconsistent within super-shedder isolates collected from various geographical locations. More research on the nature of microbial communities in the host is required to clarify the roles of bacterial richness and how the predator-prey relationship among bacteriophage and *E. coli* O157:H7 influence super-shedding. As well, a better understanding is required of the innate immune response specifically within super-shedders. Once these factors are better understood, improved methods for identifying and mitigating super-shedders within cattle populations may be developed.

Hypothesis 1: If the super-shedding phenomenon in cattle is short-lived and lacks continuity, then *E. coli* O157:H7 will be transiently detected when super-shedder cattle are repeatedly sampled over time.

Hypothesis 2: Genomic traits within some strains of *E. coli* O157:H7, including lineage, clade and phage type, as well as virulence gene profiles, enable them to achieve cell densities within the feces of cattle that meet the definition of the super-shedder state.
CHAPTER 2: Are Super-Shedder Feedlot Cattle Really Super?²

2.1 Introduction

*Escherichia coli* O157:H7 is a major Shiga toxin–producing foodborne pathogen that causes hemorrhagic colitis and hemolytic uremic syndrome among humans worldwide (Karmali, 2004). Healthy cattle transiently host *E. coli* O157:H7 in their gastrointestinal tract and can directly or indirectly transmit this pathogen to humans (Rangel et al., 2005).

The load and frequency of *E. coli* O157:H7 shedding varies greatly among individual cattle (LeJeune et al., 2004b; Stanford et al., 2005a). Studies related to the prevalence of *E. coli* O157:H7 in cattle typically report shedding of the organism to be sporadic and of short duration (Besser et al., 1997) ranging from 10 to $10^7$ CFU/g feces (Chase-Topping et al., 2008). The term “super-shedder” has been applied to cattle that are transiently high ($\geq10^4$ CFU/g feces) shedders of *E. coli* O157:H7 (Matthews et al., 2006a, b). Super-shedding cattle could potentially have a substantial impact on the on-farm prevalence and transmission of *E. coli* O157:H7 and the risk of adulteration of food products. Matthews et al. (2006a) and Omisakin et al. (2003) estimated that super-shedders accounted for 80 and 96% respectively, of the total *E. coli* O157:H7 shed into the environment by penned cattle.

Targeting super-shedders for mitigation strategies has been proposed as a means of reducing the incidence and spread of *E. coli* O157:H7 to pen-mates and the environment (Matthews et al., 2006a, b). However, the duration and frequency of release of *E. coli* O157:H7 into the environment by super-shedders is unknown. Shedding profiles of *E.

coli O157:H7 by cattle have been largely discussed in relation to point estimates within the farm or feedlot environment and often involve clustered sampling with high levels of variation (Robinson et al., 2009). More specifically, previous research related to super-shedding has evaluated its incidence at a single time point using a cross-sectional survey from multiple farms (Chase-Topping et al., 2008). More recently, Stephens et al. (2009) examined the incidence of super-shedders in two commercial feedlots at two different periods (May-Aug and Sept-Jan) of the year. However, there is currently no research evaluating the extent to which the super-shedding state is maintained in individual animals through the collection of multiple samples over days or weeks.

The main objective of this study was to determine the frequency and duration of super-shedding by cattle through enumerating E. coli O157:H7 in feces of cattle identified as super-shedders. These cattle were also subjected to a variety of standard farm management practices including movement through a chute, mixing within pens and a change in diet to determine if these practices altered shedding status. In addition, E. coli O157:H7 isolated from super-shedding and low-shedding cattle were genetically characterized using pulsed-field gel electrophoresis (PFGE) and lineage typed to evaluate genetic relationships in an attempt to assess the similarity of E. coli O157:H7 from super-shedders and low-shedders.

2.2 Materials and Methods

2.2.1 Identification of super-shedder cattle. All cattle used in this experiment were handled in accordance with the Canadian Council of Animal Care (1993) and the protocol was reviewed and approved by the Lethbridge Research Centre Animal Care Committee. Crossbred yearling feedlot steers (n=400), from a single commercial feedlot
in southern Alberta were sampled in July of 2011 to identify super-shedder cattle. Cattle from 4 pens (with an average of 103 steers per pen) were restrained in a chute, and a fecal grab sample collected from the rectum. All fecal samples were collected in sterile tubes, placed on ice and transported to the laboratory for analysis within 4 h. Fresh gloves were used for fecal collection from each steer. Eleven super-shedders (shedding $\geq 10^4$ CFU/g feces) were identified, purchased and transported (35 km) by truck to the Lethbridge Research Centre (LRC) as soon as enumeration was complete (4 days). Super-shedders were then housed individually in pens (14×15 m) at the LRC experimental feedlot.

2.2.2 Experimental design. The 34-d study involved an initial 6 d sampling period where steers were sampled twice daily by collecting freshly voided fecal pats 2 h before and 6 h after feeding from the pen floor. Five of the 11 steers were shipped for slaughter for detailed analysis of intestinal populations and collection of tissues throughout the digestive tract at days 4, 9 and 11 and the analyses associated with these samples are being undertaken by others in the laboratory. Steers were selected for slaughter based on those with the highest amount of $E. coli$ O157:H7. After the first 6 d, three different management practices were implemented and included collection of fecal samples by restraining the remaining 6 steers in a chute once daily, penning the cattle together in a single pen (14×15 m) and finally, a sudden change in diet whereby the forage content of the diet was increased by 20% in a single step.

2.2.3 Salivary cortisol analysis. To determine if increased handling, mixing or a rapid diet change elicited a stress response in cattle, saliva samples were collected for analysis of cortisol as described by Cook et al. (1996). Saliva samples were collected using a cotton swab at the same time cattle were restrained in the chute for fecal sampling. After
the swab was saturated with saliva it was placed in a conical-shaped plastic centrifuge tube (15 mL), transported to the laboratory and frozen at -20°C. For analysis, samples were thawed at room temperature for 2 h and saliva was extracted from the cotton swabs by centrifugation at 1930 × g for 20 min. Saliva samples (25 µL) were assayed in duplicate using the a high sensitivity salivary cortisol enzyme immunoassay kit (Salimetrics, LLC, State College, PA) according to the manufacturer’s directions. The kit had a lower limit of sensitivity of 0.0007–1.8 µg/dL. Cortisol levels were analyzed using the MIXED procedure (SAS Institute, Inc. 2011) with treatment (management practice), day and their interaction as fixed effects in the model and steer as a random effect. Both treatment and day were treated as repeated measures.

2.2.4 Enumeration, enrichment, identification and isolation of E. coli O157:H7. E. coli O157:H7 was enumerated from thoroughly mixed fecal subsamples (>50 g) by serially diluting 1-g of feces into 9 mL of phosphate buffered saline (PBS) and plating 100 µL (in duplicate) dilutions ranging from 10⁻¹ to 10⁻⁴ onto sorbitol MacConkey agar with 2.5 mg/L potassium tellurite and 0.05 mg/L cefixime (CT-SMAC; Dalynn Biologicals, Calgary, AB) and incubated at 37°C for 18 to 24 h. Colonies were enumerated using a colony counter (Reichert, Depew, NY) and steers identified with ≥10⁴ CFU of E. coli O157:H7/ g of feces were identified as super-shedders. Three representative nonsorbitol fermenting (NSF) colonies from each sampling point were confirmed to be E. coli O157:H7 using the E. coli O157:H7 latex test kit (Oxoid Ltd., Basingstoke, Hampshire, UK). Positive agglutination isolates were confirmed by multiplex PCR, whereby template DNA was prepared from a single colony suspended in sterile water and heat lysed. From this, 1 µL of the supernatant was used in PCR with
conditions described by Gannon et al. (1997) for the presence of genes specific to the O157:H7 serotype (vt, eaeA, fliC).

When *E. coli* was not detectable by plating, duplicate 1 g subsamples of feces were enriched in 9 mL of modified TSB (mTSB) containing novobiocin (20 mg/L; Sigma-Aldrich Canada Co., Oakville, ON, Canada), bile salts (1.5 g/L; BD – Canada, Mississauga, ON, Canada), dipotassium phosphate (1.5 g/L; Sigma-Aldrich Canada Co.) and TSB (30 g/L; BD – Canada) and incubated for 6 h at 37°C. Enriched samples were then subject to immunomagnetic separation (IMS) using anti-*E. coli* O157:H7 Dynabeads (Invitrogen, Carlsbad, CA) as per manufacturer’s instructions. A 50 μL aliquot of bead-bacteria complex was plated onto CT-SMAC (Dalynn Biologicals) and incubated at 37°C for 18 to 24 h. Three NSF clear colonies were randomly selected for latex confirmation and PCR as described above.

Three positive *E. coli* O157:H7 isolates were arbitrarily selected from CT-SMAC medium from each steer per sampling time point either by direct plating or IMS and stored in glycerol at -80°C until further analyzed.

2.2.5 Template DNA preparation and lineage typing. A total of 126 isolates (2 from each positive time point) were recovered over the 34 d trial and lineage typed using lineage-specific polymorphism (LSPA-6) assay. Lineage I (Sakai and EDL933) and lineage II (Frik 2000 and ECL1717) strains were used as positive controls. To obtain DNA template from isolates, 0.5 mL of overnight grown culture was heat lysed, and 1 μL of the supernatant was used in PCR. The LSPA-6 assay was performed according to Yang et al. (2004), but resolved on a 3% (wt/vol) Agarose A gel (Rose Scientific, Edmonton, AB) and analyzed using AlphaEaseFC software (version 4.1.0, Alpha
Innotech Corp., San Leandro, CA). As previously described for the LSPA-6 assay, each of the alleles in the order \textit{folD-sfmA, Z5935, yhcG, rtcB, rbsB, and arp-iclR} was assigned a number (Yang \textit{et al.}, 2004). Strains showing the LSPA-6 genotype 111111 (lineage I at each of the six loci) were classified as “lineage I,” while those with LSPA-6 genotype 2222222 were “lineage II.” All deviations from the principle genotypes 111111 and 222222 were designated as intermediate LSPA-6 genotypes.

\textbf{2.2.6 Pulsed-field gel electrophoresis genotyping.} \textit{E. coli} O157:H7 isolates (n=126) were PFGE subtyped using a standard protocol (Centers for Disease Control and Prevention, 2000). Genomic DNA was digested in agarose plugs with \textit{XbaI} (Invitrogen, Burlington, ON), and resulting DNA fragments were resolved by electrophoresis using a CHEF DRII PFGE apparatus (BioRad, Mississauga, ON). The \textit{XbaI}-digested \textit{Salmonella enterica} serovar Branderup H9812 was used as marker. Comparison of digested profiles to identify PFGE subtypes and restriction endonuclease digestion pattern clusters (REPCs) was performed using BioNumerics software version 6.0 (Applied Maths, Saint-Martens-Latem, Belgium). Fingerprints were clustered using the Dice coefficient evaluated by the unweighted pair group method (Tenover \textit{et al.}, 1995). A 1% position tolerance and a 0.5% optimization were used to place banding patterns in groups of REPCs, each with 90% or greater similarity. Isolates that were >90% related were considered highly related as described previously (Stanford \textit{et al.}, 2005b).

\textbf{2.3. Results}

\textbf{2.3.1 Frequency and duration of super-shedding.} From sampling 400 cattle at the commercial feedlot, a total of 46 (11.5%) were identified as shedding \textit{E. coli} O157:H7 of
which 11 (23.9%) of these cattle were super-shedders. *E. coli* O157:H7 counts for the super-shedders ranged from $1.5 \times 10^4$ to $6.5 \times 10^7$ CFU/g feces.

Once transported to the LRC feedlot, only 5 of the steers were identified as super-shedders over the first 5 days of the study and only one animal was a super-shedder after day 2 (**Table 2.1**). After day 5, *E. coli* O157:H7 counts greater than $\geq 10^4$ were not observed in any of the samples collected throughout the remainder of the trial. Even within the same steer, super-shedding was not consistent between fecal samples collected in the morning vs. afternoon. For example, on day 4, steer 274 shed 3.5 log$_{10}$ CFU/g feces in the morning, but shed 8.0 log$_{10}$ CFU/g feces in the afternoon (**Table 2.1**). Furthermore, steer 651 shed 4.1 log$_{10}$ CFU/g in the morning on d 4, but was negative for *E. coli* O157:H7 during the afternoon. Steer 236 was identified as a super-shedder at the commercial feedlot, but was negative in all samples collected at LRC.

There was no evidence that the management practices introduced (increased handling, group penning or diet change) affected shedding of *E. coli* O157:H7 by steers. Actually, as the trial progressed less *E. coli* O157:H7 was shed by cattle and after day 14, *E. coli* O157:H7 was only detected after enrichment and IMS (**Table 2.1**). Cortisol analysis revealed no change in salivary cortisol levels as a result of management practices (**Figure 2.1**).
### Table 2.1. *E. coli* O157:H7 detection (log10 CFU/g feces) from cattle throughout 34-day trial. Values ≥ 4.0 log10 CFU/g feces were considered super-shedders.

| Steer | 0 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 |
|       | AM| PM| AM| PM| AM| PM| AM| PM| AM| PM| AM| PM| AM| PM| AM| PM| AM| PM| AM| PM| AM| PM| Cattle handled | Cattle penned together | Cattle diet change |
| 219   | 5.1 | + | - | 3.2 | - | - | - | - | - | - | - | - | 2.7 | - | - | - | + | + | + | + | - | - | - | - | - | - | - | - | - | - |
| 222   | 4.2 | - | - | - | 3.0 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 236   | 6.0 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 261   | 5.1 | - | 3.2 | - | 3.0 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | + | + | + | + | + | + | + | + | + | + |
| 274   | 6.7 | 3.5 | 8.0 | 3.5 | 3.0 | - | + | 3.2 | 3.0 | 3.5 | + | slaughtered | slaughtered |
| 287   | 5.4 | 2.7 | 2.7 | 3.2 | 2.7 | + | - | + | - | + | + | slaughtere |
| 294   | 5.8 | - | - | 2.7 | 4.5 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 299   | 7.8 | - | 4.4 | - | - | - | + | + | - | - | - | 3.4 | 3.0 | slaughtered |
| 310   | 7.5 | 5.8 | Slaughtered |
| 342   | 5.2 | - | - | 3.3 | - | - | - | - | - | - | - | - | + | - | + | 3.5 | 3.7 | - | + | + | - | - | - | - | - | - | - | - | - | - | - |
| 651   | 6.1 | 4.1 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 3.3 | - | - | + | + | + | + | - | - | - | - | - | - | - |

**AM:** 2 h before feeding; **PM:** 6 hrs after feeding; +: Positive for *E. coli* O157:H7 via immunomagnetic separation; -: no *E. coli* O157:H7 detected; **slaughtered:** animal was killed as part of a larger trial; **bold text** identifies super-shedding levels.
2.3.2 Genetic characterization

After lineage typing, 99.6% (125/126) of the isolates were lineage I (111111) with only one isolate from steer 219 on day 4 (Figure 2.2) being classified as lineage type 211111. There were three distinct PFGE REPC identified (A, B, C) with 97.6% (122/126) of the isolates being members of one dominant subtype (REPC A; Figure 2.2). The dominant REPC pattern remained constant during the transition from super- to low-shedding status. Different PFGE subtypes were only briefly observed at d 4 and 22. Steer 219 shed REPC C on d 4 however, this steer shed PFGE subtype REPC A (Figure 2.2) before and after d 4. Similarly, steers 342 and 651 shed REPC B on d 22 but shed REPC A up to d 21 and again reverted to REPC A after d 22 (Figure 2.2). All duplicate isolates were indistinguishable in terms of lineage type and PFGE profile and as a result only one isolate per time point is depicted in Figure 2.2.

2.4 Discussion

The negative impact on public health, implications for the public’s perception of beef and its ability to restrict exports all make E. coli O157:H7 a critical problem for the beef industry. Contamination of meat from a major southern Alberta meat processing facility recently resulted in 17 confirmed human cases of E. coli O157:H7 infection and the largest meat recall (>2400 meat items) in Canadian history (Bottemiller, 2012). Although the cause of the contamination was not confirmed, it has been hypothesized that super-shedders may have contributed to “high event days” that overwhelmed the critical point control measures employed in processing plants. Presumably, if the population of pathogens is kept below the cumulative capacity of in-plant interventions, adulteration
Figure 2.1. Individual and mean (±SEM) salivary cortisol levels from steers \((n=6)\). Day 15-20 cattle were run through a chute system and sampled daily, day 21-26 cattle were penned together and run through a chute system and sampled daily, day 29-34 the diet was altered so that it contained 20% more forage, cattle were penned together and run through a chute system daily.
Figure 2.2. Lineage type and dendrogram of pulsed field gel electrophoresis (PFGE) profiles from *E. coli* O157:H7 isolates recovered within feces from steers over time. Like symbols represent strains that are >90% related.
of meat can be avoided (Arthur et al., 2010), but if this threshold is exceeded contamination can occur (Ahmadi et al., 2007).

To date, researchers have sampled cattle bi-weekly (Cernicchiaro et al., 2010; Jacob et al., 2010), weekly (Cristancho et al., 2008) and twice weekly (Cobbold et al., 2007) to assess the persistence of E. coli O157:H7. More intensive sampling has been carried out by Robinson et al. (2009) whereby levels of E. coli O157:H7 in feces of naturally infected weaned calves (n=14) were sampled every three hours over five days. In that study, it was found that variation within-animal was greater than between animals over time. Although, the intensive sampling of Robinson et al. (2009) did not take into consideration whether cattle were super-shedders before or during the time of sampling, results from their study suggests that all cattle may have the potential to be super-shedders at certain points in time and that limited samples from the same animal may be misleading when determining shedding patterns. Consequently, the pattern or duration of shedding in super-shedders has not previously been characterized with repeated sampling from the same animal over several consecutive days. It is important to note that levels of E. coli O157:H7 within feces has been shown to be a stochastic process by which variability has been observed within a single fecal pat from the same animal (Echeverry et al., 2005). With this in mind, our ability to define a steer as a super-shedder is a function of our sampling methodology. In this study, enumeration of E. coli O157:H7 occurred from >50-g fecal sample which was thoroughly mixed before a 1-g subsample was used in subsequent dilutions. Others have identified super-shedding cattle from far less fecal matter whereby Arthur et al. (2013) enumerated E. coli O157:H7 using fecal swabs with <1g fecal mass. The type of methodology may not reflect the most
appropriate representation of *E. coli* O157:H7 as Cobbold *et al.* (2007) has previously determined that the amount of fecal mass collected per swab to be an average of 0.24 g. Fecal pats and fecal grab sampling was adopted in our study in order to depict the magnitude of *E. coli* O157:H7 observed within fecal samples as this level is important to comment on the potential dissemination of this pathogen into the environment.

In our study super-shedding was a short-lived isolated event and was not consistent even within the same animal over the course of a day. Furthermore, the prevalence of super-shedders during their selection from pens of commercial feedlot cattle was 2.8% as compared to a previous study conducted by our group where it ranged from 0.45% to 7.1% (Stephens *et al.*, 2009). However, others have found that as many as 22.6% of the cattle examined were super-shedders, with 38/168 steers shedding *E. coli* O157:H7 at levels of $10^4$ CFU/g or higher (Cernicchiaro *et al.*, 2010). A number of factors other than the intermittent nature of shedding of *E. coli* O157:H7 by feedlot cattle could contribute to this variability including the feedlot selected, the sampling season or even year-to-year differences in pathogen prevalence. Seasonality has been shown to play a role with *E. coli* O157:H7 being more prevalent during summer than winter (Ferens and Hovde, 2011), an observation that may account for the high numbers of *E. coli* O157:H7 in our samples collected in July and August. Additional studies should be conducted during the summer and winter months to determine if these super-shedding trends remain seasonally consistent from year-to-year.

It is imperative to identify how long an animal sheds at the super-shedder level in order to extrapolate how much these animals are contributing to environmental contamination. By relating bacterial counts to transmission, and fitting dynamic
epidemiological models to prevalence data from a cross-sectional survey of cattle farms in Scotland, it was proposed that 80% of the transmission of this pathogen arose from 20% of cattle that are shedding at high levels (Matthews et al., 2006a). It is important to note that the conclusions derived from this analysis from a Scottish cattle population may not be relevant to other geographic locations. Chen et al. (2013) recently demonstrated that the prevalence of super-shedders is similar to that observed in cross-sectional field data and that both within-host and between-host variability can generate super-shedders. In southern Alberta, Stephens et al. (2009) found that super-shedders accounted for as little as 9.9% of the E. coli O157:H7 shed in pens of commercial feedlot cattle and that only 1 of 153 steers identified as a super-shedder retained this phenotype in a second sampling at shipment to slaughter (Stanford et al., 2012). The results of the present study further suggest that super-shedding is likely a transient phenomenon in the majority of cattle that achieve this shedding status. However, it is important to note that these observations were observed in only 11 cattle and further research is warranted to determine if super-shedding is sporadic amongst other cattle.

Previous research has examined if stressors such as transport (Cole et al., 1988; Bach et al., 2004), mixing and handling of cattle (Brown-Brandl et al., 2009), and dietary changes (Hovde et al., 1999; Fox et al., 2007; Callaway et al., 2009) increase the number of E. coli O157:H7 shed. In the present study, handling, mixing and an increase in dietary forage concentration did not increase the prevalence or levels of E. coli O157:H7 shed by steers. Additionally, one time transportation did not increase shedding of E. coli O157:H7 as only 2/11 steers were identified as super-shedders immediately upon arrival at the research feedlot. Previous research has demonstrated that transport of cattle increased the
shedding of *E. coli* O157:H7 (Bach *et al*., 2004); however, other studies have shown that transportation of cattle does not affect levels of *E. coli* O157:H7 (Minihan *et al*., 2003; Schuehle Pfeiffer *et al*., 2009; Stanford *et al*., 2011a). Minihan *et al.* (2003) suggested that increased defecation during transport and lairage may reduce the levels of *E. coli* O157:H7 in feces, but research to support this contention has not been undertaken.

In commercial feedlots, as many as 200 head of cattle are housed within a single pen. In this study, penning the steers together was intended to increase competition for feed resources and promote establishment of a dominance hierarchy, factors that could have induced a physiological response that promoted shedding. Increased transmission of super-shedding strains of *E. coli* O157:H7 among pen mates was also another possibility. Vidovic and Korber (2006) reported a significantly greater prevalence in *E. coli* O157:H7 in feedlot cattle that were housed at high density (13.6-17.3 m²/head cattle) as compared to those housed at low density (33.2 and 27.8 m²/head cattle). Previous research reported social grooming of hides as an important source of transmission of the organism among penned cattle (McGee *et al*., 2004; Stanford *et al*., 2011b). However, in the present study penning the cattle together did not increase the shedding of *E. coli* O15:H7 even though all individuals had been previously identified as super-shedders. It was originally hypothesized that upon penning the cattle together we would observe increased levels of *E. coli* O157:H7 most likely due to transmission from super-shedder to low-shedder cattle. However, steers were shedding at IMS detectable levels (<10² CFU/g feces) at the time of penning, therefore potential transfer of this pathogen from super-shedder to low-shedder steers among pen mates as observed by others (Stanford *et al*., 2011b), was likely reduced. It is also important to note that transmission between cattle may have been
occurring, but would be indistinguishable if steers were shedding the same PFGE type.
Another hypothesis may be that the steers in this study have built up “immunity” to this
PFGE type during super-shedding and after clearance the establishment of this super-
shedding strain type was no longer achievable.

Cortisol analysis revealed no change in salivary cortisol levels as a result of
management practices, suggesting that more severe management practices (e.g., weaning,
dehorning, and castration) may have been required to induce a significant stress response.
Similar to our findings, Kenny and Tarrant (1987) investigated the effects of re-penning,
motion, social mixing, and the combination of mixing and motion on behavioral and
physiological responses of yearling bulls. The act of moving animals from one pen to
another had little effect on cortisol (Table 2.1).

There have been conflicting reports in the literature related to whether or not high
concentrate diets or forage-rich diets affect E. coli O157:H7 shedding patterns in cattle
(Diez-Gonzalez et al., 1998; Hancock et al., 2000). When cattle were fed a forage diet of
70% prairie hay and 30% alfalfa hay, E. coli O157:H7 was shed for 60 d compared to 16
d for cattle fed an 80% concentrate based diet (Van Baale et al., 2004). Alternatively,
other studies have demonstrated that calves consistently shed higher concentrations of E.
coli O157:H7 when fed high concentrate diets (Tkalcic et al., 2000). In the present study,
there was no effect of diet on the level of E. coli O157:H7 shed which may be a reflection
of the low shedding levels at the time of diet change. Furthermore, it may be a function of
a clearing mechanism within the gastrointestinal tract or a “shedding curve” that, by time
the diet change was introduced shedding of E. coli O157:H7 was complete. Moreover, a
20% forage increase may have been insufficient or imposed for too short of duration (6 d) to elicit a change in the shedding of *E. coli* O157:H7.

### 2.4.1 Genetic characterization.

Octamer-based genome scanning revealed three distinct *E. coli* O157:H7 lineages based on the lineage specific polymorphism assay (Kim *et al.*, 1999; Kim *et al.*, 2001). Typically, two predominant lineages have been described, lineages I and II (Kim *et al.*, 2001; Yang *et al.*, 2004), but intermediate lineages have also been reported (Sharma *et al.*, 2009). While all three lineages have been found in cattle, only lineages I and the intermediate lineage are typically associated with human disease (Sharma *et al.*, 2009). In this study, all isolates were lineage I (99.2%) or lineage I/II (0.8%), suggesting that cattle were shedding *E. coli* O157:H7 that could be associated with human illness. In a broader study, 102 isolates were collected by a single rectal swab of super-shedding cattle in commercial processing plants or commercial feedlots and revealed representatives (36% I/II; 29% I, 35% II) of all three lineages (Arthur *et al.*, 2012). The fact that super-shedders in the present study shed a lineage associated with human disease would make them particularly desirable targets for mitigation strategies that limit the shedding of *E. coli* O157:H7.

Subtyping using PFGE revealed that the majority of the isolates collected in our study were clones. This may reflect the fact that all of our cattle were originally identified as super-shedders from a single feedlot on the same day, albeit from four separate pens. In this study, we examined only three isolates from each steer at each sampling point, but we did not isolate different lineages or PFGE patterns from the same animal at the same time. Others have proposed that super-shedding is a function of a singular strain type
(Arthur et al., 2012) and that “clonal dominance” plays a role in the etiology of E. coli O157:H7 within cattle herds (Atwill et al., 2012).

Sequence differences in E. coli strains occur as a result of the insertion and deletion of horizontally acquired genomic 'O' islands, as well as the acquisition of plasmids (Schmidt and Hensel, 2004). Pulsed-field gel electrophoresis was used to characterize and identify differences in the genotype of super-shedder strains of E. coli O157:H7 as it has been employed to evaluate genetic relationships and the transmission of E. coli O157:H7 through the beef supply chain (Avery et al., 2004; Dodd et al., 2010). Results from this study demonstrated that there was a high degree of relatedness among E. coli O157:H7 isolated on a single day from super-shedder cattle in separate pens within a feedlot. Previous research examining more than one farm with fecal samples collected over a period of months has shown greater diversity among recovered PFGE strain types from super-shedders. Specifically, Stanford et al. (2012) recovered a total of 85 restriction endonuclease digestion clusters (90% or greater similarity) and 86 unique isolates (<90% similarity) among super-shedders (n=153) and low-shedders (n=496) sampled at two commercial feedlots at two different times of the year. For 77% of super-shedders, PFGE profiles were distinct from low-shedder isolates collected in the same pen. Furthermore, in this study only 9.5% of super-shedders had fecal isolates in the same genetic cluster at both samplings points, suggesting that a single subtype was not responsible for the super-shedding phenomenon across time. This temporal dynamic suggests that super-shedding may not be an isolated occurrence, but a dynamic event with more than one E. coli O157:H7 subtype being shed at high levels by individual cattle.
during the feeding period. However, at a single point in time within the same feedlot a single dominant subtype may be responsible for the super-shedding phenotype.

2.5 Conclusions

In conclusion, this study suggests that super-shedding may not play as great a role in transmission and contamination within the feedlot environment as has been previously proposed (Omisakin et al. 2003; Matthews et al., 2006a), as the super-shedding state is short lived and lacks continuity. Furthermore, there was a high degree of relatedness among E. coli O157:H7 isolated from super-shedder cattle within a single feedlot and this genotype was isolated as cattle transitioned from super- to low-shedders. This may imply that no E. coli O157:H7 subtype-specific components are necessary for the development of super-shedding. Alternatively, our results may suggest that there may have been a unique factor that contributed to “subtype dominance” and the super-shedding phenomenon. Super-shedding is simply a measurement of bacterial density within the host and as a result factors within the host may enable the increased level of shedding at any given time. Additional elements such as host genome and the intestinal microbiome should be investigated to gain a better understanding of the factors that contribute to super-shedding in order to develop comprehensive intervention strategies.
CHAPTER 3: What causes super-shedding: Comparative genomic analysis of *Escherichia coli* O157:H7 isolated from super-shredder and low-shedder cattle

3.1 Introduction

*Escherichia coli* O157:H7 is a major Shiga toxin–producing foodborne pathogen that poses a serious public health concern and economic problem worldwide. Healthy cattle are a primary reservoir of *E. coli* O157:H7, hosting the pathogen within their gastrointestinal tract (GIT) and shedding the organism into the environment via their feces. The load and frequency of *E. coli* O157:H7 shedding varies greatly among individual cattle (LeJeune *et al.*, 2004b; Stanford *et al.*, 2005a). Previous reports have reported shedding of the organism to be sporadic and of short duration (See Chapter 2; Besser *et al.*, 1997) ranging from 10 to $10^7$ CFU/g feces (Chase-Topping *et al.*, 2008). Cattle that shed the organism at levels $\geq 10^4$ CFU/g feces have been termed “super-shedders” and are reported to have a substantial impact on the on-farm prevalence and transmission of *E. coli* O157:H7 and the risk of adulteration of food products. Matthews *et al.* (2006a) and Omisakin *et al.* (2003) estimated that super-shedders accounted for 80 to 96%, respectively of the total *E. coli* O157:H7 shed into the environment by cattle. More recently, Arthur *et al.* (2009) showed that 95% of the feedlot pens that contained at least one super-shedder had cattle with hide prevalence of $>80\%$ *E. coli* O157:H7, whereas only 29% of pens without a super-shedder exceeded this level of hide prevalence.

Targeting super-shedders for mitigation strategies has been proposed as a means of reducing the incidence and spread of *E. coli* O157:H7 to pen-mates and the environment (Matthews *et al.*, 2006b). However, the specific factors responsible for
super-shedding are unknown, but are presumably mediated by the characteristics of both the bacterium and the animal host (see Chapter 1). Specifically, Arthur et al. (2013) suggested that four components play a role in the super-shedding phenotype: the host genotype, the host phenotype, the intestinal microbiome, and the strain-specific characteristics of the *E. coli* O157:H7. Strain-specific phenotypic and genotypic differences have been noted in *E. coli* O157:H7 recovered from super-shedders as compared to *E. coli* O157:H7 from low shedders cattle. These differences include phage type (see Chapter 2; Chase-topping et al., 2007), degree of clonal relatedness (Stanford et al., 2012), *tir* polymorphisms (Arthur et al., 2013), presence of *stx*2a and *stx*2c and antiterminator Q gene alleles (Arthur et al., 2013). These reports have examined differences in specific genomic aspects of *E. coli* O157:H7 strains, but have not undertaken a comparative analysis of whole genomes.

The objective of this study was to determine if there are genetic differences between *E. coli* O157:H7 isolates obtained from super-shedder and low-shedder cattle using a comparative whole genomic approach. Phenotypic differences in carbon utilization and pH sensitivity were also examined in an attempt to identify factors that provide insight into potential mitigation strategies.

### 3.2 Materials and Methods

#### 3.2.1 *E. coli* O157:H7 isolate collection, enumeration, characterization and selection

*E. coli* O157:H7 isolates (*n*=10) were selected from two larger studies. The first being the study of Stephens et al. (2009) whereby fecal samples were obtained from cattle (*n*=1987) within 11 pens in two commercial feedlots, with an average of 181 steers per pen. The feedlots were both located in southern Alberta and were separated by a distance
of 62 km. The second study was conducted as described in Chapter 2, whereby crossbred yearling feedlot steers (n=400), were sampled from a single commercial feedlot in southern Alberta. In both studies a fecal grab sample (50 g) was collected from the rectum. All fecal samples were collected in sterile tubes, placed on ice and transported to the laboratory for analysis within 12 h. Fresh gloves were used for fecal collection from each steer within each study.

Enumeration and confirmation of *E. coli* O157:H7 was carried out by standard methods as described by Stephens *et al.* (2009) and within Chapter 2. Super-shedders were defined as cattle that had $\geq 10^4$ CFU *E. coli* O157:H7/g feces, while low-shedders had $<10^4$ CFU/g feces. A total of 658 *E. coli* O157:H7 isolates were collected during the first study and 126 during the second study. Collected isolates were from both super-shedder and low-shedder cattle.

Isolates were subjected to pulsed field gel electrophoresis (PFGE) as described in Chapter 2 as well as lineage typing using the lineage-specific polymorphism (LSPA-6) assay as outlined by Yang *et al.* (2004) and as described in Chapter 2.

Finally, all isolates (n=784) were tested for resistance to antimicrobials using antimicrobial disk susceptibility testing according to the Clinical and Laboratory Standards Institute (CLSI, 2006). Eleven antibiotic discs were applied using a 12-place BBL Sensi-Disc™ disc dispenser (VWR, Intl., Edmonton, AB). The antimicrobials examined were of human and veterinary importance and included enrofloxacin (5 μg), streptomycin (10 μg), amoxicillin/clavulanate (20/10 μg), ceftiofur (30 μg), ampicillin (10 μg), sulphmethoxazole/trimethoprim (23.75/1.25 μg), ceftazadime (30 μg), oxytetracycline (30 μg), neomycin (30 μg), florfenicol (30 μg) and sulfasoxazole (0.25 μg). *E. coli* ATCC
strain 25922 and *Enterococcus faecalis* ATCC 29212 were used as controls in accordance with CLSI guidelines (CLSI, 2006). Zone diameters were measured after 18 h incubation at 37°C using a BIOMIC® V3 digital imaging system and software (Giles Scientific Inc., Santa Barbara, CA).

Upon completion of this genetic and phenotypic characterization a subset of 10 isolates was selected based on degree of relatedness (52.7%-100% based on PFGE), antimicrobial resistance profiles (ranging from susceptible to resistant ≤ 4 antimicrobials), lineage type [lineage I (n=4), lineage II (n=4) and lineage I/II (n=2)] and whether or not they were recovered from super-shedder or low-shedder steers at the time of sampling (Figure 3.1). Isolates were further characterized using the Biolog system (Biolog, California), phage typed and subject to whole genome sequence analysis.

### 3.2.2 Biolog analyses and phage typing

The phenotypic profile of isolates (n=6) recovered from super-shedders were compared to those of low-shedders (n=4) to determine differences in carbon utilization and pH sensitivity using Omnilog phenotypic microarrays (PM); PM1, PM2 for carbohydrate utilization and PM10 for pH responses (Biolog, Hayward, CA). The Biolog microarrays were carried out according to the manufactures instructions. Briefly, isolates were grown on blood agar overnight at 37°C. Colonies were picked with a sterile cotton swab and re-suspended in 10 mL IF-0a medium (Biolog), and cell density was adjusted to an OD$_{600}$ of 0.035 using a spectrophotometer (Biolog Turbidimeter). An aliquot of 600 μL of this suspension was added to 120 mL of IF-10a medium (Biolog), and 96-well microtiter plates were inoculated with 100 μl/well of this final suspension. The plates were incubated for 48 h in the Omnilog incubator reader, and data were analyzed using the
**Figure 3.1.** Characteristics of isolates selected for whole genome sequencing based on PFGE relatedness, shedding status, lineage type and antibiogram. NSS: low-shedding; number indicates log CFU g/feces; AMP: ampicillin, 10µg/mL; CTZD: ceftazidime, 30µg/mL; susceptible: no resistance; TMSZ: sulphmethoxazole/trimethoprim (23.75/1.25 μg/mL; STEP: streptomycin, 10µg/mL; SUL: sulfasoxazole, 0.25µg/mL; SULF: sulfisoxazole, 10µg/mL; TET: tetracycline, 30µg/mL
Kinetic Plot and Parametric modules of the Omnilog Phenotype Microarray software suite. Additional statistical analysis was carried out using the "omp" package (Vaas et al., 2013) for R (R Development Core Team, 2014) to identify differences between super-shedder and low-shedder isolates based on the area under the curve (AUC) analysis using ANOVA with significance declared at \( P < 0.05 \).

Isolates (\( n = 10 \)) were phage-typed (PT) at the *E. coli* Reference Laboratory of the Laboratory for Foodborne Zoonoses, Guelph, Ontario, using previously described procedures (Ahmed *et al.*, 1987; Khakhria *et al.*, 1990) and 16 phages (numbered 1–16) that differentiated 88 PT.

### 3.2.3 DNA sequencing, single nucleotide polymorphism (SNP) and clade typing analysis

Genomic DNA was extracted from each *E. coli* O157:H7 isolate (50-ng samples) and prepared for sequencing using the Blood & Cell Culture DNA Maxi Kit (Qiagen, Valencia, CA). Samples were then run on a sequencer (MiSeq, Illumina, San Diego, CA) for paired-end 100-bp sequencing. The FASTX-Toolkit was used to filter low quality reads. Paired-ends Illumina sequencing reads were then assembled into contigs using the Velvet 1.1.06 *de novo* assembler with a kmer length of 49 for all 10 strains. Clean Illumina reads were mapped to the genome of reference strain (EC4115) using Burrows-Wheeler Aligner software packages (Li and Durbin, 2010). Sequence Alignment/Map (SAM) tools (http://samtools.sourceforge.net) were used to split, sort and merge the aligned result, and picard-tools were used to sort the binary sequence alignment data. The Genome Analysis Toolkit (GATK; McKenna *et al.*, 2010) was employed for base quality score recalibration, insertion and deletion (indel) realignment, duplicate removal, and
SNP and INDEL discovery. In-house perl scripts were developed to select SNPs from the GATK output. Single nucleotide polymorphisms loci were annotated by using EC4115 as a reference strain. For comparative purposes, we concatenated all SNPs to create a genotype for each isolate and Circos (2009) was used to visualize SNP distribution within compared genomes.

Clade typing was carried out on the basis of SNPs or combinations of SNPs specific for individual clades according to Manning et al. (2008). Additional comparative genomics core and accessory genomic regions analyses were carried out using Panseq (http://lfz.corefacility.ca/panseq/; Laing et al., 2010).

3.3 Results and Discussion

3.3.1 Sequencing and Comparative Genomics

Paired-end 100 bp sequencing yielded 29-30× coverage, and generated 231 to 368 contigs per isolate, representing coverage of 94.1 to 96.6% of the total predicted bases within genomes. An average of 1600 SNPs were identified when the sequenced strains were compared to strain EC4115 which originated from a multistate US outbreak in 2006 (Eppinger et al., 2011) (EC4115; Figure 3.2).

The phylogenetic tree based on SNPs differences did not support genetic segregation between isolates from super-shedders vs. low-shedders (Figure 3.3). The generated tree also contained 26 Genbank reference strains representing isolates obtained from human clinical cases and cattle. Interestingly, strain 342_Jul28, a low-shedder isolate, clustered more closely with isolates of bovine as compared to human origin. The other nine isolates were more closely associated with clinical outbreak strains. This suggests that isolates from super-shedders may be genetically more similar to isolates
Figure 3.2. Single nucleotide polymorphisms observed within selected isolates (n=10) as compared to references stain *E. coli* O157:H7 EC45115 (outer ring). Isolates starting from inner circle are: 287-Jul8 (NSS), 342 Jul28 (NSS), 219 Jul8 (NSS), K9-45F (8.45 log CFU/g), H7-224F (8.26 log CFU/g), 274 (8.00 log CFU/g), K9-16F (5.13 log CFU/g), 299-Jul8 (NSS), K9-107F (4.33 log CFU/g) and K3-66F (4.86 log CFU/g). Intensity of bands depicts frequency of SNPs.
Figure 3.3. Single nucleotide polymorphism based phylogenetic tree of *E. coli* O157:H7. The phylogenetic tree is based on ~1600 intra- and intergenic SNPs identified in *E. coli* O157:H7 isolates from this study (n=10) including: 287-Jul8 (NSS), 342_Jul28 (NSS), 219_Jul8 (NSS), K9-45F (8.45 log CFU/g), H7-224F (8.26 log CFU/g), 274 (8.00 log CFU/g), K9-16F (5.13 log CFU/g), 299-Jul8 (NSS), K9-107F (4.33 log CFU/g) and K3-66F (4.86 log CFU/g) and 26 reference *E. coli* O157:H7 GenBank strains.
associated with human illness. Arthur et al. (2013) recently reported that isolates from super-shedders tended to share more traits in common with isolates collected from humans than isolates collected from cattle with respect to lineage and sequence variation in the tir allele. Cote (2013) revealed a clustering of one super-shedder isolate SS17 with the lineage I/II E. coli O157:H7 isolates (TW14359 and EC4115) associated with an outbreak caused by adulteration of spinach, after whole genome comparative analysis.

Panseq analysis did not identify differences in the absence or presence of 480 pathogenicity-related alleles between super-shedder and low-shedder isolates (data not shown). Some of these alleles have previously been used to differentiate the pathogenicity of strains of E. coli O157:H7 associated with human illness. Bono et al., (2007) evaluated a non-synonymous base change (either an A or T allele) at position 255 and nucleotide repeat polymorphisms at other locations (presence or absence) in the tir gene in an attempt to use these differences to delineate isolates from humans vs cattle. This gene is an important virulence factor associated with the type III secretory system and plays a role in adherence of E. coli O157:H7 to intestinal epithelial cells (Kaper et al., 2004). Their study revealed that more than 99% of 108 human isolates harboured the tir 255 T>A T allele and lacked repeat region 1-repeat unit 3 (RR1-RU3), whereas of 77 bovine isolates, only 55% and 57% of the isolates, respectively, harboured these traits. Interestingly, Arthur et al., (2013) reported that isolates of E. coli O157:H7 from super-shedders harbored the T allele more often (71%) than the A allele (29%). Upon examining the genomic sequences from our study, 9/10 sequenced isolates (90%) harboured the T allele and lacked the RR1-RU3 region in their tir gene. One isolate (342_Jul28) exhibiting tir 255 T>A allele along with RR1-RU3 originated from a low-
shedder. This was the same isolate that clustered more closely with isolates of bovine origin within the phylogenetic tree. In another study that did not differentiate super-shedders from low shedders, isolates from cattle were shown to have equal distribution of \(tir\) A allele (54.8%) and \(tir\) T allele (45.2%), while the \(tir\) T allele was present in 92.9% isolates from humans (Franz et al., 2012). The reason for the specific association of clinical isolates from humans with the T allele is unknown. The major function of Tir protein involves adherence to epithelial cells; allele polymorphisms could affect adherence and consequently the likelihood of these isolates causing infection in humans (Bono et al., 2007). Other important virulence genes associated with the locus of enterocyte effacement including intimin (\(eae\)), \(espA\), \(espB\), \(espD\) did not show SNP differences between super-shedder and low-shedder isolates. Cote (2013) reported a number of non-synonymous single nucleotide polymorphisms (nsSNPs) in virulence and adherence genes including the adhesions \(wzzB\), \(fimA\), and \(csgG\), along with a truncation of \(cah\) in a single super-shedder isolate. We did not observe nsSNPs among these genes within our isolates.

Shiga toxins are encoded by bacteriophages (Melton-Celsa et al., 1998) with Stx1-, Stx2a-, and Stx2c-associated bacteriophages typically inserted within or adjacent to conserved chromosomal loci \(yehV\), \(wrbA\) or \(argW\), and \(sbcB\), respectively (Kotewicz et al., 2008; Shaikh and Tarr, 2003; Strauch et al., 2008). Three principal groups of isolates sharing Stx bacteriophage insertion (SBI) site genotypes have been identified: 1) isolates with a Stx2-encoding bacteriophage inserted at a location other than \(wrbA\) and with \(yehV\) occupied by a centrally truncated bacteriophage (cluster 1), 2) isolates with a Stx2-encoding bacteriophage inserted into \(wrbA\) and with \(yehV\) occupied by a truncated
bacteriophage as in cluster 1 (cluster 2), and 3) isolates with a complete Stx1-encoding bacteriophage inserted into \textit{yehV} and with a Stx2-encoding bacteriophage inserted into \textit{wrbA} (cluster 3). Sequence data from our super-shedder and low-shedder isolates revealed that all but one of the isolates harboured the SBI cluster 3 (Table 3.1). One low-shedder isolate, 342\_Jul28, belonged to genotype 6, the same isolate that tended to cluster with isolates associated with bovine. Besser \textit{et al.} (2007) observed four different SBI genotypes among human isolates (\(n = 282\)) from the United States, with 92.5\% of all isolates being represented by genotype 1 (30.1\%) and 3 (62.4\%). Interestingly, Arthur \textit{et al.} (2013) examined differences in SBI sites between \textit{E. coli} O157:H7 isolates (\(n = 102\)) from super-shedders and found more than half (55.9\%) belonged to SBI genotypes/clusters 1-3, suggesting that SBI genotypes from super-shedders may be linked to those genotypes that are most often associated with human illness.

The determination of SBI for a particular strain is not only dependent on where the \textit{stx} are inserted, but also which \textit{stx} subtypes (Scheutz \textit{et al.}, 2012) are present. Previous research has reported that strains with \textit{stx2} are more often associated with hemolytic-uremic syndrome (HUS) than strains harboring \textit{stx1} (Boerlin \textit{et al.}, 1999; Friedrich \textit{et al.}, 2002). These two genes have been further divided into several subtypes: \textit{stx1a}, \textit{stx1c}, and \textit{stx1d} for \textit{stx1}, and subtypes \textit{stx2a-g} for \textit{stx2} (Scheutz \textit{et al.}, 2012). Furthermore, the subtypes \textit{stx2a} and/or \textit{stx2c} are more often found to be associated with HUS (Orth \textit{et al.}, 2007) than other \textit{stx} types. Our data revealed that all isolates except one low-shedder isolate (342\_Jul28) carried both \textit{stx1a} and \textit{stx2a} toxin genes whereas 342\_Jul28 carried \textit{stx1a} and \textit{stx2c} (Table 3.1). Arthur \textit{et al.} (2013) examined the presence of these genes in isolates from super-shedders and found that they carried \textit{stx2a} or \textit{stx2c}
separately more frequently than they carried these toxin genes together. Gene \(stx_1\) was carried by half (51%) of the super-shedder strains while all isolates from low-shedders were found to possess the collective set of \(stx_{2a}, stx_{2c},\) and \(stx_1\). Cote (2013) reported that a fully sequenced super-shedder isolate had a Shiga toxin gene profile of \(stx_{1}-stx_{2}^{+}-stx_{2c}^{-}\) and contained two plasmids, pO157 and pSS17. Interestingly, isolates within our study carried \(stx\) subtypes \((stx_{2a} and stx_{2c})\) that are more often associated with increased Shiga toxin production and HUS regardless of shedding status.

The antiterminator Q gene alleles have been found to be distributed differently between human and bovine \(E. coli\) O157:H7 isolates (LeJeune et al., 2004a) and may serve as a genetic marker for super-shedder isolates. The \(Q_{21}/Q_{933}\) PCR assay targets two different alleles of the antiterminator gene Q upstream of the prophage \(stx_2\) region (LeJune et al., 2004a). Allele \(Q_{933}\) is responsible for a strong anti-terminator activity resulting in relatively high expression levels of \(stx_2\), while allele \(Q_{21}\) generates weak anti-terminator activity resulting in lower \(stx_2\) expression (Wagner et al., 2001). The Q gene may indirectly affect the colonization of bovine GIT through differences in Shiga toxin expression. \(E. coli\) O157:H7 strains harboring the \(Q_{933}\) variant of the anti-terminator gene produced significantly higher levels of Stx2 toxin than strains with the \(Q_{21}\) variant or strains harboring both \(Q_{933}\) and \(Q_{21}\) (LeJeune et al., 2004a; Ahmad and Zurek, 2006). Previous research from our laboratory has shown increased levels of Stx2 enhances adherence of \(E. coli\) O157:H7 to the intestinal epithelium in cattle (Baines et al., 2008).

In our study, all but one isolate harboured the \(Q_{933}\) allele with one low-shedder isolate (342_Jul28) containing the \(Q_{21}\) allele (Table 3.1). Interestingly, 59.8% of super-shedding isolates examined by Arthur et al., (2013) harboured the \(Q_{933}\) either alone (41.2%), in
Table 3.1. Genetic characteristics among isolates examined within this study and reference strains.

<table>
<thead>
<tr>
<th>Isolate ID</th>
<th>Characteristic</th>
<th>( t^{ir} 255 ) T&gt;A polymorphism and RR1-RU3</th>
<th>SBI Cluster/Genotype</th>
<th>Stx presence</th>
<th>Anti-terminator Q gene alleles</th>
</tr>
</thead>
<tbody>
<tr>
<td>287-Jul8</td>
<td>low-shedder</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>342_Jul28</td>
<td>low-shedder</td>
<td>A – RR1-RU3 present</td>
<td>6</td>
<td>( stx_{1a}, stx_{2c} )</td>
<td>( Q_{21} )</td>
</tr>
<tr>
<td>219_Jul8</td>
<td>low-shedder</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>299-Jul8</td>
<td>low-shedder</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>K9-45F</td>
<td>super-shedder</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>H7-224F</td>
<td>super-shedder</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>274</td>
<td>super-shedder</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>K9-16F</td>
<td>super-shedder</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>K9-107F</td>
<td>super-shedder</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>K3-66F</td>
<td>super-shedder</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>Sakai</td>
<td>clinical strain</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>EDL933</td>
<td>clinical strain</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 3</td>
<td>( stx_{1a}, stx_{2a} )</td>
<td>( Q_{933} )</td>
</tr>
<tr>
<td>EC4115</td>
<td>clinical strain</td>
<td>T – lacking RR1-RU3</td>
<td>Cluster 1</td>
<td>( stx_{2a} + 2c )</td>
<td>( Q_{21}, Q_{933} )</td>
</tr>
<tr>
<td>FRIK2000</td>
<td>bovine strain</td>
<td>A – RR1-RU3 present</td>
<td>15</td>
<td>( stx_{1a}, stx_{2c} )</td>
<td>( Q_{21} )</td>
</tr>
</tbody>
</table>
combination with Q21 (18.6%) suggesting that Q933 may be play a role in enabling E. coli O157:H7 to be shed at super-shedder levels through increased Stx2 expression.

3.3.2 Carbon utilization profile and phage type (PT) of E. coli O157:H7 from super-shedders and low-shedders

There is very little research examining carbon utilization within E. coli O157:H7 isolates from different sources. E. coli O157:H7 possess multiple metabolic pathways to oxidize a range of carbon sources making it difficult to equate differences in metabolism to a single metabolic pathway. If observed differences in carbohydrate metabolism could be linked to increased fitness, it may provide insight into the factors that promote the survival and proliferation of super-shedder strains within the GIT. Franz et al. (2011) described a significantly higher oxidization rate of propionic acid, α-ketobutyric acid, and α-hydroxybutyric acid among E. coli O157:H7 strains that survived for a longer (mean 211 days) as compared to a shorter duration (mean 70 days) in manure-amended soil. No significant differences in the oxidation of these substrates were observed between super-shedders and low shedder isolates. However, galactitol, 3-O-β-D-galactopyranosyl-D-arabinose and thymidine, displayed increased oxidation in super-shedder as compared to low-shedder isolates (Table 3.2).

Galactitol/tagatose transport involves the gatYZABC operon consisting of gatY, gatZ, gatA, gatB, and gatC as well as two genes, gatD and gatR, located immediately downstream of gatYZABC operon. This operon encodes for tagatose bisphosphosphate aldolase, tagatose-6-phosphate kinase, phosphotransferase system (PTS) as well as galactitol-specific transporter subunits IIA, IIB and IIC. Gene gatD encodes for galactitol-1-phosphate dehydrogenase and the gatR is the repressor for the galactitol
Table 3.2. Differences in average *Escherichia coli* O157:H7 oxidative activity on various carbon sources between super-shedder \((n=6)\) and low-shedder \((n=4)\) isolates as measured by Biolog phenotypic microarrays. Bold values represent higher oxidation rates.

<table>
<thead>
<tr>
<th>Carbon Source</th>
<th>Key genes involved in metabolic pathways</th>
<th>Super-shedder isolates (mean±SEM; (n=6))</th>
<th>Low-shedder isolates (mean±SEM; (n=4))</th>
<th>(P)-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Galactitol</td>
<td>gatY, gatZ, gatA, gatB, gatC, gatD, gatR</td>
<td>4416 ± 141</td>
<td>1292 ± 24</td>
<td>0.00068</td>
</tr>
<tr>
<td>Thymidine</td>
<td>deoA, deoB, deoC, deoD, deoR, yegT</td>
<td>5688 ± 134</td>
<td>3415 ± 78</td>
<td>0.032</td>
</tr>
<tr>
<td>3-O-β-D-Galactopyranosyl-D-Arabinose</td>
<td>hns, ebgA, ebgB, ebgC, ebgR</td>
<td>4305 ± 168</td>
<td>2178 ± 79</td>
<td>0.014</td>
</tr>
<tr>
<td>D-Raffinose</td>
<td>rafY2, lacY</td>
<td>2593 ± 98</td>
<td>5649 ± 179</td>
<td>0.0012</td>
</tr>
<tr>
<td>L-Methionine</td>
<td>metN, metI, metQ, metK</td>
<td>229 ± 8</td>
<td>657 ± 11</td>
<td>0.051</td>
</tr>
</tbody>
</table>
utilization operon. Upon examining our sequence results, no sequence differences were observed between super-shedders and three of four low-shedder isolates. The outlier, low-shedder strain (342_Jul28) exhibited an amino acid substitution Ile95Val in the gatC gene. This substitution may not contribute to a difference in galactitol utilization as both isoleucine and valine are non-polar amino acids and as a result this substitution may not affect the secondary or tertiary structure of the protein.

A cytoplasmic protein, dH-NS, plays a role in the expression of many genes either directly or indirectly by modifying the condensation of chromosomal DNA. Previous research has demonstrated that when the hns structural gene and upstream regulatory regions were replaced with a mutant cassette, O-β-d-galactopyranosyl-d-arabinose was no longer metabolized. Genetic differences within hns between super-shedder and low-shedder isolates within the study were not observed. The ebg gene cluster of E. coli O157:H7 consists of ebgA, ebgB, and ebgC, which encodes for the subunits of the ebg β-galactosidase (evolved-β-galactosidase; EbgA), and ebgR which encodes for the operon repressor. The natural substrate of this operon is unknown (Hall, 1999), however its involvement in catabolizing galactopyranosyl-D-arabinose has been reported (Hall and Zuzel, 1980). Three of the four low-shedder isolates and one super-shedder isolate exhibited an amino acid substitution Arg871His in EbgA. The remaining super-shedder isolates and one low-shedder isolate (342_Jul28) harbored arginine at this position, a substitution also observed in two strains associated with infection in humans, EDL933 and Sakai. Arginine and histidine are both positively charged and whether this mutation has an impact on the utilization of O-β-d-galactopyranosyl-d-arabinose requires further investigation.
Thymidine catabolism in *E. coli* involves a number of enzymes including thymidine phosphorylase (*deoA*), 1,5 phosphodeoxyribomutase (*deoB*), deoxyribose-5-phosphate aldolase (*deoC*) and nucleoside phosphorylase (*deoD*). The expression of the operon associated with these genes is regulated by the *deoR* repressor and a nucleoside transporter protein (*yegT*) that may play a role in thymidine uptake in *E. coli*. The sequence of these genes and their promoter regions were identical between super-shedder and low-shedder isolates.

In contrast, N-acetyl-D-galactosamine (Aga), D-raffinose and L-methionine displayed significantly higher rates of oxidation in low-shedder than super-shedder isolates (Table 3.2). The phosphoenolpyruvate:carbohydrate PTS is an enzyme complex responsible for the transport of a large number of different types of carbohydrates in bacteria (Postma *et al.*, 1993). A gene cluster encoding the N-Acetyl-d-galactosamine PTS and other catabolic enzymes are responsible for transport and catabolism of Aga. *E. coli* O157:H7 strains typically display an Aga+ phenotype, however, isolates recovered from a 2006 spinach-associated *E. coli* O157:H7 outbreak displayed an Aga− phenotype (Mukherjee *et al.*, 2008). Sequence alignment of the 11,745-bp *aga/gam* cluster of genes in EDL933 with those in the Sakai strain and isolates from the 2006 spinach outbreak revealed a single nucleotide difference (G:C→A:T) in the *agaF* coding for EIIA<sup>Agα/Gam</sup>, changing a conserved glycine residue to serine (Gly91Ser). Upon analyzing these genes in our sequenced isolates we found no differences in the *aga/gam* cluster between super-shedder and low-shedder isolates.

Raffinose, is a trisaccharide composed of galactose, glucose, and fructose and was oxidized in all the isolates in this study, but to a lesser extent in super-shedder isolates.
Table 3.2). The plasmid born Raf operon in generic E. coli has been well characterized (Aslanidis et al., 1989) and contains genes coding for proteins involved in the uptake and utilization of raffinose including an α-galactosidase (rafA), Raf permease (rafB), and sucrose hydrolase (rafD) as well as the repressor (rafR). Downstream of rafRABD operon, rafY encodes a glycoporin involved in the uptake of maltose, sucrose, and raffinose (Ulmke et al., 1997). The product of rafY impacts the transport of raffinose through LacY. No homologs of the rafRABD gene cluster are present in E. coli O157:H7, however a rafY homolog annotated as rafY2 were present in the genomes of both super-shedder and low-shedder isolates and displayed no sequence differences.

Methionine is one of two sulfur-containing amino acids and plays a role in a variety of methyltransferase reactions as a precursor of S-adenosyl-Methionine (SAM). S-adenosylmethionine is synthesized from methionine and ATP by SAM synthetase (metK). As with raffinose, L-methionine was oxidized to a lesser extent in super-shedder than low-shedder isolates (Table 3.2). The methionine transport system includes metN, metI and metQ encoding for ATPase, permease and substrate binding protein, respectively. No genetic differences could be found for methionine-related genes among super-shedder and low-shedder isolates.

A critical element in the emergence of E. coli O157:H7 was the evolution of acid resistance under positive selective pressure within the GIT of ruminants, an attribute that promotes survival in acidic environments (Lin et al., 1995) and may result in increased infection and proliferation within the GIT of cattle fed high grain diets (Diez-Gonzalez et al., 1998). When super-shedder and low-shedder isolates were subjected to a range of pH
from 3.5 to 10, 67.7% of super-shedder isolates (4/6 isolates) displayed increased growth between pH 3.5 to 7 than other isolates tested in this study (Figure 3.4).

If super-shedders isolates have a greater ability to survive in a more acidic GIT environment, then perhaps these strains are more likely to proliferate and achieve super-shedder levels, especially in cattle fed grain-based diets. *E. coli* O157:H7 achieves acid resistance using three systems, of which the glutamate decarboxylase (gad) system is the most efficient and has been shown to be essential for the organism’s ability to colonize the intestinal epithelium in cattle and to play an important role in the protection against oxidative stress (Bearson *et al.*, 2009). No genetic differences were observed among genes involved in the glutamate decarboxylase acid-resistance system including *gadA*, *gadB*, *gadBC*, *gadX*. Additional genes that play a role in the maintenance of cell wall integrity (*tolQ* and *tolR*), oxidative stress resistance (*soxS*), osmoregulation (*proP* and *proB*), as well as several genes encoding proteins involved in DNA repair and protein turnover (*uvrA*, *uvrB*, *uvrC*, *uvrY*, *ruvB* and *mfd*) and molecular chaperones (*msrB/yeaA*, *grpE*, *ybbN*, *ybiY*, *hslO*, *clpS* and *clpA*) were examined and no SNP differences were identified between super-shedder and low-shedder isolates.

It is important to note that genes that exhibit identical sequences may still be differentially expressed. *E. coli* O157:H7 genomes contain several open reading frames (ORFs) encoding for proteins of unknown function. Further tests looking at those ORFs of unknown function could elucidate their role, if any, in the differential utilization of compounds examined within this study along with their possible role in the development of the super-shedder phenotype. In addition, several unidentified/hypothetical genes associated with regions corresponding to O-islands and S-loops (Perna *et al.*, 2001;
Figure 3.4. Growth of isolates over a pH range from 3.5 – 10. Isolates were grown for 48 h at various pH ranging from 3.5 to 10. The colour key represents relative growth based on oxidative activity using area under the curve (Omnilog units). Isolates are identified in pink (super-shedders) and teal (low-shedders) boxes as in Figure 3.1.
Hayashi et al., 2001) in E. coli O157:H7 genomes may be involved in the uptake and utilization of the substrates found to be differentially oxidized within this study. Therefore, along with genetic sequencing, comparative expression microarray or RNAseq-based gene expression assays from isolates grown in identical conditions may aide in in deciphering differences in overall gene expression profiles between super-shedder and low-shedder isolates. However, it would be challenging to perform these comparative studies in real-time with samples collected from the GIT considering the transient nature of super-shedding and the challenges with detecting the low levels of E. coli O157:H7 in low-shedders. Simulating the environmental conditions within the GIT to differentiate expression levels between super-shedder and low-shedder isolates also presents challenges.

All the isolates recovered from super-shedders were PT14a, whereas those from low-shedders included phage type PT91 (219 Jul_8), PT43 (342_Jul28) and PT14a (n=2). Previous research has identified five different PTs (PT8, PT14a, PT21, PT33, and PT34) among the E. coli O157:H7 isolates collected within Canada with PT14a and PT8 being most common (Jokinen et al., 2011). In contrast, Arthur et al. (2013) examined super-shedder isolates (n=102) from the United States and identified 19 different phage types with PT4 accounting for 30% of isolates. Another study found an association between PT21/28 and super-shedders within a population of cattle in Scotland (Chase-Topping et al., 2007; Halliday et al., 2006). Interestingly, PT4 is also the most common phage type associated with E. coli O157:H7 infections in humans in the United States, and similarly PT21/28 is the most common phage type isolated from clinical cases in Scotland (Pearce et al., 2009) as well as PT14a isolated from clinical cases in Canada (Jokinen et al., 2011).
suggesting that super-shedders may harbour those strains that are most frequently associated with human illness.

### 3.3.3 Clade typing

Manning et al. (2008) genotyped more than 500 clinical strains of *E. coli* O157:H7 based on 96 SNPs that separated strains into genetically distinct clades and identified a ‘hyper-virulent’ clade (clade 8) of *E. coli* O157:H7 among isolates obtained from a 2006 outbreak associated with raw spinach consumption in the United States. Clade 8 strains have been shown to have 2-fold greater adherence to bovine epithelial cells (MAC-T) and increased expression of virulence genes, including those that are LEE-encoded (*espAB*, *tir*, *eae*, *stx2*) and plasmid encoded (*hlyA*, *toxB*, *tagA*) (Abu-Ali et al., 2010). One study reported that a super-shedding isolate genotyped as clade 8 (Katani et al., 2014). Due to the fact that only a single isolate was examined this finding may not be associated with the super-shedder phenotype. Our study is the first to examine six super-shedding isolates all of which were clade 2 ([Table 3.3](#)). This suggests that super-shedding isolates from our study are not associated with a hyper-virulent strain.

### 3.3.4 Biofilm formation

In Chapter 1, I hypothesized that super-shedder isolates have a superior ability to form biofilms on the intestinal epithelium. Biofilm sloughing in the intestine could be responsible for the fecal densities of *E. coli* O157:H7 that are required for the host to be designated as a super-shedder. Intermittent sloughing of the intestinal biofilm could also account for the sporadic nature of super-shedding in cattle. Previous research, using DNA microarrays, discovered that 79 genes, representing 1.84% of the *E. coli* genome, were differentially expressed during biofilm formation as compared to planktonic growth.
Table 3.3. Clade typing results from isolates collected in this study compared to clinical and bovine *E. coli* O157:H7 strains.

<table>
<thead>
<tr>
<th>Gene (ORF)</th>
<th>ECs0517</th>
<th>ECs0654</th>
<th>ECs2357</th>
<th>ECs2521</th>
<th>ECs3881</th>
<th>ECs3942</th>
<th>ECs4130</th>
<th>ECs4380</th>
</tr>
</thead>
<tbody>
<tr>
<td>SNP target (nt position)</td>
<td>247</td>
<td>281</td>
<td>539</td>
<td>1060</td>
<td>438</td>
<td>348</td>
<td>630</td>
<td>776</td>
</tr>
<tr>
<td>Amino acid position</td>
<td>83</td>
<td>94</td>
<td>180</td>
<td>354</td>
<td>146</td>
<td>116</td>
<td>210</td>
<td>259</td>
</tr>
<tr>
<td>Codon polymorphism</td>
<td>a/g GC</td>
<td>A t/c C</td>
<td>T c/a C</td>
<td>g/t CC</td>
<td>A C t/c</td>
<td>G C a/c</td>
<td>G C t/c</td>
<td>G g/a G</td>
</tr>
<tr>
<td>Nonsynonymous or synonymous</td>
<td>NON</td>
<td>NON</td>
<td>NON</td>
<td>NON</td>
<td>SYN</td>
<td>SYN</td>
<td>SYN</td>
<td>NON</td>
</tr>
<tr>
<td>Function</td>
<td>AcrR family transcriptional regulator CDS</td>
<td>citrate lyase subunit alpha</td>
<td>hypothetical protein</td>
<td>p-Aminobenzoate synthetase component 1</td>
<td>Hydrogenase -2 small subunit</td>
<td>glycerol-3-phosphate acyltransferase PlsY</td>
<td>Sodium/pantothenate symporter</td>
<td>heme utilization/transport protein</td>
</tr>
<tr>
<td>EC4115 strain (clinical)</td>
<td>G</td>
<td>T</td>
<td>A</td>
<td>G</td>
<td>C</td>
<td>A</td>
<td>C</td>
<td>G</td>
</tr>
<tr>
<td>EDL933 strain (bovine)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>C</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>Sakai strain (clinical)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>T</td>
<td>T</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>219_Jul 8 (low-shedder)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>T</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>287_Jul 8 (low-shedder)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>T</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>299_Jul 8 (low-shedder)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>T</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>342_Jul 26 (low-shedder)</td>
<td>G</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>C</td>
<td>A</td>
<td>C</td>
<td>A</td>
</tr>
<tr>
<td>274_Jul 8 (super-shedder)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>T</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>H7-224F (super-shedder)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>T</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>K3-66F (super-shedder)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>T</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>K9-16F (super-shedder)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>T</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>K9-45 (super-shedder)</td>
<td>A</td>
<td>T</td>
<td>C</td>
<td>G</td>
<td>T</td>
<td>A</td>
<td>T</td>
<td>G</td>
</tr>
<tr>
<td>Amino acid change</td>
<td>S → G</td>
<td>I → T</td>
<td>S → Y</td>
<td>S → A</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>G → E</td>
</tr>
</tbody>
</table>
(Schembri et al., 2003). Among the genes that showed increased expression in biofilms were three involved in adhesion and auto aggregation, several encoding structural proteins such as OmpC, OmpF and OmpT, and \textit{slp} (encoding an outer-membrane lipoprotein induced after carbon starvation). Some of these genes (\textit{slp} and \textit{ompC}) have been associated with the initial steps of \textit{E. coli} biofilm formation on abiotic surfaces (Prigent-Combaret et al., 1999; Otto et al., 2001). Upon identifying these genes within our sequence, no differences were observed in these genes between super-shedder and low-shedder isolates further emphasizing that gene expression and adherence assays would be important in deciphering differences between super-shedder and low-shedder isolates. To date, most bacterial adherence assays have been standardized using cell lines derived from human cancers such as the HeLa cells, HEp-2 cells and Caco-2 cells (Cookson and Woodward 2003; Halpin et al., 2010). These cell lines may not accurately reflect the mechanistic processes involved in the adherence of bacteria to cattle GIT epithelial cells. Kudva and Dean-Nystom et al. (2011) standardized a protocol for a RAJ squamous epithelial (RSE) cell–bacterial adherence assay. One study reported \textit{in vitro} analysis of adherence profiles of one super-shedder isolates’ ability to bind and adhere to this cell line (Cote, 2013). Results showed that all of the RSE cells exposed to the super-shedder isolate had a significantly higher number of bacteria/cells as compared to RSE cells exposed to a low-shedder strain, EDL933 (Cote, 2013). This suggests that super-shedder isolates may have a superior capacity to adhere to bovine rectal epithelial cells, although I could find no evidence to support this through comparative genomics of super- vs low shedder isolates.
RNA sequencing (RNA-seq) is a relatively new technology enabling a wider dynamic range for transcriptome characterization (Wang et al., 2009), while quantifying transcript expression levels. Furthermore, this information is more useful in interpreting data generated through proteomic analysis (Fu et al., 2009) allowing complete annotation and quantification of all genes and their isoforms across samples (Garber et al., 2011). In order to fully understand the nature of E. coli O157:H7 during super-sheding, transcriptomic studies examining E. coli O157:H7 specific RNA isolated from the feces of super-shedder and low-shedder cattle should be assessed.

3.4 Conclusions
The focus of this study was to conduct comparative genomics on E. coli O157:H7 isolates collected from super-shedders and low-shedders in an effort to identify specific genes associated with super-shedders in the hope that it would provide information that could be deployed in future mitigation strategies. Interestingly, one low-shedder isolate (342_Jul 28) was an anomaly and displayed characteristics that were more closely related to bovine lineages than clinical or outbreak lineages. This ‘bovine-like isolate (342_Jul28), typed as clade 5, SBI genotype 6, displayed differences in carbon utilization, exhibited tir 255 T>A allele with RR1-RU3 repeating unit, carried stx1a and stx2c and the weak anti-terminator Q21 variant of the antiterminator Q gene alleles. Whereas the remaining three low-shedders as well as all super-shedder isolates were more ‘clinical-like’; typing as clade 2, SBI cluster 3, lacking the tir polymorphism and RR1-RRU, possessing stx1a and stx2a and the Q933 variant. It can be reasoned that although the ‘clinical-like’ strains of E. coli O157:H7 may be present in a host at any given time in low numbers, host factors including the microbial community within the
GIT as well as the composition of the diet may play a role in their colonization and likelihood of achieving sufficient density for super-shedding to occur. The time of sampling could also have an impact on the likelihood of finding differences in the genomes of super-shedder isolates. For example, if cattle are sampled before they increase to super-shedding levels then super-shedder and low-shedder isolates could be identical.

It is important to note that there may be several other factors, in addition to the pathogen itself, which could be contributing to the super-shedding phenomenon. Previous studies have provided evidence that the microbiomes of a super-shedder host are unique from low-shedding hosts (Xu et al., 2014; Dugat-Bony et al., 2013). Furthermore, transcriptomic profiles of rectal tissue collected from super-shedding and low-shedding cattle using RNA-seq exhibited 38 differentially expressed genes, of which 15 genes were associated with innate and adaptive immune functions (Wang et al., unpublished data). Future studies examining super-shedder cattle need to take into account additional factors that are playing a role in this phenomenon if effective mitigation strategies are to be identified.
CHAPTER 4: Summary and Conclusion

Findings from this study shed light on some important unknown questions related to super-shedding of *E. coli* O157:H7 in cattle. Firstly, how long do cattle super-shed? It is important to identify how long cattle shed at the super-shedder level in order to estimate the degree to which these individuals contribute to environmental contamination. In the past, studies have sampled cattle bi-weekly, weekly, twice weekly and every three hours to assess the persistence of super-shedding *E. coli* O157:H7 in the feces of cattle. However, the pattern or duration of shedding in super-shedders has not previously been characterized with repeated sampling from the same animal over several consecutive days. This study implemented twice daily sampling of super-shedding cattle over 34 days. Results found super-shedding to be a short-lived, isolated event and was not consistent even within the same animal over the course of a day. Subjection of the animals to management practices including transportation, handling and mixing of steers, and an increase in forage concentration did not increase the prevalence or levels of *E. coli* O157:H7 shed by steers. These results suggest that super-shedding may not play as great a role in transmission and contamination within the feedlot environment as previously proposed.

A limitation associated with this observation is that only 11 super-shedders were monitored over time. I could, of course, always include more animals; however, the cost and time associated with identifying super-shedding steers within a feedlot setting makes it difficult to include more. Ideally it would be best to sample more cattle, daily, at the commercial feedlot. However, this is highly disruptive to the everyday production practices at a commercial feedlot with the daily running of cattle through a chute for
sampling unlikely to be permitted by the feedlot owners. Another suggestion for sampling is to identify super-shedders and segregate them into a separate pen and sample them daily. This also would not be representative of a normal feedlot practices and animal to animal transmission may not be the same as when these individuals are housed within a larger herd of cattle within a pen. It has also been proposed that individual cattle could be tracked in the feedlot and feces collected when they defecate. This would be difficult as commercial feedlot pens can have over 400 cattle in one pen making following individual cattle difficult and entering pens potentially dangerous for workers. Given sampling challenges, this study provides novel information related to the nature of super-shedding as it is the first of its kind to repeatedly sample super-shedders over time.

Enumeration of *E. coli* O157:H7 within feces has been shown to be a stochastic process because of the variability in the distribution of the bacterium within a single fecal sample. *Escherichia coli* O157:H7 may be present in the bovine GIT, but may not necessarily be excreted with every bowel evacuation and as a result is unevenly distributed in feces. A limitation associated with detecting super-shedders is that CFU/g feces is commonly determined via direct plate counts, a process that involves serial dilution of sampled feces. This technique is time consuming, making it difficult to process large numbers of samples rapidly. Other methods of enumeration include the most probable number technique, which also requires a high degree of replication at the appropriate dilution to narrow confidence intervals. Quantitative PCR (or real-time PCR) can also be employed to obtain accurate counts of *E. coli* O157:H7; however, this method requires the extraction of high-quality DNA. This step can be time limiting and expensive, especially if the fecal sample is found to be negative for *E. coli* O157:H7 at
the time of sampling. Furthermore, real-time PCR lacks sensitivity \(\geq 3.5 \times 10^4\) CFU/g within soil, manure, feces and wastewater (Ibekwe et al., 2002).

The second question examined was what causes super-shedding? There are several possible factors that may influence the ability of an individual to become a super-shedder including complex interactions among the microbe, host and environment. This study focused on the role that the pathogen may have on the super-shedding phenomenon. This included attempting to identify factors within strains of \emph{E. coli} O157:H7 that contribute to their survival in the environment which in turn could influence their likelihood of being acquired by the host. In addition, factors that enable the bacterium to survive within the digestive tract, out compete other microbiota, proliferate within digesta, colonize the epithelium at the RAJ and undergo mass release into the rectal contents were explored. Upon describing the sporadic nature of super-shedding, it was hypothesized that biofilm sloughing into the rectum could be responsible for the fecal densities of \emph{E. coli} O157:H7 associated with super-shedders (i.e., \(10^4\) CFU/g feces). Intermittent sloughing of this intestinal biofilm would account for the sporadic nature of shedding and super-shedding in cattle.

Upon examining the whole genome of ten representative isolates recovered from super-shedding \((n=6)\) and low-shedding \((n=4)\) cattle, an average of 1600 single nucleotide polymorphisms (SNPs) were identified when compared to the outbreak reference strain EC4115. A phylogenetic tree based on SNPs did not support the genetic segregation between isolates from super-shedders \emph{vs.} low-shedders, but it was noted that super-shedder isolates were more closely related to clinical than environmental \emph{E. coli} O157:H7 strains. All super-shedder isolates and three of four low-shedder isolates were
typed as phage type 14a, SBI cluster 3 and clade 2. Super-shedder isolates also displayed increased utilization of galactitol, thymidine and 3-O-β-D-Galactopyranosyl-D-Arabinose as compared to low-shedder isolates although no SNPs could specifically be mapped to genes that code for proteins known to play a role in the metabolism of these substrates.

Interestingly one low-shedding isolate (342_Jul 28) was an anomaly and displayed characteristics that were more closely related to bovine lineages than clinical or outbreak lineages. This ‘bovine-like isolate (342_Jul28), typed as clade 5, SBI genotype 6, displayed differences in carbon utilization, exhibited tir 255 T>A allele with RR1-RU3 repeating unit, carried stx1a and stx2c and the weak anti-terminator Q21 variant of the antiterminator Q gene alleles. Whereas the remaining three low-shedders as well as all super-shedder isolates were more ‘clinical-like’ typing as clade 2, SBI cluster 3, lacking the tir polymorphism and RR1-RRU, possessing stx1a and stx2a and Q933 variant. It can be reasoned that although the ‘clinical-like’ strains of E. coli O157:H7 may be present in a host at any given time in low numbers, host factors including the microbial community within the GIT as well as the diet/feed may be playing a role in their colonization to reach super-shedding status.

Results from this study were unable to successfully identify specific marker traits that could be used to differentiate super-shedder from low-shedder isolates. It is important to note that despite genes being genetically identical they may not always expressed at the same level due to genetic variations in regulatory regions elsewhere in the genome. Therefore, along with genetic sequencing, comparative expression microarray or RNAseq-based gene expression assays from isolates grown in identical conditions could be an approach to decipher differences in overall gene expression.
profiles between super-shedder and low-shedder isolates. However, it would be challenging to perform this comparative study using real-time gastro-intestinal tract (GIT) samples considering the transient nature of super-shedding along with the need to simulate growth substrate/environmental conditions within the GIT in a manner that resulted in analogous gene expression. Simulating conditions that are identical to those in the host is a major obstacle to developing approaches to advance the understanding of the etiology of super-shedder \textit{E. coli} O157:H7 within the host. An additional limitation identified within this study pertains to the isolation and characterization of single isolates from a single super-shedding event. It is unknown if the isolate I characterized was in fact a clonal representation of all \textit{E. coli} O157:H7 present in the sample. However, in the past studies from our laboratories have characterized more than three isolates from a single culture plate and identified them as being 100\% clonally related based on PFGE (Sharma \textit{et al.}, 2008).

In conclusion, results from our study do not directly contribute to the ability of us to mitigate or control super-shedders within a herd as no specific biomarkers were identified within \textit{E. coli} O157:H7 associated with super-shedder cattle. However, insight into the intermittent nature of super-shedding suggests that mitigation of these individuals may be ineffective unless \textit{E. coli} O157:H7 reductions strategies are directed towards the herd as a whole. As discussed, super-shedding is a result of a combination of interactions between the pathogen, host and the environment and, as a result, more research on the nature of microbial communities in the host is required to clarify the roles of bacterial richness and how the predator-prey relationship among bacteriophage and \textit{E. coli} O157:H7 influence super-shedding. As well, a better understanding is required of the
innate immune response specifically within the super-shedder host. Once these factors are better understood, improved methods for identifying and mitigating super-shedders within cattle populations may be developed.
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88


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